

Prevent food-borne illness at summer gatherings

Food safety basics can keep food poisoning from spoiling summer picnics and cookouts, says a state health official.

"Hot weather is a food safety challenge because bacteria in food multiply faster anytime the temperature is above 40 degrees," said Clark Hepper, health protection administrator for the Department of Health.

Hepper recommended the following steps for cooking outdoor meals:

- Start with hand-washing. Use moist disposable towelettes if soap and water aren't available.

- Keep raw foods separate from cooked foods. If a plate held raw meat, don't use it again without first washing it in hot, soapy water.

- Marinate foods in the refrigerator, not on the counter or outdoors, and don't reuse marinade. For use as a sauce, set some aside before adding food.

- Use a food thermometer to make sure food is cooked thoroughly. Cook hamburgers to 160 degrees and chicken to at least 165 degrees.

- Keep hot food hot (140 degrees or above) and cold food cold (40 degrees or below).

- Refrigerate or freeze leftover food promptly. Don't let perishable foods sit out longer than two hours; no more than one if temperatures are above 90 degrees.

Food-borne illnesses often go unreported so the actual number of cases is likely higher than what's reported. In 2011, South Dakota reported nearly 500 cases of the food-borne illnesses E. coli, Salmonella, and Campylobacter.

To date in 2012, more than 200 cases of such illnesses have been reported, as well as nearly 100 cases of clostridium perfringens associated with improperly cooked and stored meat at a special event. These diseases can also be spread directly by farm animals and their manure.

Symptoms of food-borne illness can include mild or severe diarrhea, fever, vomiting and abdominal pain. Some people may need fluids to prevent dehydration but most will recover at home without medication.

Learn more on the department site, <http://doh.sd.gov/HealthProtection/>, or the FDA site at <http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm094562.htm>.

St. Paul Church kicks off sesquicentennial year

St. Paul Lutheran Church, located approximately 12 miles east of Vermillion at 31903 475th Ave., will kick off the year leading up to its Sesquicentennial Celebration during the worship service at 10:30 a.m. Sunday, July 8. This service also will celebrate the 90th anniversary of the dedication of the current St. Paul Church building and its pipe organ.

The service will be conducted by the Rev. Tim Thies, interim pastor of St. Paul, and will include portions of the dedication service conducted on July 9, 1922.

A luncheon featuring homemade breads, a meat and cheese tray, a variety of salads and homemade pie and ice cream will follow the service.

Theme for the Sesquicentennial Celebration is "Forward in Faith." The Bible verse selected for the celebration is Psalm 122:1, "I was glad when they said to me, 'Let us go to the House of the Lord!'"

The 150th anniversary celebration is scheduled for July 20 and 21, 2013.

A souvenir ornament commemorating the sesquicentennial features the exterior of St. Paul Church. The ornament is available for purchase at the church or by sending a letter to the 150th Anniversary Committee, c/o St. Paul Lutheran Church, P.O. Box 370, Elk Point, SD 57025. The cost is \$12 each plus postage.

Dr. H.G. Stub of Minneapolis, MN, president of the Norwegian Lutheran Church of America, officiated at the dedication service in July 1922. He was assisted by the Rev. N. Boe, of Sioux

Falls, district president. The Rev. A.J. Bergsaker was the pastor of St. Paul Church at that time. Professor Henrik Gunnersen of Minneapolis presented a pipe organ concert during the three-day celebration of the dedication of both

the church and the organ. The cost of the church was \$85,000; the cost of the organ was \$5,000. St. Paul Church, the first Lutheran church in the Dakota Territory, was organized in August of 1863.

Vermillion Reds sweep Lennox Saturday

By Parker Knox
Sportswriter

The Vermillion Reds, the younger of the two Teener teams, closed its home schedule at Prentis Park with a doubleheader sweep of Lennox Saturday.

Vermillion dominated the first game, closing it down with a four-run fifth inning that gave them an 11-1 win via the 10-run mercy rule. It was decided to play two more innings as another game, and the Reds also won that one, 2-0.

