

# Golden Coyote introduces man-to-man contact skills

**By Spc. Manda Walters**

129th Mobile Public Affairs Detachment

Twenty-four U.S. Navy and Army personnel hit the mats during a Modern Army Combatives Program introduction class at South Dakota National Guard's Range Road armory in Rapid City June 12.

The class, part of the 2012 Golden Coyote exercise, a premier training venue for National Guard, Reserve and active-duty military, is a refresher for Soldiers who require annual training in the React to Man-to-Man Contact warrior task. However for the Navy hospitalists, many are seeing and practicing these drills for the first time.

"This type of training is not readily available to Navy medical personnel,"

said Navy Lt. Markel Zatarain, of San Antonio, TX, an environmental health officer with Expeditionary Medical Facility Dallas, Detachment N, Medical Service Corp. "This training could make the difference between preservation of self and troops when deployed or mobilized."

The training, based upon the Army Combatives Field Manual, is a program adapted from Brazilian Jiu-Jitsu. The course is made up of three main moves or drills that prepare service members to face an unarmed threatening adversary with the goal of gaining dominant body position and ending the conflict.

"If you are on the battlefield and someone knocks you down, these moves will get you out and on top of

the situation," said Sgt. 1st Class Mike Huitema, state combatives instructor and 3rd degree Jiu-Jitsu brown belt. "The technique lends itself to maintaining the Warrior Ethos to place the mission first, never accept defeat and never quit or leave a fallen comrade."

Huitema said the instructors keep their skills sharp by training themselves year round, making them better qualified and trained to pass on these techniques and ethos to participants.

Throughout the four-hour class, lead instructor and SDNG's Joint Force Headquarter's mobilization planner, Maj. Greg Darlow, demonstrates the Escape the Mount Arm Trap and Roll (Drill 1), Escape the Mount Shrimp to

Guard (Drill 2), and Perform the Arm Push and Roll the Mount (Drill 3) in slow, step-by-step fashion while providing verbal instruction.

"It's like cooking," said Darlow. "You really have to see the move to know what it is about. Once you see the mount arm trap and roll move, you know what it means and seeing the demonstration makes it easier to try it on your own."

Zatarain appreciates Darlow's teaching style.

"Darlow and the other instructors assist each group without judgment and give only encouragement. This really makes it a positive learning environment," said Zatarain.

"By the end of the four-hour block, they will be using techniques they

learned to try to submit their opponent rather than just muscle them," said Darlow.

Darlow says this is gratifying because in his daily work he prepares units for mobilizations abroad and he recognizes the importance of making sure service members prepare for whatever conflicts may arise during deployment.

"I get to see what it does for them on an individual basis and how it helps them get ready to mobilize," said Darlow.

There are 18 iterations of the Modern Army Combatives Program introduction class. The course trains more than 400 service members during the Golden Coyote training exercise.

# Mount Rushmore ceremony casts light on future leaders

**By 1st Lt. Aaron Gatzke**

196th Regiment (Regional Training Institute)

One hundred and nineteen officer candidates journeyed to Mount Rushmore National Memorial Friday, June 15, to observe the evening lighting ceremony and to celebrate successfully completing the first phase of their training to become second lieutenants.

This class of officer candidates has just completed two weeks of intense leadership training at Fort Meade as part of the 196th Regiment, Regional Training Institute's Officer Candidate School. Candidates from 17 states and Guam completed their End of Phase ceremony just hours before and have been granted a brief respite before moving on.

"These candidates have all affected each other in a positive way," said Command Sgt. Maj. Russel Young, OCS Battalion, 196th RTI. "Each one will take away valuable knowledge to their next phase."

Saturday, the candidates will part ways; some will travel home to complete phase two as traditional candidates, which means one weekend a month. The majority will continue full-time for another six weeks to complete the course this summer.

Candidates were able to attend the evening lighting ceremony, many for the first time. The ceremony was hosted by park staff, and included a history of the presidents featured on the monument. The ceremony also brought an unexpected surprise for seven of the candidates – the opportunity to "retire the colors."

"It was totally unexpected," said officer candidate Alessandra Jacobsen, Utah Army National Guard of Salt Lake City. "They just came right up to us and asked if we wanted to help."

Jacobsen was assisted by six

other candidates in taking down the flag: Justin Ollerich, Sioux Falls, Marc Sternin, Azusa, CA, Jeffery Conley, Hurricane, WV, Jennifer Henderson, Spokane, WA, Preston Miller, Puyallup, WA, and Leslie Kingery of Denver, member of the Wyoming ARNG.

Candidates will spend Saturday performing administrative functions and getting ready for the next phase. Candidates who have completed phase-one training elsewhere will join them, returning to regular training schedule on the June 17.

So far, the candidates have been tested by land navigation, academics and a five-mile road march, all while assigned leadership duties during those challenges. Not all of the candidates that started have completed phase one, reflecting the demanding nature of the course.

