

## USD Cross Country announces schedule

Trips to rivals North Dakota State and South Dakota State, a Dakota Days open race, and an early look at the Midwest Regional course in Peoria, IL, highlight the 2014 cross country schedule released today by head coach Dan Fitzsimmons.

Returning for the Coyote men are All-Summit League runners Mubarik Musa (2nd, 2013) and Brant Haase (7th, 2013). On the women's side, the Coyotes will look to the leadership of juniors Amber Eichkorn, Kate Kaster and Katie Wetzstein.

The trio were among the University of South Dakota's top 5 a year ago, each placing in the top-20 at the Summit League Championships. Both programs will rely on a strong contingent of freshman to step up as they combined to lose nine seniors from a year ago.

The season begins with a trip north on I-29 to Fargo on Aug. 29 for the NDSU Bison Invitational. The meet will be scored as a triple dual against North Dakota State, North Dakota and South Dakota State. The following weekend on Sept. 5 the Coyotes will run after dark in the Augustana Twilight Invitational.

After a two-week hiatus, USD will race four consecutive weekends. The teams will race at the Roy Griak Invitational on Sept. 27 and the SDSU Classic on Oct. 4.

On Oct. 10, the Friday of Dakota Days, the men's and women's teams will run in the Charlie's Dakota Days 5k Open against alumni, fans and area runners. The meet will be used as a fundraiser for South Dakota's cross country and track & field programs.

On Oct. 17 the Coyotes will take an early look at the regional course when they compete in Bradley's "Pink" Classic.

North Dakota State will host the Summit League Championships in Fargo on Nov. 1. South Dakota will look to improve on its performance from a year ago, where the Coyotes had six All-Summit League performers while finishing second on the men's side and third on the women's.

USD will return to Peoria, IL, on Nov. 14 for the NCAA Midwest Regionals. Should either the men or women finish in the top three at that meet or receive a wildcard bid, they would advance to the NCAA National Championships held in Terre Haute, IN, on Nov. 22.

## FLAMEZ ARE CHAMPS



The Vermillion Flamez U12 softball team were crowned SESD Leagues champions in their age group following tournament play on Friday, June 27, Saturday, June 28, and Sunday June 29 in Vermillion. Team members are (front) Emily Stockwell, (second row) Kennedy Goblirsch, Taylor Tarr, Emma Brinkman, and Payten Halverson, and (back) Sherry Stockwell, Bizzy Wood, Kailee Brinkman, Abby Burbach, Brooke Assmus, Alisha Leber and Todd Halverson. Not pictured are Kelly Mulheron and Taryn Whisler. On Friday, the Flamez defeated Canton - Eich, and were victorious 10-1. Later that day, Vermillion played Canton - Jacobs, and won again by a score of 10-0. In Saturday action, the Flamez overpowered Alcester 18-0, and also faced Elk Point-Jefferson, winning that game 7-0. In Sunday's championship game, the Vermillion Flamez won the crown by defeating Elk Point-Jefferson 17-5.

(Photo by Cindy Johnson Brown)

## Upward receives Coach of the Year honor

SIOUX FALLS - The National High School Athletic Coaches Association has named the 2014 NHSACA Coach of the Year winners. To be considered for this award a nominee has been determined to have outstanding coaching longevity and win-loss record, championship years, awards received and service to the coaching profession and to the athletes of the state of South Dakota.

The 2014 Coach of the Year winners from South Dakota were Steve Keszler of Sturgis Brown High School, Wrestling Coach of the Year; Mark Upward of Vermillion High School, Special Sports-Gymnastics Coach of the Year and Mary Ellen Luikens of Scotland High School, Assistant Coach of the Year in Girls' Sports.

They were honored at the National Awards Banquet held at the NHSACA 49th Annual

Meeting/Seminar in Jackson, WY, on Wednesday, June 18. This annual event is attended by athletic directors and coaches in 19 sports from throughout the United States.

Other finalists from South Dakota were: Kim Nelson, Sioux Falls Roosevelt High School in the sport of football; Paul Hendry, Rapid City Stevens High School in the sport of girls' track & field; Phil Bjorneberg, Parker High School in the sport of boys' cross country; Phil Hunt, Rapid City Stevens in the sport of golf; Don Barnes, Sioux Falls O'Gorman in the sport of tennis; Dan Mitchell, Yankton High School assistant in boys' sports and Bill Clements, Dakota Valley High School Athletic Director.

Also inducted into the 2014 NHSACA Hall of Fame were Rod Garrison of Parker and Jim Haar of Rapid City.

## Kritenbrink returns from Team USA experience

Like many Americans, USD senior outside hitter Kendall Kritenbrink has worn red, white and blue over the past few weeks. But unlike her peers, she wore the colors on a Team USA uniform.

Kritenbrink was one of 36 athletes invited by USA Volleyball to practice and compete as a member of the U.S. Collegiate Team from June 22-30 in Minneapolis. The athletes participated in a training camp, which doubled as a second tryout for the U.S. National Team, at the University of Minnesota. They were then split into teams of 12 to compete against each other during the U.S. Junior National Volleyball Championships.

