VAST dominates in Sioux City

The Vermillion Area Swim Team took to the road yet again this season, this time to Sioux City for the annual Siouxland Sharks Invitational. Twenty-five VAST swimmers competed in the event over two days last weekend. All participants had incredible results.

Gabe Telleria, 8, won the overall boys' 8-andunder high point award. Telleria didn't lose an event all weekend, sweeping all ten individual events he swam. High-point awards were given out to those swimmers accumulating the most points, based on how high they placed in their individual events.

But the Tellerias were not done there. Abril Telleria, 12, won the girls' 11-12 overall highpoint award. She won the 50- and 200-yard breaststroke, and finished in the top 7 in all other eight events for the weekend.

Isabel Telleria, 10, finished a close second in the race for the girls' 9-10 overall high point. Isabel won the 200-yard backstroke, 100-yard breaststroke and 500-yard freestyle in her division.

All-together, VAST accounted for six overall high-point champions, out of a possible 12. Tally Allison, 7, won the girls' 8-and-under, high-point award. She won two events on the weekend, and only finished out of the top three in one of her ten events.

Megan Muriuki was crowned champion of the girls' 9-10 division. Although she never won an event in her division, she did finish in the top 6 in all ten of her events.

Jacob Krier swam to the boys' 15-16 high-point award. Krier had five first-place finishes out of ten, and finished the meet with seven new best times to his name.

Rounding out the high-point award winners



Pictured are (front) Gabe Tellera (boys 8 and under champ), Megan Muriuki (girls 9-10 champ), Abril Telleria (girls 11-12 champ), Tally Allison (girls 8 and under champ); and (back) Jacob Krier (boys 15-16 champ), Head Coach Mike Moran. Not pictured is Kylie Martin, girls 17-18 champ.

(Photo courtesy of Alli Allison)

for VAST was 17-year-old Kylie Martin of Dakota Dunes. Martin competed in only seven events all weekend, and won four.

Other great swims were turned in by many VAST swimmers. Nine-year-old Toria Andre dropped over 17 seconds in the 200-yard freestyle. Olivia Granaas, also 9, dropped just under 13 seconds in the 100-yard freestyle, and Anna Hackemer, 14, touched the wall 40.12 seconds

faster than her previous best time in the 500-yard freestyle.

VAST gets one weekend off from meets, but the swimmers will again get on the road in two weeks for the Mitchell Aquatic Club Invitational held in Sioux Falls. The two-day event begins on Saturday, Jan.28.

For more information about VAST, please visit our website: www.teamunify.com/sdvast.



Pelvic Transvaginal Mesh? Did you undergo transvaginal placement of mesh for pelvic organ prolapse or stress urinary incontinence between 2005 and the present time? If the patch required removal due to complications, you may be entitled to compensation. Call Johnson Law and speak with female staff members 1-800-535-5727.

1101 Announcements - Events

Al-Anon meets Monday night at 7:30 p.m. in St. Paul's Church, 10 Linden Ave. Call 605-624-4166 for information.

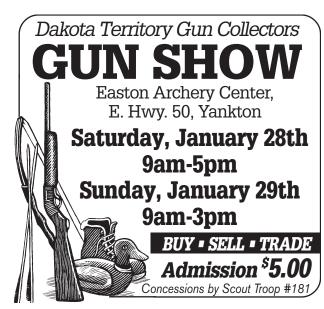
1101 Announcements - Events

11th Annual Whitetail Classic Sport Show & Antler Auction March 16-18, Dubuque Iowa. Many Vendors - 3 Day Auction. Antlers, Taxidermy, Guns More! More info www.circlemauctions.com Call Steve Morehead 563-652-9780 (MCN)

BERGEN LUTHERAN Church: "The little white church on Timber Road." Worship 9:00 a.m. Sunday School 10:15 a.m. Pastor Ralph Egbert

Blessed Teresa of Calcutta Catholic Church, 995 N. Sioux Point Road, Dakota Dunes, SD. Weekend Masses: Saturday, 4:30 p.m.; Sunday, 9:30 a.m. and 5:30 p.m.









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