SCHOOL MENUS

Menus listed below are for January 2 – January 8. Menus are subject to change without notice.

Vermillion Elementary & Middle School

Breakfast Available everyday: Breakfast entrée or choice of cereals with toast. Fruit or Fruit Juice, Milk choices.

Wednesday – NA Thursday – NA Friday – NA Monday - Pancakes w/Syrup, Fruit, Milk Choices Tuesdav – Breakfast Pizza, Fruit, Milk Choices

Vermillion Elementary Schools – Lunch Wednesday - NA Thursday-NA Friday – NA Mondav – A. Pizza Hut Pizza, B. Grilled Chicken Sandwich, Golden Corn, Fruit Fluff Dessert Tuesday – A. Breaded Pork Patty, Whole Grain Roll, B. Baked Chicken Nuggets, Whole Grain Roll, Mashed Potatoes & Gravy, Smores Pudding Dessert

Vermillion High & Middle School – Lunch Wednesday – NA Thursday – NA Friday – NA Monday – A. Pizza Hut Pizza, B. Grilled Chicken Sandwich, C. Ham &

Cheese Sandwich, Golden Corn, Fruit Fluff Dessert Tuesday – A. Breaded Pork Patty, Whole Grain Roll, B. Baked Chicken Nuggets, Whole Grain Roll, C. Chef Salad, Whole Grain Roll, Mashed Potatoes and Gravy, Smores Pudding Dessert

Elk Point Breakfast and

Lunch Wednesday-NA Thursday – NA Friday-NA Monday - Eggs & Toast & Fruit- Lunch: Chicken Nuggets or BBQ Meatballs, M. Potatoes & Gravy, Broccoli, Mand. Oranges Tuesday – Breakfast Burrito & Fruit- Lunch: Fish Taco or Beef

Stroganoff, Noodles, Green Beans, Carrots, Strawberry Shortcake

Irene-Wakonda School -

Breakfast Available every day: Breakfast entrée or Choice of cereals w/toast, Fruit, Milk Choices

Wednesday – NA Thursday - Homestyle Sausage Gravy over Fresh Baked Biscuit, Fruit, Milk Choices Friday – Fresh Baked

Cinnamon Roll, 100% Fruit Juice, Milk Choices Monday – Breakfast Pizza, Fruit, Milk Choices Tuesday – Fresh Baked Fruit Muffin Square, Fruit, Milk Choices

Irene-Wakonda Elementary School – Lunch

Wednesday - NA Thursday – A. Homestyle Cavatini, Breadstick, B. Baked Crispy Chicken Sandwich, Green Beans, Lemon Fluff Dessert Friday – A. Beef & Bean Burrito, B. Pizza, Peas Monday – A. Soft Shell Tacos, B. Grilled Chicken Sandwich, Black Beans, Chocolate Pudding Tuesday – A. Homestyle Beef Chili, Cinnamon Roll, B. Baked Corn Dog,

Steamed Broccoli

Irene-Wakonda High & Middle School – Lunch

Wednesday - NA Thursday – A. Homestyle Cavatini Breadstick, B. Baked Crispy or Spicy Chicken Sandwich, C. Sub Sandwich, Green Beans, Lemon Fluff Dessert

Friday – A. Beef & Bean Burrito, B. Pizza, C. Deli Wrap, Peas

Monday – A. Soft Shell Tacos, B. Grilled Chicken Sandwich, C. Sub Sandwich, Black Beans, Chocolate Pudding

Tuesday – A. Homestyle Beef Chili. Cinnamon Roll, B. Baked Corn Dog, C. Oriental Salad, Whole Grain Roll, Steamed Broccoli

One in a *Wer* Million Meet the people of Faith Fellowship of the Open Bible Church

BY DAVID LIAS

david.lias@plaintalk.net

It's difficult to single out any one person when it comes to the Baby Closet started three years ago by the congregation of Faith Fellowship of the Open Bible Church.

"As a church, we were helping people spiritually, but we really wanted to find a way to help people's physical needs, too," said Pastor Tony Armbrust. "We have a lot of young kids (in the congregation) and there are a lot of other areas where people can get help, but in the area of things like diapers and clothing, that can be a big need.

"We determined that the Baby Closet is a way to help people with physical needs, and that can open the door to helping with spiritual needs, too," he said.

Tony said the church's Baby Closet is a place where families can come to get one pack of diapers and wet wipes each

month. Other items, such as clothing, shoes, socks, and other baby-related things are available thanks to donations from families in the community.

Tony said everyone in the community is welcome to help out the Baby Closet. The "diaper ministry," as he calls it, has been supported financially by the Faith Fellowship congregation these past three years, allowing families with infants and toddlers to receive 30 to 40 packs of diapers each month.

This ministry has been a great opportunity to help meet the needs of citizens in a practical way and we have heard how often it has blessed those who are able to use it," Tony said. "We have also had many opportunities to connect families in need with other resources and groups in our community."

There are many ways the community may get involved in the church's effort to make sure the

needs of families with young children are met, he said.

"I guess I would ask people and even local businesses if there is any way they would be willing to help out, such as volunteering, holding a diaper drive, making a financial donation, etc., we would love to work with you," Tony said. People or businesses

that wish to make financial donations may write checks to the Baby Closet, as the church has established an account to be used only for the purchase of diapers and wet wipes. All donations are tax deductible and donors will receive a financial giving record from the church.

"We also invite people to spread the word to others who may be interested in helping or who have the need of help," Tony said.

People seeking more information may reach Tony at 624-2921, or 624-4116.

"We really, really love

being able to help people and build relationships," he said.

The Baby Closet is open at the church on the second Saturday of each month. It is also open by appointment for those who call the church.

DAKOTA SENIOR MEALS

Dakota Senior Meals Served at The Main Street Center &

Town Square, "Meals on Wheels'

Please call before 9:00am to schedule or cancel a meal at 624-7868.

Menus listed below are January 2 – January 8. Menus are subject to change without notice. All menus are served with whole grain bread and 1% milk unless otherwise noted

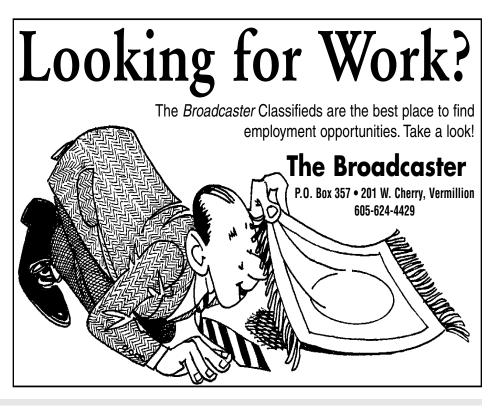
Wednesday - Baked Chicken, Mashed Potatoes and Gravy, Baked Squash, Fruit Thursday – Beef

Stroganoff, Carrots, Beet Salad, Tropical Fruit

Friday – Chicken Noodle Soup with Vegetables, Pudding with Fruit, Garlic Bread

Monday - Ham, Sweet Potato, Peas, Apricots

Tuesday – Turkey Ala King over Biscuit, Mixed Vegetables, Coleslaw, Peaches



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