Menus listed below are for August 21 - 27. Menus are subject to change without notice.

VERMILLION ELEMENTARY & MIDDLE SCHOOL

Breakfast Available everyday: Breakfast entrée or choice of cereals with toast. Fruit or Fruit Juice, Milk choices. Tuesday - NA

Wednesday - Breakfast pizza - First Day of School

Thursday – Pancake sausage stick

Friday – Fresh backed cinnamon roll

Monday – Waffles w/syrup

VERMILLION **ELEMENTARY SCHOOLS**

Lunch

Tuesday – NA Wednesday – Toasted cheese sandwich or Homestyle pizza, peas, gelatin dessert - First Day of School

Thursday – Hot dog or Grilled chicken sandwich, baked beans

Friday – Spaghetti w/meat sauce or Hot Ham & cheese sandwich, green beans, smores pudding dessert

Saturday – Home-style Han and pasta hot dish, breadstick or Cheeseburger, mixed vegetables

19TH ANNUAL

VERMILLION HIGH & MIDDLE SCHOOL

Lunch

Tuesday – NA Wednesday – Toasted cheese & ham sandwich w/tomato soup or Homestyle pizza or Ham & cheese sandwich, steamed broccoli, gelatin dessert -First Day of School

Thursday - Hot dog and pasta salad or Grilled chicken sandwich or Crispy chicken salad, breadstick, baked beans

Friday – Spaghetti w/meat sauce or Hot Ham & cheese sandwich or Sub sandwich, green beans, smores pudding dessert

Monday – Home-style ham and pasta hot dish, breadstick or Cheeseburger or Sub sandwich, mixed vegetables

MENUS

ELK POINT BREAKFAST AND LUNCH

Tuesday – NA Wednesday – Waffles, sausage & Fruit – Lunch: Soft taco or chicken fajita, brown rice, salsa, stir-fry vegetables, applesauce First

Thursday - Biscuits & gravy, fruit – Lunch: Sausage pizza or goulash, green beans, whole grain breadsticks, peaches

Day of School

Friday – Cinnamon buns & fruit – Lunch: Beef stroganoff or fish tacos, whole grain noodles, peas, berries & cream

Monday – Eggs, toast & fruit – Lunch: Mr. Rib or salsa, chicken, baked

potato, broccoli, mandarin oranges

IRENE-WAKONDA SCHOOL

Breakfast

Available every day: Breakfast entrée or Choice of cereals w/toast, Fruit, Milk Choices

Tuesday - Cheese omelet

Wednesday - Homestyle sausage gravy over fresh baked biscuit

Thursday - Breakfast

Friday - Fresh baked cinnamon roll

Monday – Breakfast









Make your pillows look like new. All types of bed pillows can be cleaned. Contents removed from old pillows, cleaned, sanitized, deoderized and refluffed with choice of new ticking (new outside material).

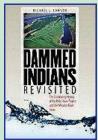
> Stop in and see our selection of new pillows. 712.378.2918



Annual Vermillion USBC Meeting Monday, Aug. 27 Food at 6 p.m. at Pro's Meeting to follow. **All Interested Bowlers Welcome!**







Dammed Indians Revisited:

The Continuing History of the Pick-Sloan Plan and the Missouri River Sioux by Michael L. Lawson

Discussion: 3-5 p.m., Sunday, September 23 **Vermillion Public Library Community Room**

led by Jamie Sullivan of Mount Mary College

Sign up and borrow a copy of the book at Vermillion Public Library · 18 Church Street, Vermillion · 677-7060 · vpl@sdln.net Sponsored by S.D. Center for the Book and the S.D. Humanities Council



B.Y.O.C. (Bring Your Own Chair)



Dinner Mon-Thurs 4.30-8.30 **Lunch** Tues-Sat 11-2 Fri & Sat 4.30-9 Sun 3.30-7.30

Downtown Ponca, Ne. On Facebook 402-755-2223

IRENE-WAKONDA ELEMENTARY SCHOOL

Lunch

Tuesday – Home-style Beef & cheese enchilada hot dish or Baked chicken nuggets, golden corn

Wednesday – Spaghetti w/meat sauce or Hot Ham & cheese sandwich, green beans, smores pudding dessert

Thursday - Hot dog or Grilled chicken sandwich, baked beans

Friday – Toasted cheese sandwich w/tomato soup or Pizza, steamed broccoli, gelatin dessert

Monday – Skillet macaroni and beef, breadstick or Grilled chicken sandwich, mixed vegetables

IRENE-WAKONDA HIGH & MIDDLE SCHOOL

Lunch

Tuesday – Home-style Beef & cheese enchilada hot dish, whole grain rice or Buffalo or BBQ chicken wrap or Taco salad, golden corn

Wednesday - Spaghetti w/meat sauce or Hot Ham & cheese sandwich, or Sub sandwich, green beans, smores pudding

Thursday - Hot dog, pasta salad or Grilled chicken sandwich, or Crispy chicken salad, breadstick, baked beans

Friday – Toasted cheese & ham sandwich, w/tomato soup or Pizza, or Ham & cheese sandwich, steamed broccoli, gelatin dessert

Monday – Skillet macaroni and beef, breadstick or Teriyaki chicken sandwich or Sub sandwich, mix vegetable

DAKOTA SENIOR MEALS

Served at The Main Street Center &

Town Square, "Meals on Wheels'

Please call before 9:00am to schedule or cancel a meal at 624-

Menus listed below are August 21 - 27. Menus are subject to change without notice. All menus are served with whole grain bread and 1% milk unless otherwise noted

Tuesday - Taco Salad w/meat, beans, cheese, tomato and salsa, tortilla chips, orange

Wednesday – BBQ Beef, scalloped potatoes, broccoli, pears

Thursday – Roast Pork, mashed potatoes w gravy, harvard beets, cooked apples

Friday – Tuna Macaroni salad, cool cucumber salad, banana, cheddar drop biscuit

Monday – Brat on a bun, sauerkraut, scalloped potatoes, peas and carrots, peaches