"The practices, games and even conversations were so intense," Kritenbrink said. "I have never been a part of anything like it before. Wearing a USA jersey with my name on the back was

such an honor. There was a higher expectation of you with USA written on the jersey and I won't ever forget that feeling."

With only 36 players being evaluated compared to 248 during the first tryout in February, Team USA coaches were freed up to give more one-on-one instruction. That gave coaches more time to evaluate Kritenbrink on her game.

"They would pull you aside and give you some tips about different skills," said Kritenbrink. "One skill they worked with me on was my serve. They tried a few different techniques throughout the week. They also focused on my transitioning and approach when attacking because I was a little early at times, causing my attack to not be as aggressive as possible."

After the camp's conclusion, Kritenbrink

was placed on Team Red. Most of her teammates were All-Americans, national championship game participants or had NCAA Tournament appearances. She said each player on the team had interesting stories, but her teammates were intrigued by hers.

"Everyone made South Dakota out to be some foreign country that they had never heard of. I am pretty sure my team believes that I drive a tractor," Kritenbrink said.

Outside of practices, Kritenbrink spent time exploring campus, making trips to a nearby Walgreens for snacks and getting to know teammates. The coaches also took the team to the Mall of America on a day off from competition. Those times helped build some of the best parts of her trip.

"The most memorable part of the trip was building the friendships

with all of my teammates," said Kritenbrink. "I can honestly say that I will keep in contact with all of those girls and my coaches. I can't wait to follow everyone throughout the fall and see their successes."

Those times transitioned to some success on the court. Red went 2-2 during the tournament, beating White both times and losing to Blue in the championship. Kritenbrink was pleased with her performance and felt like she was playing with girls she had known forever. She also had a great time interacting with the fans at the matches.

Kritenbrink ranks second on USD's all-time kills list with 1,426 kills and is 25 away from setting the school record. She and the Coyotes will begin the 2014 season on Aug. 29 against Arizona at a tournament in Green Bay, WI.

## CHURCH SCHEDULES

**BERGEN LUTHERAN Church:** "The little white church on Timber Road." Worship 9:00 a.m. Sunday School 10:15 a.m.

**Blessed Teresa of Calcutta Catholic Church,** 995 N. Sioux Point Road, Dakota Dunes, SD. Weekend Masses: Saturday, 4:30 p.m.; Sunday, 9:30 a.m. and 5:30 p.m.

**BRULE Creek Lutheran Church,** Elk Point, SD: Worship Service 11:00am, Sunday School 9:45am to 10:45am.

**CHRIST OUR SAVIOR** Wisconsin Evangelical Lutheran Synod: Worship Sunday 6:00 p.m., Bible Study Tuesday, 9:00 p.m., Neuharth Center, 624-5398 or 1-800-998-1234

**CHURCH OF CHRIST,** 102 Prosp: Sunday Worship 10:00 a.m.; Bible Study 9:00 a.m.; Bible Study 12:00 noon; Wednesday Night Classes, 7:00 p.m.

**Concordia Lutheran Church (LC-MS)** 7 South University Street, Vermillion. Divine Service - Sunday, 10:30 a.m.; Sunday School - Sunday, 9:00 a.m. Pastor Samuel Needham. Contact us at (605) 624-3459 or at lcmsvermillion.org

**CORNERSTONE CHURCH:** *A Place To Grow:* Located at the corner of Crawford & Cherry St. Celebration Service: Sunday during the School year 9:00am and 10:30am (subject to change during holidays) in the summer Sunday 10 AM. Check us out at cornerstonesd.org or call (624-8809) for further information.

**DALESBURG BAPTIST Church** 30503 466th Ave., Beresford, Pastor Darren Regehr. 9:45am, Sunday School; 11:00am, Morning Worship; Mid-week Services Wednesdays, 7:00pm. (605)253-2622.

**Dalesburg Lutheran Church:** 12 miles North of Vermillion on University Road. Worship Services 9:15 a.m. Sunday School 10:45 a.m. Website: www.dalesburglutheran.org

**Elk Point Baptist Church.** Sunday worship at 11:00am, Tuesday evening Bible study at 7:00pm. 101 North Green St., Elk Point, SD 57069. (605)222-1981

**FAITH FELLOWSHIP** of the Open Bible on Bypass 50 and Highway 19: Sunday Celebration 10:30 a.m. Pastor Tony Armbrust, 624-2921.

**FAITH LUTHERAN CHURCH:** 401 Main Street, Makell, NE. Worship: 9am. Communion: 1st and 3rd Sundays. (605)658-0240 (home) (402)-692-3323 (church).

**Faith United Lutheran Church,** ELCA, 44874 303rd St/Po Box 168, Volin, SD 57072, (605)267-2277. Sunday Worship: 9:30am with Holy Communion the 1st & 4th Sundays. WOW Wednesday program beginning at 6:30pm for all children 3 yrs old - 7th grade, and confirmation classes for those in grades 8th & 9th.

**The United Church of Christ Congregational,** Highway 12 Newcastle, NE. Worship: 7:00 p.m. Saturday. Pastor Gary Kimm. Come join us!

