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KMEG 6 14	The Doctors (Steve Harvey		Jdg Judy Anderson Liv	Jdg Judy ve Mike Wolfe;	KMEG 14 America's Fur	CBS News	Jeopardy! How I Met	Wheel How I Met	Big Bang American Idol	"Results" The	Person of Inte New Girl	rest (S) The Mindy	Elementary (I	N) (S) The Office	News Dish Nation	Late Show Le	Friends (S)	Late Late Sho Baggage	ow/Craig Maury (S)	Paid Prog.	Paid Prog. Excused (S)	Up/Minute Excused (S)	
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KXNE 8 19	Curious George (S)	Super Why! (S) (EI)	Arthur (S) (EI)	WordGirl (S) (EI)		The Electric Company	PBS NewsHou	ir (N) (S)	Backyard Fari	ner (S)	Antiques Roa			Mystery! "Poiror ational political of		Great Romances	Consider This	John McLaughlin	(Off Air)		1	1	
KCAU 9 9	(EI)	(0) (=.)	The Dr. Oz Sh	, ,		ABC News	News	Inside Ed.	Wife Swap (N)	(9)	Mantle. (N) Grey's Anator		Scandal (N) (News	Jimmy Kimm		Nightline	Paid Prog.	Inside Ed.	ABC World N	owe Now	
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KSFY 13 13	(N) (S)	Millionaire	(N) (S)		at 5 in HD (N)	News		(N) (S)	(N) (S)		decides to tell truth. (N) (S)	Matthew the	over an old ca	ise. (N) (S)	at 10 in HD								
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	Wife Swap (S Roseanne	Roseanne	Wife Swap (S Ghost Whisp	,	Dance Moms Charmed (S)		Dance Moms Charmed (S)		Project Runwa Braxton Famil	•	Project Runw Braxton Fami	•	Braxton Fam	Preachers' Da ily Values	Braxton Fami	Prank ily Values	Project Runw Braxton Fami	•	Project Runw Tamar & Vinc	•	Tamar & Vinc	Preachers'	
					Chopped Veronica Mars (S)		Sweet Genius Young & Restless				- ' '						- ' '		Anne Burrell All My Children (S)		Worst Cooks All My Children (S)		
HALL 33	Happy Day	Happy Day	Brady	Brady	Brady	Brady	Brady	Brady	Frasier (S)	Frasier (S)	Frasier	Frasier	Frasier (S)	Frasier (S)	Frasier (S)	Frasier (S)	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Cheers (S)	Cheers (S)	
	Hunt Intl ANT Farm	Hunt Intl Jessie (S)	Hunt Intl Jessie (S)		_	Selling NY Jessie (S)		Hunters ANT Farm	Income Prope ANT Farm	rty (S) MOVIE: Adver	Rehab ntures of Shar	Rehab kbov	Hunters Jessie (S)	Hunt Intl Austin	Hunters Good Luck	Hunt Intl ANT Farm	Rehab Wizards	Rehab Wizards	Hunters Suite/Deck	Hunt Intl Suite/Deck	Hunters Good Luck	Hunt Intl Good Luck	
	Parents MAD	Parents	Sponge.	+		Sponge.	- I - J -	Drake	See Dad Incredible	See Dad	Full House	Full House King of Hill	The Nanny	The Nanny	Friends (S)	Friends (S)	Friends (S)	Friends (S) Delocated	George Squidbill.	George Lope	(-)	George	
TVL 39	Griffith	Gumball Griffith	Gumball M*A*S*H	M*A*S*H		Regular Cosby	-	Annoying Gold Girls		Regular Gold Girls	King of Hill Raymond	Raymond	Amer. Dad Raymond	Amer. Dad Raymond	Fam. Guy King	Fam. Guy King	Newsread The King of C		King	Amer. Dad Raymond	Amer. Dad Raymond	70s Show	
				MOVIE: Twister (1996, Action) Helen Hunt, Bill Paxton. The First 48 The First 48					er (1996, Action) Helen Hunt, Bil The First 48 (N)							Prince Prince The First 48		Paid Prog.	Paid Prog. The First 48	Paid Prog.			
TRAV 42	Bizarre Foods		Man, Food Man, Food		Bizarre Foods		Man, Food Man, Food North Woods Law (S)		Mysteries-Museum		Mysteries-Museum		Mysteries-Mu			Mysteries-Museum		iseum	Mysteries-Museum North Woods Law (S)		Mysteries-Museum North Woods Law (S)		
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TLC 45	NY Ink (S)		NY Ink "Now o	or Never"	NY Ink "Fight o	r Flight"	Tattoos	Tattoos	Casino	Casino	Tattoos	Tattoos	NY Ink (N)		Tattoos	Tattoos	NY Ink (S)		Casino	Casino	Tattoos ace (2006, Horr	Tattoos	
