



Pictured above is Ashley Onken, direct support professional, center, her supervisor, Chandel Stewart-Bultsma, left, and Bernie LeCates, human resources director, right.

Onken is SESDAC, Inc. Employee of the Month

Ashley Onken, Direct Support Professional, was selected as the SESDAC, Inc. April, 2011 Employee of the Month. Ashley has been employed at SESDAC, Inc. since August, 2007. Ashley was nominated for the award by her fellow co-workers, based on her dedication to her job and the people she supports.

Co-workers had the following compliments written in their nominations for Ashley... Ashley is nominated for all the great things that she does daily to support the people that she works with. She is professional and helpful. Ashley is always respectful and caring. Ashley currently resides in Vermillion.

SILVER THREADS

Vermillion Center News

HISTORY OF THE SENIOR CENTER WRITTEN BY NILA FOSTVEDT:

"Put on your Easter Bonnet with all the frills upon it." It's Spring style show 1977 at VSSC. Before a packed house, 15 men and women modeled fashions. From the Squire Shop, Albert Ramsell wore a four-piece suit and a casual shirt and slacks outfit; from Phyllis' Fashion and Fabrics, Elsie Kucera and Evelyn Erickson modeled Spring pant suits and Lance Isaak and Deanne Sachav wore Spring clothes for little boys and girls; modeling a long gown, dressy knit suit and coat and a pantsuit from the Four Seasons were Rena Jackson and Nora Moosemeir; from Hanny's, Ray Cash chose a three-piece suit and casual jumpsuit; J. C. Penny's pantsuits and a Spring coat were modeled by Lorraine Fueston, Mae Hall and Betsy Dale. And from the Klothes Kloset, Anne Root, Margaret O'Connor, Ethel Swanson, Louise Eckman, Clara Danielson, and Margaret Sletwold modeled pantsuits, dressy dresses, and a long gown. Narration was by Judy Gregoire of ESA. Chairmen of the show were Ann Severson from the Senior Center and Shirley Isaak from ESA. Other Alpha Lambda girls assisting were Janelle Tepley, Audrey Gillen, and Florence Prusha.

Decorations were provided by Willson's Florists. Cookies and coffee were served following the show.

You can never do a kindness too soon, for you never know how soon it will be too late.

The Vermillion Center would welcome you for activities, games and meals. You don't even need to drive, just call Vermillion Transit for a ride to and from your home and head to 320 W. Main. You are welcome anytime.

More history from Nila in the next Silver Threads.

ACTIVITIES & EVENTS OF THE CENTER:

Saturday, May 7 - Spring Salad & Sandwich Luncheon. Watch for more information on this event. All proceeds will benefit the Center.

Sunday, May 16 - Pancake Breakfast at the Center 10 a.m. to 1 p.m. (second Sunday of every month, except May); suggested donation of \$4.

Silent Auction & Gift Shop The silent auction event continues with items added and removed as we get appropriate bids. The center gift shop contains items made or donated by members and friends of the center. We have many wonderful items including afghans, baby quilts, pot holders, gifts, glass dishes and more. If you have items you would like to donate, please call or bring the items to the center. The auction & center store items are open to the public.

ACTIVITIES AVAILABLE:

Pinchle & Scrabble on Mondays at 1 p.m.; Pinchle and Dominoes on Tuesdays at 1 p.m.; Pitch & Bridge on Wednesdays at 1 p.m.; Bridge and Dominoes on Thursdays at 1 p.m.; and Knit, Stitch & Portable Crafts on Friday at 10 a.m.

Pancake Sunday is always the second Sunday of each month (except in May) from 10 a.m. to 1 p.m. The cost is \$4 for pancakes, sausages, coffee & juice and is prepared by the senior men of the center.

Visually Impaired meet the second Monday of each month at 1

p.m. at the center. They meet to discuss options for different types of support and equipment for visual impairment.

Foot clinic is held on Tuesdays at the center by Sanford Vermillion Clinic, call 624-2611 for an appointment.

Vermillion Medical Clinic presents a program on health topics and checks blood pressure - check the center for date.

Hy-Vee pharmacy visits once a month to assist with prescription help and diabetes information.

The Dakota Senior Meals prepares and serves food Monday through Friday at the center. The nutrition program is a separate program under the direction of ROCS and receive state and federal funds to help pay for a small portion of the meal cost. A donation for your meal helps support the program that is available to anyone age 60 and above.

All members of the center receive a monthly newsletter with scheduled events and activities plus a menu from Dakota Senior Meals. Members are encouraged to participate in the daily activities and events, educational and health programs, share in the book and puzzle exchange, participate in fundraisers and other activities or events. Members need to be only 40 years of age and pay an annual fee of \$25 per year or \$250 lifetime.

