SCHOOL MENUS

Menus listed below are for December 12 - 18. Menus are subject to change without notice.

Vermillion Elementary & Middle School

Breakfast Available everyday: Breakfast entrée or choice of cereals with toast. Fruit or Fruit Juice, Milk choices.

Wednesday – Home-style Fruit Muffin Square
Thursday – Pancake Sausage Stick
Friday – Fresh Baked Cinnamon roll
Monday – French Toast Sticks w/Syrup
Tuesday – Breakfast Pizza

Vermillion Elementary Schools – Lunch

Wednesday – Toasted Cheese Sandwich w/Tomato Soup or Fresh Baked Pizza, Steamed Broccoli, Gelatin Dessert
Thursday – Hot Dog or Grilled Chicken Sandwich, Baked Beans
Friday – Spaghetti w/Meat Sauce or Breaded Pork Sandwich, Green Beans, Vanilla Pudding
Monday – Home-style Ham & Pasta Hot dish, Breadstick or Cheeseburger, Mixed Vegetables, Chocolate Pudding
Tuesday – Fajita or Baked Mini Corn Dogs, Refried Beans

Vermillion High & Middle School – Lunch

Wednesday – Toast Cheese & Ham Sandwich w/Tomato Soup or Home-style Pizza or Ham & Cheese Sandwich, Steamed Broccoli, Gelatin Dessert
Thursday – Hot Dog, Pasta Salad or Grilled Chicken Sandwich or Crispy Chicken Salad, Breadstick, Baked Beans
Friday – Spaghetti w/Meat Sauce or Breaded Pork Sandwich or Sub Sandwich, Green Beans, Vanilla Pudding
Monday – Home-style Ham & Pasta Hot dish, Breadstick or Cheeseburger or Sub Sandwich, Mixed Vegetables, Chocolate Pudding
Tuesday – Fajitas w/Red & Green Peppers or Baked Mini Corn Dogs or Chef Salad, Roll, Refried Beans

Elk Point Breakfast and Lunch

Wednesday – Pancakes & Sausage, Fruit – Lunch: Soft Taco or Chicken Fajita, Rice, Refried Beans, Jicama Sticks, Peaches
Thursday – Biscuits & Gravy & Fruit – Lunch: Corn Dog or Tavern, Mac & Cheese, Baked Beans, Broccoli, Pineapple
Friday – Fruit & yogurt Parfait – Lunch: Hamburger or Philly Cheesesteak Wrap, Baked Potato Peas & Carrots, Berries & Cream
Monday – Eggs & Toast & Fruit – Lunch: Chicken & Noodles or Beans & Weiners, Hash Browns, Broccoli, Applesauce, Sunshine Bar
Tuesday – Breakfast Pizza & Fruit – Lunch: Buffalo Chicken Wrap or Taco Pie, Rice, Stir Fry Veggies, Black Bean Salad, Pears

Irene-Wakonda School – Breakfast

Available every day: Breakfast entrée or Choice of cereals w/toast, Fruit, Milk Choices
Wednesday – Home-style Sausage gravy over Biscuit
Thursday – Cinnamon Roll
Friday – NA
Monday – Breakfast Pizza
Tuesday – Breakfast Biscuit Sandwich

Irene-Wakonda Elementary School – Lunch

Wednesday – Spaghetti w/Meat Sauce or BBQ Rib Sandwich, Green Beans, Caramel Apple Dessert
Thursday – Sloppy Joe or Pizza, Baked Beans, Gelatin Dessert
Friday - NA
Monday – Skillet Macaroni and Beef, Breadstick or Grilled Chicken Sandwich, Mixed Vegetables
Tuesday – Fajita or Baked Mini Corn Dogs, Refried Beans

Irene-Wakonda High & Middle School – Lunch

Wednesday – Spaghetti w/Meat Sauce or BBQ Rib Sandwich or Sub Sandwich, Green Beans, Caramel Apple Dessert
Thursday – Sloppy Joe or Pizza or Deli Wrap, Baked Beans, Gelatin Dessert
Friday – NA
Monday – Skillet Macaroni and Beef, Breadstick or Teriyaki Chicken Sandwich or Sub Sandwich, Mixed Vegetables
Tuesday – Fajita or Baked Mini Corn Dog or Oriental Salad, Roll, Refried Bean

DAKOTA SENIOR MEALS

Dakota Senior Meals
Served at The Main Street Center &
Town Square, "Meals on Wheels"
Please call before 9:00am to schedule or cancel a meal at 624-7868.
Menus listed below are December 12 - 18. Menus are subject to change without notice. All menus are served with whole grain bread and 1% milk unless otherwise noted

Wednesday – Barbecue Ribs, Baked Potato w/sour cream, Corn, Spinach Fruit
Thursday – Ham, Sweet Potatoes, Peas, Apricots
Friday – Turkey ala King over Biscuit, Mixed Vegetables, Coleslaw, Peaches
Monday – Beef Barley Soup, Sesame Broccoli, Apricot Pineapple Compote, Apple
Tuesday – Baked Fish, Company Potatoes, Stewed Tomatoes, Orange

Guest Commentary:

Interests threatened with river release request

By Sen. John Thune

It has been a hot, dry year in South Dakota. The drought-stricken landscape and the loss of crops, hay, and pastures have made this a challenging year for farmers, ranchers, and communities across South Dakota. Even certain areas of the state that experienced excess rainfall in 2011 suffered from lower than normal rainfall this year.

The drought-induced low water levels of the Missouri mean that less water is available to be released from the Missouri River, which eventually flows into the Mississippi River in St. Louis. The trickle-down effect of diminished water flows has caused economic losses for businesses along the Mississippi due to reduced barge traffic.

I understand and appreciate the economic challenges faced by the businesses along the Mississippi River; however, some lawmakers and groups have recently issued requests for the president to make an emergency declaration that would allow the Corps to deviate from the Missouri River Master Manual.

The Corps' Master Control Manual governs the Corps' management of the Missouri River and doesn't take into consideration the impacts of barge traffic on the Mississippi River. If the president complies with this unprecedented request, precious water would be released from the Missouri River reservoirs to aid navigation on the Mississippi River.

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