HIST 47	Swamp People Swamp People		Swamp People Swamp People			Swamp People		/		Big Rig Boun	Big Rig Bounty Hunters				Swamp People		Swamp People		Big Rig Bounty Hunters The Five				
		Your World W/ Cavuto The Five (N) Jake Tapper The Situation Room (N)			Special Report FOX Report Erin Burnett OutFront			utFront	The O'Reilly Factor (N) Anderson Cooper 360		, , ,									Greta Van Susteren Anderson Cooper 360		OutFront	
MSNBC 50	Martin Bashir	Martin Bashir (N) Hardball Matthews Making It in America Evening Express		thews	PoliticsNation (N) Hardball N			news	The Ed Show	he Ed Show (N)		Rachel Maddow Show		The Last Word		The Ed Show		Rachel Maddow Show		The Last Word		Hardball Matthews Showbiz Tonight	
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BRAVO 55	Tabatha Take	s Over	Tabatha Take	s Over	Tabatha Takes	o Over	Tabatha Takes	Over .	Real Housewi	ves	Real Housewi	ives	Tabatha Take	es Over	Happens	Tabatha Take	es Over	Housewives/	Atl.	Dukes of	Tabatha Take	1	
	MOVIE: Friends (S)	How I Met Friends (S)	How I Met Friends (S)	_		Anger Seinfeld		reen Hornet (2 Seinfeld	011, Action) Se		Big Bang	Anger Big Bang	Archer (N) Men-Work	Legit (N) Big Bang	BrandX With Conan (N)		Archer Men-Work	Legit Conan	BrandX With	The Office	Archer MOVIE: Priva	Legit te Val	
USA 58	NCIS "Sandbla	ast" (S)	NCIS "Once a	Hero"	NCIS "Twisted		NCIS "Smoked	" (S)	Law & Order:	SVU	Law & Order:	SVU	Law & Order:	SVU	Psych		CSI: Crime So	cene	House "Ugly"	(S)	MOVIE: Shad	ow Man	
				Castle (S) NBA Basketball: Chicago Bul MOVIE: Walking Tall (2004, Action) The Rock.			iMPACT Wrestling (N) (S)					II: Spurs at Thunder Bellator MMA Live (N) (S Live)				Inside the NBA (Live) Bellator MMA Live (S)		Cold Case (S)		Major Crimes Bellator 360 (S)			
	Comedy Kourtney-Kin	Futurama		Sunny S Out of My Lea		Tosh.0	Colbert E! News (N)	Daily Show	Sunny The Soup	Sunny	Tosh.0 Kourtney-Kim	Tosh.0	Ben Show Kourtney-Kin		Daily Show Chelsea	Colbert E! News	Tosh.0	Tosh.0 Chelsea	Daily Show Playing With		Nathan Chelsea	Ben Show The Soup	
TRUTV 63	Top 20 Most	Shocking	Top 20 Most 9	Shocking	Cops (S)	Cops (S)	World's Dumb		World's Dumb		World's Duml	best (N)	Upload	Upload	Top 20 Most		World's Dum	best	World's Dum	best	Upload	Upload	
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INSP 66	Little House	on Prairie	Brady	Brady	Happy Day	Happy Day	Medicine Won	nan	Little House o	n Prairie	The Waltons		Matlock (S)		Matlock "The	Target"	Medicine Wo	man	The High Cha		Octava Campmeeting		
	Soy Tu Dueña The Real Wor	_ ` '	El Gordo y la The Real Wor		Primer Impact Made (S)	O (N)	-	Notic. Ridiculous.	Corona de Lá Ridiculous.		Porque el Am Ridiculous.		Amores Verd Ridiculous.	Failosophy	Amor Bravío Ridiculous.	(N) Failosophy	Impacto Ridiculous.	Noticiero Ridiculous.	Al Diablo Ridiculous.	Ridiculous.	Zacatillo, un Failosophy	Failosophy	
	Love & Hip H	op (S) : In the Army N	The Gossip G	_ ` '	Wicked Single Reba (S)	(S) Reba (S)	Wicked Single Reba (S)	(S) Reba (S)	Wicked Single Reba (S)	(S) Redneck Vaca		Got Served (20 Redneck Vac	. , , , ,	Cops Rel.	Master of the Cops Rel.	Mix (S) Cops Rel.	The Gossip G	- ' '	Love & Hip H		Planet Rock:		
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RFD-TV (131)	Toy Trains	Agriculture	Shotgun	R. Rogers	Quilt	Virginia	Gaither Gospe	el Hour	Larry's Count	ry Diner	Farming	Big Deal	RFD-TV Live	(N)	Perform.	Magnus	Ag Report	Reporter	Paid Prog.	Paid Prog.	Toy Trains	Agriculture	

