

1815 Miscellaneous

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1830 Rummage Sales

30447 456 Ave
Wakonda SD
Saturday June 29
9:00am - 2:00 pm
Mega yard sale. 1 mile east and 3 miles south of Wakonda.

Skip the Garage!
Why wait for weekend rummages to find affordable, unique treasures - new items everyday! Dragonfly Consignment & Gifts 2503 Fox Run Parkway, Yankton, SD.

1850 Agriculture

Several crews of bean walkers. We do any type of farm work. 21 years experience, references available. 100 mile radius of Yankton. For more information (712)943-2084.

1855 Alfalfa - Hay

For Sale: 80-Acres oats about ready for haying. I will rake it, \$20,000/OBO, 402-920-1794.

1875 Livestock - Poultry

Two year old Red Angus and Black Angus Bulls for sale. Scott Wagner. (605)670-1481.

1875 Livestock - Poultry

2-year old Angus bulls, moderate frame, easy fleshing, calving ease, great disposition, semen tested, many generations of Ohide genetics, Keith Reed, 402-649-3615.

For Sale: 2 year old Angus Bulls some from AI breeding and some can be used on heifers. Allen Bierema (605)661-5624 or (605)589-3617.

2000 Notices

Al-Anon meets Monday night at 7:30 p.m. in St. Paul's Church, 10 Linden Ave. Call 605-624-4166 for information.

Do you have a desire to stop drinking? Join us at the Vermillion Unity AA Meetings held at Trinity Lutheran Church in the Sletwold Room (north entrance). Soaring Spirits group is Tuesdays at 7:30p.m., Steps Meeting is Wednesday at 7:30p.m., Happy Hour Group is Saturday at 7:30p.m., and Big Book Study group is Sunday at 7:30p.m. All meetings are non-smoking and handicapped accessible.

Driver Licensing Schedules: Vermillion 7a.m.-5p.m. Thursday & Friday; Yankton 7a.m.-5:30p.m. Tuesday, Thursday & Friday; Elk Point 8:30a.m.-4:30p.m. 1st & 3rd Wednesday; North Sioux City 8:45a.m.-4:30p.m. 2nd, 4th & 5th Wednesday. Call 1-800-952-3696 or visit www.state.sd.us/dps/dl for more information.

EMPOWERING YOU to take back your life. The Women Rising Support Group meeting weekly. Childcare is available upon request. Call 624-5311 for details.

Vermillion Food Pantry is located at 816 E. Clark Street. Check our website to see if your family would be eligible for food assistance this month. www.vermillionfoodpantry.org

2000 Notices

Is food a problem for you? Does weight affect the way you live? Overeaters Anonymous meeting in Vermillion, Saturdays at 9:00am. Sanford Vermillion Hospital, 20 South Plum. (Administration door south of hospital entrance in board room.)

The Alzheimer & Memory Loss Caregiver Support Group sponsored by the South Dakota Alzheimer's Association, will meet the 4th Monday of each month, 7pm, at The Vermillion Public Library. Caregivers of memory loss persons are welcome to attend. Contact persons: Fern Kaufman, (605)624-4898, or Marilyn Abraham, (605)934-2534.

Vermillion Alcoholics Anonymous Group: A fellowship of men and women banded together to help each other recover from alcoholism. Meetings are held in the Post Office basement. Closed AA on Tuesday, 8 p.m. Closed AA on Friday, 8 p.m.

VISUALLY IMPAIRED meeting, 1:00 every second Monday of the month. For information 605-624-4063 or 605-653-1000.

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The Prairie Doc Perspective

The callus and corn conundrum

By Richard P. Holm MD

It is a challenging conundrum or problem that most of us foolishly ignore our feet until they give us trouble.

This last week a woman in her 90s hobbled into my office complaining of an exceedingly sore foot. There was a hard pointed callus on the sole of the foot, where the fat-pad had thinned with age and the bone was very prominent. This had progressed to the point where the pain was keeping her from being able to do activities of daily living, and a blood blister was starting to form under the callus. It was like walking with a large and sharp pebble in her shoe.

