

VIEWPOINTS

EXPLORING
SOUTH DAKOTA

By Katie Hunhoff
Editor at South Dakota Magazine

Our Fair Tour

South Dakotans wave farewell to summer with the colorful sights, delicious foods and dizzying rides at local or state fairs. This year South Dakota Magazine is travelling to some of our favorite fairs to celebrate the magazine's 30th anniversary.

We will visit with readers, serve Forestburg watermelon slices and soak up South Dakota's fair culture. Our schedule starts with Parker's Turner County Fair on Wednesday, Aug. 19, then Rapid City's Central States Fair Aug. 21-22 and finally the State Fair in Huron Sept. 6-7, where we will have the honor to be on stage with legendary performer Sherwin Linton. We won't be singing, but will have some good South Dakota stories for the audience.

Linton has performed for over 30 years at Huron, as well as other fairs around the country. Three times a day on the state fair's Centennial Stage, fans sit under tall shade trees and listen to Sherwin, his wife Pam and their longtime band "The Cotton Kings." Linton plays over 250 concerts a year and, amazingly, has never missed a performance in his 50-plus years of entertaining. His perfect attendance placed him in the Guinness Book of World Records.

In the next issue of the magazine we recount a Sherwin Linton story that Bob Glanzer wrote in his new book, *You Can't Unring a Bell*. Glanzer helped plan and produce the state fair for 26 years and from 1980-2002 was the superintendent of the grandstand stage and show events. During his tenure he met Minnie Pearl, and confirms she was just as funny backstage as she was onstage. He drove Red Skelton to the Sioux Falls airport and was treated to two hours of stories and humor. Skelton bought him breakfast and tipped him \$50 for the drive.

One story that stood out in Glanzer's mind was a meeting between Sherwin Linton and Johnny Cash. It was during the state fair's bicentennial year in

1976. Glanzer was standing backstage before Cash's performance. Cash looked at his manager and said, "Do you notice anything different about me tonight?" His manager didn't notice anything unusual about Cash's all-black attire. Cash then told him to look at his feet. He was wearing two left boots. The manager asked Glanzer to find a pair of size 13 black boots and gave him \$100. Glanzer took off for the midway, where he knew Geiger's Western Wear was selling western clothes and tack. The largest black boots were size 12, so Glanzer bought them and ran back to stage.

Cash squeezed his size 13 feet into the size 12 boots and went on stage to perform two shows. At the end of his second show, Cash told the audience the story of his two left boots and how the new boots were too small. He spotted Sherwin Linton in the audience and invited him on stage.

As Glanzer recalls, Johnny gave a nice tribute to Sherwin, took off the boots and told Linton to try them on. He then asked Sherwin, "How do they fit?"

Sherwin replied, "I could never fill your shoes, Johnny!"

Cash replied, "Oh, yes you can!" Linton went back to his seat wearing the new trophies of the concert and Johnny finished the show in his stocking feet.

South Dakota Magazine is proud to be a part of South Dakota's fair tradition this summer. Look for our green '49 Chevy delivery pickup and stop by for a slice of watermelon. And if you see Sherwin Linton, ask about Johnny's boots.

Katie Hunhoff is the editor of South Dakota Magazine. For more information or to subscribe, visit www.SouthDakotaMagazine.com or email editor@southdakotamagazine.com. Bob Glanzer's book is available at Creative Printing, 210 Third St. SW, Huron S.D. 57350.

LETTER TO EDITOR

Doctored Video Tapes

Planned Parenthood personnel were recently duped into secretly recorded conversations with actors. Apparently, several high-ranking Republicans in Congress either had prior knowledge or were possibly complicit in the planning of the sting. An analysis of unedited recordings shows PP to be the valued provider of health care to millions of women that most Americans know it to be. PP follows all rules specified by Congress. Constitutionally protected abortions comprise about 3% of PP's total services. Fetal tissue is available to medical research, but not as a sale item.

An attack on PP by Republicans is an attack on civilization. Stressors on oceans, fresh water, food production, and climate events are connected to exploding populations. Family planning has never been more essential than it is now. Temperatures will continue to rise and can't possibly come down for hundreds of years even if governments are able to stabilize carbon emissions within the next few decades. As Pope Francis said two years ago, and repeated again this summer: "abortion, gay marriage, and contraception have to be seen in a larger context... You have to heal other wounds. Then we can talk about everything else."

Dave L. Wegner
Sioux Falls

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SACK



Marriage Advice From A "Pro"

BY PAULA BOSCO DAMON

"To keep your marriage brimming with love in the loving cup, whenever you're wrong, admit it; whenever you're right, shut up."

—Ogden Nash, American poet and author

Today, Aug. 5, 2015, is our 43rd wedding anniversary. We made it this far, so I guess you could call it "sainthood." Anyone who has put with me for that long certainly would pass canonization.

We plan to stay together, which makes us hopeful, kind of. We still smile at one other when our eyes meet. Well, most of the time.

There are occasions when it's not so hunky dory, like if he comes through the front door with garden mud and dog doo-doo on his shoes. Not good.

We're still in love with each other — proof that miracles really do happen.

However, I didn't come this far without making some serious mistakes along the way.

For all you wives out there wondering if your marriages can be saved, here's my advice....

To begin with, it's probably best to look and overlook whenever possible.