The senior center is a non-profit organization that welcomes volunteers and financial donations. We sponsor monthly fundraisers and send out requests to businesses and organizations in the community as our means of funding. If you or your group would like to help sponsor a fundraising event, please contact the center at 624-8072. Be watching for more events and activities in the next "Silver Threads."

Director of S.D. Parent Connection receives Advocacy Award

Each year, at Partners in Policymaking graduation, the South Dakota Advocacy Services Governing Board presents an Advocacy Award. It is given in recognition for exceptional, positive, visible, and lasting contribution to the disability and greater community. The recipient for 2010 is Elaine Roberts of Sioux Falls. Roberts received her award in Sioux Falls on April 9.

Robert J. Kean, executive director of South Dakota Advocacy Services, said, "There are many effective people whose life's work is assisting people with disabilities to meet their goals. These people do good work because they are knowledgeable, dedicated, conscientious and hard working. Because of these qualities, they would be very successful in many professional pursuits. It is our good fortune that they have chosen the field they did. Amongst these, a few people stand out because they truly embrace the sincere belief that people with disabilities can learn, work, live, and fully participate in society. These people dedicate themselves to exploring and developing ways to provide opportunity, eliminate barriers, and assist people in realizing their own goals. Roberts is one of those people who set the standard in each of these efforts."

"This year's recipient is an educator in

every respect from working in the classroom to the chambers of the legislature. The recipient has secured grants and contracts that have expanded the roles and scope of organizations/agencies that contribute significant services to the people of the state. These efforts include forging new programs into a well respected and readily available resource for parents and school districts to develop relationships that help to resolve issues that impact the ability of a child to a free, appropriate, public education," said Patty Riibe of Yankton. Riibe is the president of the governing board for South Dakota Advocacy Service.

The vision and unrelenting efforts of Roberts has led to more informed parents who are better able to effectively advocate for their children. And because of this, systems have changed for the better and the students who have benefited from their parents improved advocacy skills will enter the workforce with a greater level of skill and a better chance of achieving their goals.

"While it is important to note that this year's recipient has received numerous awards, served with distinction in the South Dakota state House of Representatives, it must also be pointed out that the recipient is also a wife and mom, truly dedicated to her family," said Kean.



Elaine Roberts, Sioux Falls, received the 10th annual Robert J. Kean Advocacy Award for her exemplary advocating for individuals with disabilities. Roberts is the director of South Dakota Parent Connection.

Engelhart a Rotary 2011 Ambassadorial Scholar

Cecily Engelhart, a senior at The University of South Dakota, is one of more than 400 university students from 40 countries selected to study abroad as a Rotary Ambassadorial Scholar in 2011.

Engelhart, a 2007 graduate of Vermillion High School, was awarded the scholarship last fall. She will study in New Zealand beginning in February 2012 and plans to earn a master's in indigenous studies during her year of study abroad. A Native Studies major at USD, Engelhart will focus on indigenous Maori issues, learning more about the eating and nutritional habits of their population. The Maori is the indigenous population of New Zealand.

"Food is the gateway to sovereignty," said Engelhart, who was nominated for the scholarship by the Downtown Rotary Club of Vermillion. "Nutrition interests me mostly because I have seen the detrimental effects of the Western diet firsthand."

A member of the Yankton Sioux Tribe and a descendant of the Oglala Tribe, Engelhart said her family has health problems that disproportionately affect Native Americans, including diabetes, obesity and heart disease. Her mission, both domestic and abroad, made her an obvious choice as a Rotary Ambassadorial Scholar. Designed to bridge cultures and



ENGELHART

encourage goodwill, the Ambassadorial Scholarships program is one of Rotary's leading efforts to promote world peace and understanding.

"The situations might be different between the two tribes," admitted Engelhart, the daughter of Jolane Tomhave of Brookings, S.D., and John Archambeau of Wagner, S.D., "but it's important for me to study a different culture like the Maori and see just how directly nutrition has impacted their people."

Several individuals on the USD campus have had an impact on Engelhart's education, but she cited Elizabeth Castle, Ph.D., assistant professor in the department of Native Studies, as one person who has had the most direct influence during her time in the Native Studies program.

"She's been my mentor in so

many ways," added Engelhart, who will graduate with her bachelor's degree in May. "She's a powerhouse of knowledge."

Castle is just as complimentary of Engelhart's abilities - as a student and as a person. To Castle, Engelhart has achieved just as much outside as she has inside the walls of a classroom.