**FIRST BAPTIST Church** Elmer "Sandy" Aakre, Pastor 624-6391 home, 624-4658 church. Time: 9:15 Sunday School, 10:30 Worship. Sunday Choir Practice, 11:50 a.m.

**GAYVILLE LUTHERAN Church:** Sunday School 9:15 a.m., Worship 10:30 a.m.

**GOSPEL CHAPEL Church,** 708 Jessie St./Highway 12, Newcastle, NE. Sunday School, 9:30 a.m.; Sunday worship 10:30 a.m.; AWANA Wednesday at 7 p.m., 402-355-2305. Pastor Chuck Myers, 402-355-1335.

**GRACE BAPTIST Church,** SBC, Pastor Steve Ford, 1102 E. Main. Phone 624-4949. Adult's and Children's Sunday School 9:30 a.m. Sunday Worship 10:45 a.m. Prayer Meeting Wednesday Night 7 p.m.

**HILLSIDE COMMUNITY CHURCH** 1800 Constance Dr. Worship Sept.-May 10:30a.m. AWANA Small groups; 9-10:15 Worship May-August 10a.m., 605-624-4862, www.hillside-cc.com Like us on Facebook!

**IMMANUEL Lutheran Church,** Elk Point, SD: Worship Service 9:00 a.m., Sunday School 10:00 a.m.

**KOMSTAD COVENANT Church,** Rural Beresford and Centerville, SD: Matt Styles, Pastor. 18 miles north on University Road. Phone 563-2402. Sunday School 10 a.m., Worship Service 11 a.m.

**PLEASANT VALLEY Lutheran Church,** Rural Vermillion: Sunday School 9:45 a.m., Worship Service 10:30 a.m., Holy Communion First Sunday of every month. All welcome.

**PROVIDENCE REFORMED Church,** 830 Madison: Sunday School 9:30 a.m., Sunday Worship 10:30 a.m. "We Welcome You To Historic Protestant Worship And Fellowship."

**St Paul Lutheran Church,** 31903 475th Ave, Elk Point, SD 57025, Pastor David Bentz. 10:30 am, Sunday

**ST. AGNES Church,** 416 Walker St., Fr. John Fischer: St. Agnes Church and Parish Office, tele. 624-4478. St. Agnes Rectory, 505 Catalina, tele. 624-1995. Mass schedule: 5 p.m. Saturday, 8:00 a.m. and 10:30a.m. Sunday, Weekday Masses - consult weekly bulletin; Sacrament of Penance, Saturday 4-4:45p.m.

**ST. PAUL'S Episcopal Church,** corner of Main and Linden. Sunday: nursery available. 10:00 a.m. Holy Eucharist. 11:00 a.m. coffee hour. Call 624-3379 for more info.

**The Luther Center at USD:** Life at the corner of campus and faith. Located at Cherry & Plum Streets, Vermillion. We worship weekly on Wednesday evenings at 8:30pm and host service and fellowship events throughout the year. Visit us online at www.luthercenter.org or find us on facebook!

**Sunday evening Experience** at ONE HOUR is comprised of two primary elements: powerful worship and a life-changing message. Worship at ONE HOUR is led by a talented live band in a style that is consistent with today's culture and a relevant teaching message from LifeChurch.tv's senior pastor, Craig Groeschel, via video broadcast. The worship is intense and the teaching is challenging but the environment will be relaxed and casual. ONE HOUR on the USD Campus at the MUC, 6:30pm Sundays! www.one-hour.org

**The Vermillion First United Methodist Church,** a welcome place reaching out to all God's people. Located at 16 N. Dakota St. Adult Sunday School 9am; Sunday Worship 10:25am; Children's Church after Children's Sermon (PreK-5). Welcome Table-serving free meal Mondays 5:30-7pm. Youth Group with Meal (Gr. 6-8) Wednesdays 5:30-7pm. High School Youth Group 7pm. Adult Choir Rehearsal 7pm. Praise Band rehearsal 8pm. Friday Morning Book Study and Breakfast 6:45am. Call (605)624-2179 for more info. Pastor Rick Pit-tenger.

**Trinity Lutheran Church, 816 E Clark St, Vermillion** Worship Times: Wednesday evening: 6:15 PM and Sunday morning: 10:00 AM Radio broadcast: Sunday morning at 10 AM on KVTK Radio, AM 1570 Holy Communion celebrated monthly. Pastor Trisha Boese and Intern Pastor Jason Clifton www.trinityvermillion.org Facebook: Trinity Lutheran - Vermillion, SD (605)624-4442.

**Unitarian Universalist "The Uncommon Denomination."** Services are the first and third Sunday of each month at 7 p.m. in the basement of the United Church of Christ, 226 E. Main. Child care services and refreshments provided. All welcome. Info: www.unitarianvermillion.blogspot.com

**UNITED CHURCH OF CHRIST CONGREGATIONAL,** 226 E. Main St., Pastor Steve Miller. 10:30a.m. Worship Service. *No Longer Strangers* www.uccvermillion.org

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