

SCHOOL MENUS

Menus listed below are for the week of April 17-23. Menus are subject to change without notice.

Vermillion Austin & Jolley Schools and VMS BREAKFAST

Tuesday - Breakfast Pizza, Fruit, Milk Choices

Wednesday - Breakfast Biscuit Sandwich made with a Fresh Biscuit, Fruit, Milk Choices

Thursday - Pancake Sausage Stick, Fruit, Milk Choices

Friday - Fresh Baked Cinnamon Roll, 100% Fruit Juice, Milk Choices

Monday - Cinnamon Tastry, Fruit, Milk Choices

Vermillion Austin & Jolley Schools LUNCH

Tuesday - Super Mexican Potatoes or Baked Corn Dog, Refried Beans

Wednesday - Hot Mexican Sub or Pizza Hut Pizza, Golden Corn

Thursday - Orange Chicken (over whole grain rice) or Hamburger or Cheeseburger, Whole Grain Rice, Fortune Cookie

Friday - Skillet Macaroni and Beef or

Baked Mini Corn Dogs, Green Beans

Monday - Home Style Chicken & Noodles (over mashed potatoes) or Baked Breaded Beef Fingers, Mashed Potatoes & Gravy

Vermillion Middle/HS

Tuesday - Super Mexican Potatoes or Baked Corn Dog, Refried Beans

Wednesday - Hot Mexican Sub or Pizza Hut Pizza, Golden Corn,

Thursday - Orange chicken (over whole grain rice) or Hamburger or Cheeseburger, Whole Grain Rice, Fortune Cookie

Friday - Skillet Macaroni and Beef or Baked Mini Corn Dogs, Green Beans

Monday - Home Style Chicken & Noodles (over mashed potatoes) or Baked Breaded Beef Fingers, Mashed Potatoes & Gravy

Elk Point/Jefferson Schools BREAKFAST

Tuesday - Breakfast Nachos & Fruit

Wednesday - Pancakes & Sausage Links

Thursday - Biscuits & Gravy & Fruit

Friday - Egg & Bacon Wrap & Fruit

Monday - Eggs & Toast & Fruit

Elk Point/Jefferson Schools LUNCH - Salad Bar and White or Choc. Milk offered each day.

Tuesday - Chicken Fried Steak or Turkey, Potatoes & Gravy, Corn, Applesauce

Wednesday - French Dip or Italian Goulash (Mostaccioli), Stir Fry Vegetables, Pineapple, Brownie

Thursday - Taver or Buffalo Chicken Wrap, Baked Potato, Carrots, Apple Pie

Friday - Pizza Pocket or Brd. Chicken Sandwich, Cheesy Potatoes, Peas, Fresh Fruit

Monday - Corn Dogs or BBQ Meatballs, French Fries, Mixed Vegetables, Pineapple

Irene-Wakonda School BREAKFAST

Breakfast includes Entree or Choice of Cereals, Fruit or Juice, Milk Choices.

Tuesday - Breakfast Yogurt Fruit Parfait

Wednesday - Breakfast Biscuit Sandwich made with a Fresh Baked Biscuit

Thursday - Mini Pancake Sausage Bites

Monday - Home Style Whole Grain Oat Bar

Irene-Wakonda School LUNCH

Tuesday - Super Mexican Potatoes or Baked Breaded Pork Sandwich, Refried Beans

Wednesday - Orange Chicken (over whole grain rice) or Hamburger or Cheeseburger, Whole Grain Rice, Fortune Cookie

Thursday - Toasted Cheese Sandwich with Tomato Soup or Pizza, Green Beans, Fresh Baked Ranger Cookie

Monday - Home Style Chicken & Noodles (over mashed potatoes) or Baked Breaded Beef Fingers, Mashed Potatoes & Gravy

Centerville School LUNCH

Tuesday - Nachos

Wednesday - Corndogs

Thursday - Pizza-Spaghetti Casserole

Friday - Chicken Fajitas

Monday - Popcorn Chicken

AAA survey reveals nearly half of senior drivers worry about no longer driving

Nearly half of mature drivers worry about losing their freedom and mobility when it's time to give up the car keys, according to a recent survey by AAA. The auto club is helping the 10,000 Americans who turn 65 every day and other older drivers cope with these life-changing transitions with advice and easy-to-find resources.