Money-saving cleaners for spring

By Nedra Rhone

The Atlanta Journal-Constitution

Spring is in the air and it sure smells clean.
The annual ritual of

ridding our homes of winter's dust and dirt has begun.

While some of us dread spring cleaning, you can do things to make it easier on yourself and your wallet.

I chatted with Sue Perry, deputy editor of ShopSmart Magazine, where staffers test and compare hundreds of cleaning products year round. They recently highlighted some of the most effective money-saving cleaners.

"You go to the grocery store and you think you are doing fine on your bill, but you put a couple of cleaning products in and the bill just skyrockets," Perry says. "It really can take a bite out of your budget." But it is possible to clean your home with just two products: Pine-Sol and Comet. Here are some cheap but effective products and strategies to consider as you face the task of cleaning your home this spring.

Use affordable products that serve more than one purpose: One of the biggest surprises in the ShopSmart tests was Pine-Sol. "It beat 18 pricier cleaners and it left no streaks," Perry says. You can also dilute it (a quarter cup to one gallon of water)

and put it in a spray bottle.

Ajax Lemon Dish Liquid performed as well as any other liquid for washing dishes, but was the cheapest among the brands tested. Perry says you can also use it as a general cleaner by mixing one teaspoon with a cup of warm water.

Comet with Bleach performs great on a variety of jobs as well, including cleaning toilet bowls — a task that has an entire category of dedicated cleaners, Perry says.

Make your own cleaners: Vinegar, ammonia, water and other ingredients you probably already have on hand can make very good cleaning products, Perry says. In addition to saving money, DIY formulas may be less toxic than store-bought cleaners.

Mix seven pints of cold water, a half cup of soapy ammonia and one pint of rubbing alcohol in a squirt bottle for an effective glass

and window cleaner, Perry says. Or make an all-purpose cleaner with a half-cup of household ammonia and a teaspoon of dishwashing detergent without bleach.

Be sure to label your DIY products to avoid confusion and never mix ammonia with bleach, as it can produce deadly gasses. If you find DIY cleaners just don't cut it for you, you can always return to store-bought brands, Perry says.

Control your portions: In ShopSmart's standardized tests, only one to two squirts of spray or a quarter teaspoon of liquid were effective in cleaning gunky globs of goo. If you need more product, add more, but start with smaller amounts.

Get the right tools: "One thing you can do to save money is with sponges, scouring pads or laundry sheets, cut everything in half and you slash your costs by 50 percent," says Perry. Old toothbrushes or Q-tips can be used to clean tight crevices.

Get organized: Spring cleaning isn't just about

cleaning. It also means reducing clutter and that too can be done on a budget, Perry says.

Dollar stores are a great resource for plastic bins and other organizing tools, just make sure you're getting the right sizes and colors depending on their planned use, Perry says.

Will it be visible or hidden away? How big is the space where it needs to fit and how much needs to fit inside? Do you need to see the items inside or do you want them hidden?

Stay on schedule: Don't feel you need to finish all your spring cleaning in one day or weekend, but do give yourself a deadline, Perry says. "Start with something very small that could be done in 15 minutes. It will give you a sense of accomplishment and then it just keeps going."



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