If you notice something about your honey that completely irritates you, just forget about it. No amount of criticizing will do any good.

Yet, there are some exceptions, such as if he has food splattered down the front of his shirt. In that case, go ahead and say something. He might thank you for it. However, there are some guys who sport food on their shirts like it's the latest fashion.

If he's roughhousing with the kids or grandkids, having fun and getting loud and crazy, calm down. It's a guy thing. Consider it free time to get something done.

Along the same lines, your husband's sense of humor can be way different from yours. When he jokes around about snot or stinky breath, he's having a blast, while you're turning beet red with embarrassment.

Count to 10 and, remember, he's a guy.

When it comes to stinky, his olfactory glands (sense of smell) probably are not as keen as yours. Trust me, if you wait around for him to realize the garbage reeks and needs to be emptied, it could be a very long time. Been there, done that. Not gonna happen.

My suggestion: put a twist tie on it and ask him to carry it out or do it yourself. Life is too short to whine and

complain about him not taking the initiative.

Besides, there are far more important battles to fight, like not letting the water run constantly when he's rinsing dishes.

Now that's a huge issue at our house. I know my husband thinks I'm being picky when I say, "Let's conserve water by using this small bowlful to rinse the dishes in." He doesn't realize I'm saving the planet.

Another thing, don't finish his sentences. I know this is a tough one. Here again, you'll have to hurry up and wait for him to spit it out and that will drive you crazy.

Hang in there. He's a big boy and will arrive at the same conclusion without your help.

And, it's probably best not to treat him like one of the kids by telling him how to dress, what to eat and how to do his hair. He's a grown man, although I know sometimes his behavior may argue to the contrary.

One last thing, never ever say, "I told you so." This will send him to the moon and back. Not sure why. You'd think he'd be grateful for you being so smart and all.

Oh, well, what can I say? Such is married life.

Dealing With The Broken Hip Blues

BY RICHARD P. HOLM MD

Mrs. Z, a widow of 15 years and living alone, was reaching for something in a top cupboard, turned too fast, fell hitting her hip, and couldn't get up by herself. She lay on that cold linoleum floor for most of the night until she was finally able to crawl to a phone and call for help. In the emergency room we saw the tell-tale signs of an outward turned and shortened leg, and the suspected fractured hip was confirmed on X Ray.

Lifetime risk for hip fracture is 6% in men and 14% in women. After reparative surgery, 40% of people will require living in a nursing home for at least a period of time during recovery and 50% will permanently require a walker. The risk of death following hip fracture, even with the best of care, is about 10% at one

month and up to 40% at one year. In 2011 hip fractures resulted in about 30% of all US hospitalizations, costing about five billion dollars and untold amount of suffering.

Prior to the development of a surgical repair for hip fracture, treatment involved six weeks of traction and bed rest, with something like an 80% death rate from blood clots or pneumonia. Pinning the hip with ivory pins was first tried in 1899, but it was in World War II that a German surgeon began regularly using metal rods to stabilize bone fractures. From that point on, hip pinning became popular, allowing patients to stand up and start walking within days of surgery, remarkably reducing death rate following hip fracture. Presently, the surgical repair of a fractured hip involves a new artificial ball and sometimes

socket replacing the fractured hip in about a third of the cases. Pinning still works in most cases, however, and is quicker, easier, cheaper, and sometimes safer than the more invasive total hip surgery.

Ninety percent of hip fractures happen after falling, most often the result of inactivity and poor physical conditioning. Say it again; inactivity is the most important risk factor for hip fracture. Although advanced age, poor eyesight, blood pressure medicines, soft bones, neurological and cardiac conditions are also risk factors, the big danger comes from a lifetime of inactivity.

Physical activity and conditioning at any age, hardens bones, enhances strength, and helps avoid falls and fractured hips. So, unless you want to end up on a cold linoleum floor

some day, get out and get walking.

To hear more from Dr. Holm, watch his TV show, *On Call with the Prairie Doc*, every Thursday at 7pm CT on South Dakota Public Broadcasting and his website, www.PrairieDoc.org.

Dr. Rick Holm wrote this *Prairie Doc Perspective* for *On Call with the Prairie Doc*, a weekly program where medical professionals discuss health concerns for the general public. *On Call with the Prairie Doc* is produced by the *Healing Words Foundation* in association with the *South Dakota State University journalism department* and airs *Thursdays on South Dakota Public Broadcasting Television* at 7 p.m. Central, 6 p.m. Mountain, and streams live at www.PrairieDoc.org.

LETTER TO EDITOR POLICY

The *Plain Talk* encourages its readers to write letters to the editor, and it asks that a few simple guidelines be followed.

Please limit letters to 300 words or less. Letters should deal with a single subject, be of general interest and state a specific

point of view. Letters are edited with brevity, clarity and newspaper style in mind.

In the sense of fairness and professionalism, the *Plain Talk* will accept no letters attacking private individuals or businesses.

Specific individuals or entities addressed in letters

may be given the opportunity to read the letter prior to publication and be allowed to answer the letter in the same issue.

Only signed letters with writer's full name, address and daytime phone number for verification will be accepted. Please mail to:

Letters to the Editor, 201 W. Cherry St., Vermillion, SD 57069, drop off at 201 W. Cherry in Vermillion, fax to 624-4696 or e-mail to shauna.marlette@plaintalk.net.

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