SCHOOL MENUS

Menus listed below are for the week of Feb. 7-13. Menus are subject to change without notice.

Vermillion Austin & Jolley Schools and VMS BREAKFAST

Tuesday - Breakfast Pizza, Fruit, Milk Choices Wednesday - No School Thursday - Pancake Sausage Stick, Fruit, Milk Choices

Friday - Fresh Baked Cinnamon Roll, 100% Fruit Juice, Milk Choices Monday - Pancakes

w/Syrup, Fruit, Milk Choices

Vermillion Austin & Jolley Schools LUNCH

Tuesday - Soft Shell Taco or Baked Corn Dog, Marinated Black Bean Salad, Fresh Baked Chocolate Chip Cookie

Wednesday - No School Thursday - Home Style Beef Chili or Grilled Chicken Sandwich, Bread, Fresh Baked Peas. Cinnamon Roll

Friday - Hamburger or Cheeseburger or Italian Dunkers w/Marinara Sauce, Golden Corn Monday - Pancakes and Sausage or BBQ Chicken Wrap, Baked Tri-Tator Hashbrown

Vermillion Middle/HS

Tuesday - Hard or Soft Shell Taco or Baked Corn Dog, Marinated Black Bean Salad, Fresh Baked Chocolate Chip Cookie

Wednesday - No School Thursday - Home Style Beef Chili or Grilled Chicken Sandwich, Bread, Fresh Peas, Baked Cinnamon Roll

Friday - Hamburger or Cheeseburger or Italian Dunkers w/Marinara Sauce, Green Beans

Monday - Pancakes and Sausage or Buffalo Chicken Wrap or BBQ Chicken Wrap, Baked Tri-Tator Hashbrown

Elk Point/Jefferson Schools

BREAKFAST Tuesday - Breakfast

Burrito Wednesday - French Toast Sticks & Sausage Patty

Thursday - Biscuits & Gravy

Friday - Fruit & Yogurt Parfait

Monday - Eggs & Toast

Elk Point/Jefferson Schools LUNCH

Beef Tuesday Stroganoff or Fish Sandwich, Noodles, Peas & Carrots, Berries & Cream Wednesday - Chili or

Scalloped Potatoes & Ham, Green Beans, Pears, Cinnamon Roll Thursday - Pizza or

. Enchiladas, Chicken Vegetables, Catalina Pineapple, Breadsticks

Friday - Hamburger or Philly Cheese Steak Wrap, French Fries, Broccoli & Cauliflower

Monday - Chili Dogs or Chicken Sandwich, Mac & Cheese, Green Beans, Peaches

Irene-Wakonda School BREAKFAST

Breakfast includes Entreé or Choice of Cereals, Fruit or Juice, Milk Choices.

Tuesday - Breakfast Biscuit Sandwich made with a French Baked Biscuit

Wednesday- Scrambled Eggs, Tri-Tator Hasbrown Thursday - Pancakes with Syrup

Friday - n/a Monday - Yogurt Parfait

Irene-Wakonda School LUNCH

Tuesday - Soft Shell Taco or Baked Corn Dog, Whole Grain Rice, Fresh Baked Chocolate Chip Cookie

Wednesday - Home Style Beef Chili or Italian Dunkers with Marinara Sauce, Green Beans, Fresh Baked Cinnamon Roll

or Cheeseburger or Pizza,

Monday - Spaghetti with Meat Sauce or Hot Dog, Peas, Fresh Baked

LUNCH

Tuesday - Hamburgers Thursday - Goulash Friday

Monday - French Toast, Sausage Links

Annual row crop clinic to be held

The only Row Crop Clinic held in the Southeastern part of the state will be held on Feb. 14 at the Parker Community Building in Parker. The program runs from 8:30 a.m. to 3 p.m. Coffee and rolls are sponsored by Farm Credit Services and lunch is sponsored by Cargill and CENTRAL Farmers Cooperative.

There is a \$10 fee for the program and anyone interested may attend. CCA credits will be available.

The program includes Kurt Reitsma, SDSU Extension precision ag field specialist, who will discuss "Making Cents Out of Yield Monitor Data"; Chris Hay, SDSU Extension agricultural water management

specialist, who will talk about "Land Drainage and Water Management", Ron Gelderman, SDSU Extension soils specialist, who will address "Nitrogen Use Efficiciency"; Mike Moechnig, SDSU Extension weeds specialist, who will provide a "Herbicide Update"; and Connie Strunk, SDSU Extension plant pathology field specialist, discussing "Crop Disease Control".

There also will be a private applicators training in conjunction with the Row Crop Clinic in Parker on Feb. 14.

To receive pesticide applicator certification you must attend the entire afternoon session from 1-4 p.m. You also must bring along your driver's license or similar government issued photo ID card.





DAKOTA SENIOR MEALS

Served at the Main Street Center and Town Square, "Meals on Wheels." Please call before 9 a.m. to schedule or cancel a meal at 624-7868. Menus listed below are for the week of Feb. 7-13.

Menus are subject to change without notice. All menus are served with whole grain bread and 1% milk, unless otherwise noted.

Tuesday - Hamburger on Bun, Tater Tots, Baked Beans, Pears

Wednesday - Baked Chicken, Mashed Potato/Gravy, Harvard Beets, Fruit Crisp

Thursday - Pork Chop w/Mushroom Sauce, Sweet Potatoes, Green Beans, Bananas

Friday - Lasagna, French Bread, Tossed Salad, Mixed Fruit

Monday - Chicken Alfredo, Italian Vegetables, Cooked Apples, Tomato

O M P A N www.dunhamcompany.com С Elk Point, SD R

Spoon Salad

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Thursday - Hamburger Baked Beans Friday - n/a

Centerville School

Wednesday - Corndogs

Sandwiches

Cinnamon Breastick



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