Brett Hanson pitched all five innings of the opener. After escaping a bases-loaded situation in the first inning, he was never in trouble once his team gave

him a big lead. Hanson picked a pair of runners off base, catcher Brandon Mockler picked another off third, and shortstop Carter Kratz contributed with a snare of a line drive that he turned into a double play.

On offense Hunter Christopherson and Joe Miller reached base all four times they batted. Christopherson had three hits and two RBIs while Miller and Riley Peters each had two hits with one RBI.

In the abbreviated second game Billy Mount drove in a run with a single, and Hanson, who had the other Reds hit, scored the second run scored on a catcher's throwing error.

The Reds have a return date at Lennox on Monday at 6:30 p.m.

Avera sponsors Hebda Family Produce fundraiser

The Avera Sacred Heart Foundation will be sponsoring Hebda Family Produce, Homemade Goods & Specialty Items Fundraiser.

They will be selling fresh produce the second

and fourth Thursday each month from 3-6 p.m. in the Avera Sacred Heart Hospital Pavilion Atrium.

Partial funds raised from this event will go to the Dialysis Department to assist dialysis patients

with cost of transportation to their appointments at Avera Sacred Heart Hospital.

If you have any questions, contact the Avera Sacred Heart Foundation at (605) 668-8310.

Real Estate & Personal Property

at **Auction** Tuesday, July 10th 6:00 pm

Located: **216 E. Main Street, Irene, SD (Hwy 46)**
Personal property to follow right after the sale of the home.



LEGAL: Blk 1 Lot 8 - Nelson Addition, Town of Irene, Turner County, SD. Taxes are \$882.72

Floor plan of this 2-story 1,680 sq ft. home has main level consisting of kitchen with cabinets; living room & dining room with ceiling fans; 2 bedrooms w/closets, a hall linen closet and a bathroom w/walk-in shower. Upstairs has 3 bedrooms all with closets and a storage room. Front of the home has a large 3-seasons porch. A Roper electric stove, Frigidaire refrigerator, washer & dryer, chest freezer, AO. Smith Electric water heater all is included with the property. Fuel oil furnace is located in the large 1,120 sq. ft. basement along with a shower & sink. Basement offers plenty of room for additional storage or a work area. This home has carpet mainly throughout, but is adorned with partial hardwood floors on the main level along with beautiful original woodwork around doors and trim.

Outside of home has vinyl siding and new shingles two years ago. A large 18'x32' garage sits on this 90'x159' lot and offers plenty of room for pets and a garden. This home sits on Main Street Irene directly across the street from Calvary Lutheran Church. It is just a few short blocks from the High School, 2 parks, community center, gas stations, eateries & more! Come to the open house to see what this home has to offer! If you cannot make the open house, contact Mike Girard at 605-661-7167 to schedule a viewing.

TERMS: \$5,000 nonrefundable down payment due day of auction with balance due on closing day of August 10, 2012. Possession on closing. Taxes prorated to day of closing. Title insurance and closing costs will be split 50/50 between buyer & seller. John Blackburn, Attorney is the closing agent. Auctioneers are acting as agents to the seller.

FURNITURE: 2 bedroom sets, bed, dinette table & chairs; RCA console tv; couch; desk & chair; porch swing; patio set; steel cabinet; racks; sm safe; window air condition; pots; pans; dishes; elec appliances; coolers; nic nacs; humidifier; stool, lamp table; hall tree; folding chairs; luggage; games; Casio keyboard; Tupperware; vacuums; fans; lamps; radios; luggage; Xmas décor; garden tools; extension & step ladders; type writer;

ANTIQUES & COLLECTIBLES: Neighbor Lady cookbooks (1949 to 1968); Valley View Adv pc; cookbooks; oak dining chairs; rug beater; thrashers pot; stem ware; old books; records; toys; Irene Centennial picture; 2 Radio Flyer coaster wagons; sewing basket; Polaroid's; croquet set; many items too numerous to mention

Terms on PP: Cash or good check. Not responsible for accidents

Mildred Devine, Owner



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