Concerned by a loss of mobility, nearly 90 percent of mature drivers who were surveyed indicated that the inability to drive would be a problem, with almost half saying it was a serious problem.

"By 2020 — just eight years from now — it's estimated that nearly one in six people will be age 65 or older and most of them will still be licensed to drive," said AAA South Dakota spokeswoman Marilyn Buskohl. "No matter how active and healthy seniors are today, it's evident that anxiety about giving up the keys is a huge concern."

AAA's survey also indicates that motorists age 65 and older often self-police their driving or avoid driving situations that put them at greater risk of a crash. Eighty percent of senior drivers voluntarily avoid one or more high-risk driving situations. More than half (61 percent) avoid driving in bad weather; 50 percent avoid night driving; 42 percent don't drive in heavy traffic and 37 percent avoid unfamiliar roads.

As a leading road safety advocate, AAA provides expert advice and helpful resources for older adults and their families—working

to support them as they tackle the challenge of balancing safety and mobility.

SeniorDriving.AAA.com provides convenient, free, online access to a wealth of interactive material. AAA's suite of free online tools and programs include:

- Roadwise Review – A confidential, computer-based screening tool that allows older drivers to measure changes in their functional abilities. The program is scientifically linked to that individual's crash risk.

- CarFit – A community-based program that offers mature adults the opportunity to check how well their personal vehicles "fit" them for maximum comfort and safety.

- Smart Features for Mature Drivers – A guide to help identify vehicle features that can assist drivers with the visual, physical and mental changes that are frequently encountered as we age.

To view the results of AAA's survey of older drivers, visit NewsRoom.AAA.com.

For more information on AAA's free resources for mature drivers and their families, go to SeniorDriving.AAA.com.

A not-for-profit organization, AAA South Dakota serves its 91,570 members across South Dakota with emergency help on the road, auto travel assistance and a wide range of personal insurance, travel, financial and automotive services through its 10 branches, and the Internet at AAA.com.

6th Annual Community Wide Preschool Round-up
For ALL children currently ages 3 & 4 (who will not be age-eligible for kindergarten in 2012)

THURSDAY, April 26 4:00 – 6:30 P.M.
& FRIDAY, April 27 9:00 A.M. – 2:00 P.M.
 Vermillion Austin Elementary School
 300 High Street, Vermillion
(Please use East doors of building on High St.)

Call Austin Elementary, 677-7010 to schedule an appointment:
 Thursday Evening @ 4:00 or 5:30
 Friday @ 9:00, 10:30, 1:00

Activities include:
SCREENING
 Developmental * Hearing * Language
 Vision * Social

COMMUNITY SHOWCASE
THURSDAY EVENING – April 26 4:00-6:30 PM
 Visit agency booths to receive information on preschool services and information for preschool age children
Informational material will also be available for parents on Friday during registration.

Children Will Receive a FREE Book
We look forward to meeting you and your child!
Screening sponsored by Vermillion School District and Head Start with community support.

SCHOOL MENUS

Served at the Main Street Center and Town Square, "Meals on Wheels." Please call before 9 a.m. to schedule or cancel a meal at 624-7868. Menus listed below are for the week of April 17-23.

Menus are subject to change without notice. All menus are served with whole grain bread and 1% milk, unless otherwise noted.

Tuesday - Swiss Steak w/onion, Tomatoes,

Mashed Potato w/Gravy, Peas, Peaches

Wednesday - BBQ Chicken, Potatoes, Salad, Mixed Veg, Fruit

Thursday - Taco Salad w/Meat, Beans, Cheese, Salsa, Lettuce, Tomato, Tortilla Chips, Grapes

Friday - Baked Fish, Parsley Potatoes, Glazed Carrots, Mand. Oranges in Pudding

Monday - Turkey Ala King, Biscuit, Mixed Veg., Coleslaw, Peaches

Mollet Memorials



\$1,780 Includes Design, Lettering, Setting & Cement Foundation

Create A Legacy, contact
 Marlon Mollet: (605) 360-9656
 Jim Harris: (605) 940-3413

APARTMENTS

3 & 4 Bedroom Apartments
\$850-1000 plus all utilities

Call **605-624-2904**
 to view!





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