

SCHOOL MENUS

School Lunch Menu's

Menus listed below are for February 13 - February 19. Menus are subject to change without notice.

Vermillion Elementary & Middle School - Lunch
 Breakfast Available everyday: Breakfast entrée or choice of cereals with toast. Fruit or Fruit Juice, Milk choices.
 Wednesday - Homestyle Fruit Muffin Square, Fruit, Milk Choices
 Thursday - Pancake Sausage Stick, Fruit, Milk Choices
 Friday - Fresh Baked Cinnamon Roll, 100% Fruit Juice, Milk Choices
 Monday - NA
 Tuesday - Breakfast Pizza, Fruit, Milk Choices

Vermillion Elementary Schools - Lunch
 Wednesday - A.
 Toasted Cheese Sandwich with Tomato Soup, B. Pizza Hut Pizza, Steamed Broccoli, Gelatin Dessert
 Thursday - A. Hot Dog, B. Teriyaki Chicken Sandwich, Baked Beans
 Friday - A. Golden Mac & Cheese W/Breadstick, B. Breaded Fish Sandwich, Green

Beans, Vanilla Pudding
 Monday - NA
 Tuesday - A. Tater Hotdish, Whole Grain Roll, B. Cheeseburger, Green Beans

Vermillion High & Middle School - Lunch
 Wednesday - A.
 Toasted Cheese & Ham Sandwich with Tomato Soup, B. Pizza Hut Pizza, C. Ham & Cheese Sandwich, Steamed Broccoli, Gelatin Dessert
 Thursday - A. Hot Dog Pasta Salad, B. Teriyaki Chicken Sandwich, C. Crispy Chicken Salad Breadstick, Baked Beans
 Friday - A. Golden Mac & Cheese w/Breadstick, B. Breaded Fish Sandwich, C. Sub Sandwich, Green Beans, Vanilla Pudding Dessert
 Monday - NA
 Tuesday - A. Tator Hotdish, Whole Grain Roll, B. Cheeseburger, C. Chef Salad, Whole Grain Roll, Green Beans

Elk Point Breakfast and Lunch
 Wednesday - Fr Toast & Sausage & Fruit-Lunch: Spaghetti with Meat Sauce or Chicken Carbonara Sauce, Cauliflower, Carrots,

Applesauce
 Thursday - Biscuits & Gravy & Fruit- Lunch: Mr. Rib or General Chicken, Rice, Stir-Fry, Catalina Vegetables, Caulif/Pea Salad, Strawberry Yogurt Cake
 Friday - Ham, Egg & Cheese Biscuit- Lunch: Burrito w/Chili & Cheese or Hamburger on a Bun, Fr. Fries, Green Beans, Peaches
 Monday - Eggs & Toast & Fruit- Lunch: Soft Taco or Chicken Fajita, Potato Oles, Salsa, Mixed Fruit
 Tuesday - Breakfast Burrito & Fruit- Lunch: Chili or Scalloped Potatoes & Ham, Green Beans, Tomato Cuke Salad, Pears, Cinn. Roll

Irene-Wakonda School - Breakfast
 Available every day: Breakfast entrée or Choice of cereals w/toast, Fruit, Milk Choices
 Wednesday - Cheese Omelet, Fruit, Milk Choices
 Thursday - Fresh Baked Cinnamon Roll, 100% Fruit Juice, Milk Choices
 Friday - NA
 Monday - Pancake Sausage Stick, Fruit, Milk Choices

Tuesday - Breakfast Pizza, Fruit, Milk Choices
Irene-Wakonda Elementary School - Lunch
 Wednesday - A.
 Spaghetti with Meat Sauce, B. Breaded Fish Sandwich, Green Beans, Caramel Apple Dessert
 Thursday - A. Sloppy Joe, B. Pizza, Baked Beans, Gelatin Dessert
 Friday - NA
 Monday - NA
 Tuesday - A. Tator Hotdish, Whole Grain Roll, B. Grilled Chicken Sandwich, Mixed Vegetables

Irene-Wakonda High & Middle School - Lunch
 Wednesday - A.
 Spaghetti with Meat Sauce, B. Breaded Fish Sandwich, C. Sub Sandwich, Green Beans, Caramel Apple Dessert
 Thursday - A. Sloppy Joe, B. Pizza, C. Deli Wrap, Baked Beans, Gelatin Dessert
 Friday - NA
 Monday - NA
 Tuesday - A. Tator Hotdish, Whole Grain Roll, B. Grilled Chicken Sandwich, C. Sub Sandwich, Mixed Vegetables

DIGGING

From Page 02

by hand - it'll come back - so the way we figured to do this was ... to roll out big plastic tarps on top of it and leave them there for over a year."

Sayre said work is now being done to cover the monument with other kinds of protection to keep the grass from returning.

In their trip to the site, the USD students helped in researching the invasive species.

"We were able to go down there and work for roughly a month on the field school," Sayre said.

"There were students from Stanford there, as well as from three Peruvian universities, and some people from Poland and other countries.

"It was really quite a large project, with over 50 students, professional excavators and probably 30 local contract laborers, who were predominantly local farmers," he said.

He hopes that a group of USD students now can return each summer through a collaborative effort with Stanford and the Peruvian schools.

"A field school was quite different for many of them because it's an example of moving away from just learning in lecture to learning

by applied activity," he said. "So, people were not just reading the textbook and learning how to document artifacts, but they're also taking photographs and running them through photogramic software and creating 3D models of what we've excavated. ...

"For a number of students, I think it was kind of refreshing for them to learn through doing rather than through receiving information," he said.

A native of Iowa, Sayre spent much of his youth in Ohio. This is his second year at USD.

He said his path to archaeology was different from that of many in his profession.

"Most archaeologists knew from the age of six that they wanted to spend their life studying the pyramids, or digging in the dirt, or working on arrowheads," he said. "I went to college thinking I'd major in either history or biology, and found anthropology to really be an area that combined the two of them.

"Both archaeology and anthropology are very diverse in that they allow people to be both humanistic and scientific," he said.

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DAKOTA SENIOR MEALS

Dakota Senior Meals Served at The Main Street Center & Town Square, "Meals on Wheels"
 Please call before 9:00am to schedule or cancel a meal at 624-7868.
 Menus listed below are February 13- February 19. Menus are subject to change without notice. All menus are served with whole grain bread and 1% milk unless otherwise noted

Wednesday - Spaghetti with Marinara Sauce, Italian Blend Vegetables, Romaine Salad w/Boiled Eggs, Peaches, French Bread
 Thursday - Hamburger on a Bun with Lettuce and Tomato, Tater Tots, Baked Beans, Pears
 Friday - Lemon Pepper Fish, Savory Potatoes, Glazed Carrots, Pears
 Monday - NA
 Tuesday - Turkey Tetrizzini, Tossed Salad with Tomatoes, Peaches

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