The candidates have been training around the clock since their arrival, making the down time at Mount Rushmore valuable. They have not been allowed to have any contact with their family, aside from mail candidates were allowed to retrieve their cell phones from the "contraband" locker Thursday night to begin charging batteries. Many candidates did their best to completely drain batteries calling loved ones they had not spoken to for two weeks.

The End of Phase ceremony also brought a change in leadership for the second phase. OCS Battalion Commander, Lt. Col. Mark Harder, will transfer authority to the incoming commander, Lt. Col. Robert Bjornson, Alabama Army National Guard, for the next two weeks. Command Sgt. Maj. Russel Young will be replaced by Command Sgt. Maj. Patrick Couser at the OCS Battalion.

KPI-JCI and Astec Mobile Screens is pleased to announce the continuation of its summer internship programs.

This year's interns – Daniel Filsinger of Clearwater, NE, Cady Millage of Fordyce, NE, and Paul Melino of Sioux Falls – are the recipients of the internship, which was instituted last summer, said Lisa Carson, marketing manager for KPI-JCI and Astec Mobile Screens. The internship program is designed to give outstanding students a chance to hone skills learned in the classroom and apply them in a real-world business setting. Carson plans to develop the internship program as an ongoing strategy to recruit the best and brightest marketing students to KPI-JCI and Astec Mobile Screens.

"I am very excited about continuing the internship program," Carson said. "After the success of last year's interns,

I am confident we will be able to build upon the foundation we've set and continue benefitting from the talent of the students; and more importantly, build upon their professional experience and skills."

Filsinger, a return intern from last summer, is a senior at Mount Marty College (MMC) in Yankton and is pursuing a dual degree in graphic design and media arts and business administration. He is involved in numerous extracurricular activities and serves as president of the MMC Student Government Association. His background in business will be used to create market share reports and research opportunities for prospective buyers. Filsinger's design skills will also be put to use through the development of new materials for dealer support.

"I am excited to return to

KPI-JCI and Astec Mobile Screens. I truly enjoyed last summer and grew as a designer and a business professional," Filsinger said.

Millage is a senior at Dordt College in Sioux Center and will graduate December 2012. She is majoring in digital media productions, with an interest in marketing.

After graduation, Millage plans to search for a career in the marketing field. Her background in video production will be utilized to expand the marketing department's viral traffic, particularly for The Road Connection, a year-long campaign to improve the nation's infrastructure.

"I look forward to learning everything possible from the internship with the Marketing department. At the same time, my hope is that my digital media background will add

something valuable to the team," she said.

Melino will be entering into his last year at Southeast Technical Institute in Sioux Falls. After the completion of the year, he will receive his associates degree in computer aided design. Melino heard about the internship through Southeast Technical Institute's Engineering Chairman, Lloyd Lunde. He will be aiding the engineering department by updating and drafting designs.

The internship program will run through the summer and conclude in August. Applications for the 2013 internship program will be due spring 2013. Please e-mail Lisa Carson for more details regarding the internship program. For more information on KPI-JCI and Astec Mobile Screens, visit www.kpijci.com.

# National Park Service programs planned for this weekend

Missouri National Recreational River, Southeast South Dakota's and Northeast Nebraska's hometown national park, will present the following programs this weekend:

Friday, June 22  
7 p.m., Chief White Crane Campground Amphitheater – "Let Me Go Home!" He was just a Nebraska farmer who wanted to return to his homeland, but Chief Standing Bear found himself in the middle of a precedent-setting federal court case. Follow the Ponca Tribe's trail of tears and relive the courtroom drama that followed.

Saturday, June 23  
10 a.m.-4 p.m., Lewis & Clark Visitor Center at Gavins Point Dam – Lake Yankton Water Festival. The National Park Service and the

U.S. Army Corps of Engineers team up to bring you a variety of exhibits and activities on water safety, the historic river, wildlife, canoeing and more. Kids can earn their Junior Ranger badges by completing specified activities.

8 p.m., Burbach picnic shelter, Lewis & Clark Lake State Recreation Area,

Nebraska. – "Did We Forget Anything?" The Lewis and Clark Expedition carried tons of equipment and supplies on their journey up the Missouri River. A National Park Ranger unpacks a trunk of replicas of some of these items and reveals how they contributed to the success of the voyage.

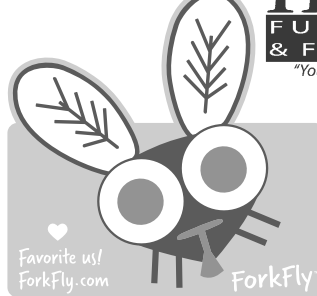
Sunday, June 24

11 a.m.-1 p.m., Lewis & Clark Visitor Center at Gavins Point Dam – "Luggage of the Plains" Everyone needs places to store their stuff! Learn how the Plains Indians used hides to make storage containers. Make your own parfleche while a ranger reveals the lifestyle and culture of some of these tribes.

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