I have seen similar foot calluses form a blood blister, get infected, and eventually result in foot amputation. After positioning her on the examining table, with a very sharp scalpel, I gently and carefully shaved layer after layer of thickened skin until the callus was gone. That accomplished, we

provided for a molded foot insert that took the pressure off the boney prominence, in order to help prevent recurrence of the callus. She left the office happy with the pebble gone.

Apparently by definition there is a difference between a callus and a corn. Calluses are the natural and protective thickening of skin on the palms of the hand, the soles of the feet, the knees, or anywhere there is prolonged and increased pressure or friction. Corns are by definition smaller, form on the top or side of a toe, have a hard center, and are surrounded by inflammation. And for what it's worth, it is rumored that the corn was named after the famous ancient Roman scientist and medical writer Aulus Cornelius Celsus.

Most of the time calluses and corns can be prevented by wearing properly fitted shoes and grinding down excessive build-up of skin with sand paper, with pumice stone, or even with fingernails

during bath or shower. Commonly this challenging problem occurs because many feet and toes are quite deformed and cannot fit into shoes without resulting in calluses or corns. Sometimes the only solution for such misshapen and distorted feet is surgical correction.

Corns and calluses seem like uninteresting and insignificant medical trivia until pain begins or amputation threatens. Don't ignore your feet.

Dr. Rick Holm wrote this Prairie Doc Perspective for "On Call", a weekly program where medical professionals discuss health concerns for the general public. "On Call" is produced by the Healing Words Foundation in association with the South Dakota State University Journalism Department. "On Call" airs Thursdays on South Dakota Public Broadcasting-Television at 7 p.m. Central, 6 p.m. Mountain. Visit us at OnCallTelevision.com.

Mowing of the state right-of-way

The South Dakota Department of Transportation reminds landowners that mowing of the right of way may not begin east of the Missouri River before July 10.

Mowing of the right of way in Gregory, Lyman and Tripp counties could begin on June 15.

If a person who is not

the abutting landowner wishes to mow the interstate highway right of way, he must apply for a permit and include a waiver signed by the abutting landowner.

Contact information for the region engineer is available on the DOT Web site at <http://sddot.com/contact/>

The Permit to Occupy the Right of Way application is located on the DOT Web site at <http://sddot.com/resources/forms/>.

The department may mow medians and areas within the rights of way prior to July 10 to control noxious weeds and provide increased safety to the traveling public.

Public comment sought on state geographic names

The South Dakota Board on Geographic Names (SDBGN) is seeking public comment on whether the word "Negro" is offensive in names of geographic features.

Current legislation directs the SDBGN to rename any features with the word "Negro" in the name.

A number of comments that have already been received indicate that the individuals and organization representatives do not find the word offensive. Based on those public comments, SDBGN is

seeking additional input from the public regarding the use of the word "Negro" as a part of a name for geographic features in the state.

Please share any comments regarding whether the word "Negro" is offensive as a part of a name for a geographic feature. Please also submit any historical, ethnic or cultural information regarding this issue.

Based on the public input received, the SDBGN will discuss at their August board meeting whether the features that currently have "Negro" in their

name are to be renamed or whether the issue needs to be brought to the South Dakota Legislature for further consideration.

Comments should be submitted no later than August 1, 2013. Submit comments to:

SD Board on Geographic Names
Dept. of Tribal Relations
302 East Dakota
Pierre, SD 57501
E-mail: carol.postulka@state.sd.us

Or access the Public Comment Form at <http://www.sdbgn.sd.gov/>

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- Works closely with Strategic Sourcing organization to advance enterprise-wide sourcing programs as appropriate.
- Interviews and confers with current and prospective suppliers to determine supply capabilities, transportation logistics, inventory control and management, negotiates prices and delivery terms with guidance from the Procurement Group Team Leader or Director, Purchasing for assigned responsibilities.
- Coordinates as appropriate, quality matters and engineering and maintenance changes/developments between company activities and suppliers.

Sapa offers a competitive salary and full benefits package. Sapa also offers quarterly profit sharing and 401K and company paid life insurance, short and long term disability.

Interested candidates please send resume to:
Attn: Jane Larson, HR Mgr. 2500 Alumax Rd, Yankton, SD 57078
or email: Jane.Larson@sapagroup.com.
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