

## SILVER THREADS

## Vermillion Senior Center News

History of the center  
By Nila Fostvedt

Dedication of the first phase of the new Senior Citizens Center, 320 W. Main, took place Sunday, Sept. 28, 1975. A large crowd was in attendance, Dr. I. D. Weeks gave the dedication address. Vermillion High Swing Choir under the direction of Elaine Wolsky presented "Songs of the 20's." Tea and a social time followed.

Thanksgiving fund raising dinner, Nov. 17, was prepared and served by the Alpha Lambda girls, 150 attended. Audrey Gillen, president of Alpha Lambda Chapter 618, presented Senior Center Chairperson Viola Bremer and cook Corrine Fueston a kitchen center consisting of a blender, a mixer, a food grinder and a 100 cup coffee maker.

Plans for the annual Christmas Bazaar held each year at the 4-H Building is the next priority for the busy seniors, who sew lovely quilts, knit and crocheted pieces, do china painting, create ceramic pieces and hand crafted wood items.

Go visit a senior today. There are many lonely ones — one may be your neighbor. Tell them about the many programs and nutritious meals offered at the Vermillion Senior Center. Come, you are always welcome.

Activities & Events  
of the center  
By Crystal McGuire,  
director

• Thursday, Friday and Saturday, Dec. 10, 11 and 12 — Hy-Vee is sponsoring a coupon event as a fundraiser for the senior center. The center will receive a percent of the total groceries purchased with the coupon provided at the check out for all three days. Thank you, Hy-Vee for your support!

• Friday, Dec. 18, the center will be hosting their annual Christmas Dinner. Punch, wine and appetizers begin at 5:15 p.m. with dinner following at approximately 5:30 p.m. The menu includes Stuffed Pork Loin, Chicken Breasts, Spiral Ham, potatoes, vegetables and dessert. Entertainment begins

at 6:30 p.m. Advanced tickets \$12; Dec. 17 and 18 tickets \$15. Some of the Polaris Industries employees have graciously volunteered to help with the dinner for the evening. Thank you, Polaris for your continued support.

• The center silent auction event continues with items added and removed as we get appropriate bids for the items. The center has also started a general store which contains items made or donated by members and friends of the center. We have many wonderful items including afghans, baby quilts, pot holders, greeting cards, pottery, Christmas gifts, jewelry, glass items and more. If you have items you would like to donate to the center, call or bring the items to the center.

• Medicare D (prescription) plan — A volunteer educator from SHINE is available at the center to compare your medicines and provide you with a list of the best value of insurances. Call for an appointment and bring your prescription list with you. All changes must be made before Dec. 31.

## Newer activities:

- Scrabble is now every Monday at 1 p.m.
- Need a pinochle player on Tuesdays at 1 p.m.
- Knit, Stitch & Portable Crafts every Friday at 10 a.m.
- Contact the center for other daily activities such as pitch, bridge, pinochle and dominoes.

• Pancake Sunday is always the 2nd Sunday of each month (except in May) from 10 a.m. to 1 p.m. The cost is \$4 for pancakes, sausages, coffee and juice and is prepared by the senior men of the center.

• Visually Impaired meet the second Monday of each month at 1 p.m. at the center. They meet to discuss options for different types of support and equipment for visual impairment.

• Second and fourth Wednesdays of month, Vermillion Medical Clinic presents a program on health topics and checks blood pressure.

• Foot clinic is held on Tuesdays at the center by Sanford

Vermillion Clinic. Call 624-2611 for an appointment.

• The Dakota Senior Meals prepares and serves food Monday through Friday in the kitchen and dining area of the center. The nutrition program is a separate program under the direction of ROCS and receive state & federal funds to help pay for a small portion of the meal cost. A donation for your meal helps support the program.

• All members of the center receive a monthly newsletter with scheduled events and activities plus a menu from Dakota Senior Meals. Members are encouraged to participate in the daily activities and events, educational and health programs, share in the book and puzzle exchange, participate in fundraisers and other activities or events. Members need to be only 40 years of age and pay an annual fee of \$25 per year or \$250 lifetime.

The senior center is a non-profit organization that welcomes volunteers and financial donations. We sponsor monthly fundraisers and send out requests to businesses and organizations in the community as our means of funding. If you or your group would like to help sponsor a fundraising event, please contact the center at 624-8072. Be watching for more events and activities in the next "Silver Threads".

## Volunteers needed:

- to sort greeting cards.
- for line dance instructor.
- for morning or afternoon walk or exercise group.
- for fundraiser dinners to help serve and clean up.

## Donations:

Donations or sponsors from businesses or friends of the center are always welcome to help pay for the food and supplies for the monthly fundraisers (example — donate meat or pay for cost of item or sponsor an event). Thank you for any support you can provide to the center. All donations and sponsors are recognized in our monthly newsletter.

*Joyous holidays to all  
from the Center!*



## Foundation support

Young Moore of the Vermillion Area Community Foundation hands a \$900 check to Dean Spader, the 2009 Coordinator of the Vermillion Community Gardens. The money is being used to build the storage shed at the gardens behind the VAAC and to purchase tools for the gardeners to use. "We could not have built this necessary storage shed without the Foundation's generous grant, and Herren Schempp's discounts on the materials," said Spader. "It is local money helping local residents grow local food with the help from local businesses. A win-win for all." Numerous volunteers helped build the shed. "Jerry Wilson provided his tools and supervised the construction. Jeffrey Gray Lobe added his skills, and USD students helped too," added Spader. This year, the Community Gardens provided 23 plots for anyone wanting to garden, and the VAAC site contains extra space to add many more plots.

