

MENUS

Menus listed below are for August 28 - 31. Menus are subject to change without notice.

VERMILLION ELEMENTARY & MIDDLE SCHOOL

Available everyday: Breakfast entrée or choice of cereals with toast. Fruit or Fruit Juice, Milk choices.
 Tuesday – Breakfast Pizza
 Wednesday – Breakfast biscuit sandwich made with a fresh baked biscuit
 Thursday – Pancake sausage stick
 Friday – Fresh backed cinnamon roll
 Monday – NA

VERMILLION ELEMENTARY SCHOOLS Lunch

Tuesday – Fajita or baked mini corn dogs, refried beans, vanilla pudding
 Wednesday – Home-style Pizza (Jolley), Cheese Pizza (Austin) or Breaded pork sandwich, sweet corn
 Thursday - Turkey & Gravy over mashed potatoes or baked chicken nuggets, mashed potatoes & gravy, stained glass dessert
 Friday – Skillet Macaroni and beef, breadstick or Grilled chicken sandwich, green beans
 Monday - NA

VERMILLION HIGH & MIDDLE SCHOOL Lunch

Tuesday – Fajita or baked mini corn dogs or Chef salad, whole grain roll, refried beans, vanilla pudding
 Wednesday – Home-style pizza or breaded pork sandwich or Combo sandwich, sweet corn
 Thursday - Turkey & Gravy over mashed potatoes or baked chicken nuggets, mashed potatoes & gravy, stained glass dessert
 Friday – Skillet Macaroni and beef, breadstick or Teriyaki chicken sandwich or sub sandwich, green beans
 Monday – NA

ELK POINT BREAKFAST AND LUNCH

Tuesday – Breakfast burrito & fruit – Lunch: Meat nachos or hot ham & cheese on whole grain bun, black bean & mango
 Wednesday – Pancake & sausage, fruit – Lunch: Buffalo chicken wrap or pizza burger, sweet potato fries, green beans, fruit mix
 Thursday – Biscuits & gravy, fruit – Lunch:

Chicken nuggets or Beef tips, mashed potatoes & gravy, stir fry veg
 Friday – Fruit & yogurt parfait – Lunch: Chili dog or Grilled chicken sandwich, rice w/broccoli & cheese, asparagus
 Monday NA

IRENE-WAKONDA SCHOOL

Available every day: Breakfast entrée or Choice of cereals w/toast, Fruit, Milk Choices
 Tuesday – Fresh baked fruit Muffin Square
 Wednesday – Breakfast biscuit sandwich
 Thursday – Pancake sausage stick
 Friday - NA
 Monday – NA

IRENE-WAKONDA ELEMENTARY SCHOOL

Tuesday – Fajita or Baked mini corn dogs, refried beans, vanilla pudding
 Wednesday – Turkey & Gravy over mashed potatoes, roll, or Baked chicken nuggets, mashed potatoes

Thursday – Pizza or Cheeseburger, corn, watermelon, stained glass dessert
 Friday – NA
 Monday – NA

IRENE-WAKONDA HIGH & MIDDLE SCHOOL

Tuesday – Fajitas or baked mini corn dogs or Oriental salad, roll, refried beans, vanilla pudding
 Wednesday – Hot turkey sandwich or baked chicken nuggets, roll or sub sandwich, mashed potatoes & gravy
 Thursday – Pizza or Cheeseburger or Deli wrap, corn, watermelon, stained glass dessert

Friday – NA
 Monday – NA

DAKOTA SENIOR MEALS

Served at The Main Street Center & Town Square, "Meals on Wheels"
 Please call before 9:00am to schedule or cancel a meal at 624-7868.

Menus listed below are August 28 – September 3. Menus are subject to change without notice. All menus are served with whole grain bread and 1% milk unless otherwise noted
 Tuesday – Lasagna, French bread, tossed salad
 Wednesday Porcupine meatballs, mashed

potatoes w/gravy, California veg, pear
 Thursday – Chef Salad w/ham, cheese, egg and tomato, peaches
 Friday – Pork chop w/celery sauce, green beans, sweet potatoes, bananas
 Monday – NA – Labor Day



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USD VS. NDSU

October 20, 6PM

At Howard Wood Field, Sioux Falls, SD



USD VS. COLGATE

September 8, 2PM

At DakotaDome, Vermillion, SD



*Extended offer expires 8/31/12. Includes one (1) ticket to both games.

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