"Cecily is the kind of student whose energy, intellect and courage inspires you as a professor and it sustains you," stated Castle. "I am proud of the leadership she has shown at USD around issues of social justice, directly yet critically applying what she has learned in classes to make a difference. She is the best of what Native Studies has to offer."

Rotary's Ambassadorial Scholarships program is the world's largest privately sponsored international scholarship program focusing on humanitarian service, personal diplomacy, and academic

excellence. Scholarships provide undergraduate and graduate students the opportunity to study at universities in the 200 countries and geographical areas where Rotary clubs are active. While abroad, scholars participate in community service projects and speak at local Rotary club meetings and conferences, schools, civic organizations, and other forums where they serve as "goodwill ambassadors" for their home countries.

"I can think of no better ambassador from the U.S. let alone South Dakota who would be better equipped to make a wonderful impression in New Zealand as an ambassadorial scholar for the Rotary Club," Castle stated. "The world needs indigenous leadership more than ever and her project comparing the indigenous experience of revitalizing traditional foods and food sovereignty is simply cutting edge work."

PPD UHMW Industries, a leading manufacturer in compression molding of UHMW plastic located in Madison, SD, is currently hiring for the following positions:

MACHINIST 3 - 5 years experience preferred	MAINTENANCE 1st shift (7am to 3:30) and 2nd shift (3pm to 11:30)	PRODUCTION WORKERS All shifts (1st: 7am to 3:30, 2nd: 3pm to 11:30, 3rd: 11pm to 7:30am)
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Benefits: Health & Life insurance paid at 100%, supplemental insurance, 401(k) plan/employer match & excellent vacation & holiday package
If you are interested in any of these challenging positions, submit your resume to: josh@ppdgroup.com OR
PPD UHMW Industries, Attn: Josh Halverson
1810 3rd St. NE, Madison, SD 57042 • (605) 256-3533

APRIL IS SEXUAL VIOLENCE AWARENESS MONTH

IT'S TIME... TO GET INVOLVED!

South Dakota Coalition Ending Domestic & Sexual Violence
1-800-572-9196 www.sdcedsv.org

HyVee PRODUCE
EMPLOYEE OWNED
525 W. Cherry, Vermillion, 624-5574

The Best At Fresh!
"Lots of Little Differences!"

If you aren't shopping our produce, you aren't getting the freshest, largest variety & best experience you can!

HEART ATTACK

Chest Pain, Shortness of Breath, Nausea & Sweating, Back or arm pain

KNOW THE SIGNS. ACT IN TIME.
The longer you wait, the more damage to your heart. Or Worse.

CALL 911 IMMEDIATELY

South Dakota DEPARTMENT OF HEALTH
American Heart Association

Broken Pipes...Wet Walls...Flooded Basement...

DO

- Stop the water flow if possible
- Remove as much excess water as possible
- Towel wood furniture, counter tops, etc.
- Relocate all knick-knacks, lamps, etc. to a dry safe place
- Use wax paper or wood blocks under furniture that cannot be relocated to a dry area
- Pin up draperies and upholstery skirts to prevent water circles
- Turn on your heating and/or air conditioning system, provided water has not entered the ducts
- Remove all non-color fast items like rugs, pillows, etc. and place in a dry area
- Remove all loose items on the floor to a dry area

DON'T

- Go near contaminated (sewer) water
- Use electrical appliances and outlets in wet areas
- Use your household vacuum to extract water
- Place wet items on any absorbent surface
- Turn on your heating and/or air conditioning system if water has traveled in or through the ducts
- Enter rooms if the ceiling is wet and sagging
- Leave absorbent materials like boxes, papers, pillows, etc. in the wet area
- Let children or the elderly enter the affected areas

24hr Emergency Response TEAM!
Certified Techs

Steamway
CLEANING & RESTORATION
624-4666
1-800-529-2450

SESDAC Foundation Inc.

Disc Golf Tournament

April 30th, 2011
at Prentis Park • Vermillion, SD

You Are Invited.....

Come out and share in the fun and festivities!

Join us for Hot Dogs & Chips starting at 11:30am.
(Free Will Donations Encouraged)

Watch & cheer on the disc golfers

Event Day:
Check-in: 10-10:30am
SE Corner of Prentis Park
Players Meeting: 10:40am
Start Time: 11am
Team Play: Scramble - 3 person teams
Format: 1 round of 10 holes
Team Registration Cost: \$30
Questions - gerry.tracy@sesdac.org
(605) 624-4419

Proceeds to benefit area citizens with Intellectual Disabilities

Prizes will be awarded to the top 3 teams after 10 holes.
Lunch and Play Bag included in registration fees.
Limit of 20 teams. Teams will be added based on registration order