## CHECK IT OUT

At the Vermillion Public Library  
By Anne MarshallUpcoming Events  
at the Library

If you have nothing fun to do over the school break, visit the library on Tuesday, Dec. 29. The Children's department is hosting a Movie Day starting at 1 p.m. in the Community Room. The featured film is a Disney Pixar comedy/adventure story called "UP." This film runs for 1 hour and 36 minutes and is rated PG for action.

For the Young Adult readers, the library has scheduled a Game Day on Wednesday, Dec. 30 from 1 to 3 p.m. Stop by to play a variety of board games and a Nintendo Wii will also be set up. Snacks will be provided.

Discovery Center Kits are available in the Children's Department for use in the library. These learning kits contain books and activities that focus on math and science skills and concepts. They are designed to make learning FUN!

If you are interested in the Winter/Spring session of toddlers and Preschoolers Story Time, please register at the Circulation Desk. Story Time

will resume in January.

Have you read a new book or an old book that over time still remains a favorite of yours? The library has a "Share a Good Book" box and cards located at the circulation desk. Stop by to collect a card and write the name, author, and a brief description of your favorite, along with the reasons you love this book.

The December edition of Book Page: American Book Review is on the circulation counter. Please stop by to pick up a free copy, compliments of the library. Included this month are great gift ideas for the upcoming holidays.

The Vermillion Public Library will be closed on Dec. 24, 25, and 26 for the Christmas holiday. It will be open on Sunday, Dec. 27 from 1 to 5 p.m. The library is also scheduled to close at 5 p.m. on Thursday, Dec. 31 and remain closed through Friday, Jan. 1. It will open again on Saturday, Jan. 2 at 10 a.m. Materials may be returned to the book and AV drops located on the south side of the building.

DearReader.com  
Book Club

The DearReader.com Book Club offers many selections to Internet patrons. Each book

runs for five days, Monday through Friday. Some genres offer selections every other week. Check out this service by registering at the library's Web site, <http://vpl.sdln.net> and clicking on the book club icon. Online patrons can also find the club at [www.supportlibrary.com/su/su.cfm?x=470596](http://www.supportlibrary.com/su/su.cfm?x=470596). The following selections for the week of Dec. 14 are:

AUDIO BOOK: A Dog Named Christmas, by Gregg Kincaid.

BUSINESS: Presenting to Win: The Art of Telling Your Story, by Jerry Weisman.

FICTION: The Coffin Ship, by Peter Tonkin.

GOOD NEWS: Journey to the Well, by Diana Wallis Taylor.

MYSTERY: Night Work, by Steve Hamilton.

NON-FICTION: The Man Who Made Lists, by Joshua Kendall.

PRE-PUB: Remarkable Creatures, by Tracy Chevalier.

ROMANCE: A Lady's Secret, by Jo Beverley.

SCIENCE FICTION: Ancients, by David Lynn Golemon.

TEEN: Signal, by Cynthia DeFlice.

THRILLER: Lords of Corruption, by Kyle Mills.

USD announces mini-season  
ticket packages for the holidays

In the spirit of the holiday season, the South Dakota Athletic Department is offering two new exciting ticket packages for the Coyote men's and women's basketball teams. Starting on Dec. 5, fans can purchase two mini-season ticket packages, both of which are great gift ideas for all USD aficionados.

The Coyote Premier Pack features one ticket to eight USD games from Dec. 28 to Feb. 21 against some of USD's top opponents. Contents in the package include a men's game versus Cornell, a top team in the Ivy League, and a doubleheader against North Dakota, a longtime rival of the Coyotes.

Likewise, the Great West Conference Pack features one ticket to six doubleheaders from Jan. 16 to March 6 against league opponents. Games in the package include doubleheaders with

Chicago State and Utah Valley, who were both picked to finish second in the league in the preseason poll.

Regularly priced at \$ 72, South Dakota will offer the mini-season ticket packages at \$ 59 apiece for a limited time. Fans can purchase tickets to all USD sporting events by calling the Coyote Ticket Office at (605) 677-5959. Below is a breakdown of the games in each package.

Coyote Premier  
Pack - \$59

- Mon, Dec 28 - Morehead State Eagles, 7 p.m., Men
- Fri, Jan 8 - Cornell Big Red, 7:30 p.m., Men
- Sat, Jan 9 - SIU Edwardsville Cougars, 7:30 p.m., Men
- Sun, Jan 10 - Seattle Redhawks, 1 p.m., Women
- Tue, Jan 12 - Longwood Lancers, 7 p.m., Men
- Sat, Jan 16 - North Dako-

ta Fighting Sioux, 6 p.m. Doubleheader

• Sun, Feb 21 - SIU Edwardsville Cougars, 2 p.m., Women

Great West Conference  
Pack - \$59

- Sat, Jan 16 - North Dakota Fighting Sioux, 6 p.m., Doubleheader
- Thu, Feb 11 - Chicago State Cougars, 6 p.m., Doubleheader
- Sat, Feb 13 - New Jersey Tech Highlanders, 6 p.m., Doubleheader
- Thu, Feb 18 - Utah Valley Wolverines, 6 p.m., Doubleheader
- Thu, Mar 4 - Texas Pan-American Broncs, 6 p.m., Doubleheader
- Sat, Mar 6 - Houston Baptist Huskies, 6 p.m., Doubleheader

**Urgent news for people who took YAZ or YASMIN**

Many users of the birth control pill Yaz®, Yasmin® or Ocella® have suffered blood clots in the lungs, legs and other areas, as well as strokes, heart attacks, gall bladder problems and even death. If you or a loved one suffered from any of these problems call us now toll free at 1-800-THE-EAGLE for a free consultation. We practice law only in Arizona, but associate with lawyers throughout the U.S.

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