

UNIQUE 'BOARD' MEETING



A young student breaks a board as part of the annual fundraiser Vermillion Taekwondo holds on behalf of St. Jude's Children's Research Hospital. Vermillion Taekwondo has raised approximately \$10,500 for the hospital over the past seven years.

(Photo by Travis Gulbrandson)

Vermillion Taekwondo 'breaks' for St. Jude's

By Travis Gulbrandson

travis.gulbrandson@plaintalk.net

Students at Vermillion Taekwondo found a unique way to commemorate 2012 and raise money at the same time.

Each year, they hold an organized "board break" that serves as a fundraiser for St. Jude's Children's Research Hospital.

Last Saturday, they broke approximately 2,012 plastic and wood boards.

"We have collected a total of \$10,500 in the last seven years, and historically we get a little over \$1,000 each time we do it," said John Trefz, fifth-degree black belt, certified instructor and proprietor of Vermillion Taekwondo.

Shortly after 1:30 p.m., the students formed three lines, one containing 4-6-year-olds, the next 7-12-year-olds and the last those older than 12.

"We break 50 (boards) at a time, and that's 150 total," Trefz said. "Then we'll take a small rest, and keep on going until we get to 1,950 or so, and then we'll break actual wooden boards. First we break plastic. ...

"It goes really fast, surprisingly. What takes the most time is breaking the wooden ones at the end," he said.

Trefz estimated 30 to 40 took part in Saturday's activities.

"But that's not everybody who takes part, because there are a lot of kids who collect money for St. Jude's that don't make it to the board break," he said. "I imagine there's probably around 70 to 80 kids that run around collecting money."

Brown belt Alex Hessman, 18, and first-degree black belt Dawson Daniels, 12, took part Saturday.

Hessman said he

enjoys taekwondo because it helps him to stay focused.

"It's the first time I've done the board break marathon. It's been interesting," he said.

Daniels has been doing taekwondo since she was 4 years old.

"I mostly enjoy watching all the little kids, and it feels good knowing you're helping some kids in St. Jude's," she said.

Trefz said he began holding the board breaks after he was approached by St. Jude's seven years ago.

"I asked them some questions about (the event), and they explained how it works," he said. "So I thought I would try it. It was just a lot of fun."

It was rewarding, too, both for him and the students.

"The kids get awards for how much money they collect, so it's rewarding for them in that respect, too," he said.

Vermillion Taekwondo isn't the only local organization who holds fundraising events for St. Jude's - Trefz said a "fight night" recently was held at the DakotaDome by Tau Kappa Epsilon.

The biggest reward is knowing they've helped children not only nationwide, but from South Dakota, as well, he said.

"St. Jude's has told me that there are 10 children ... in their facilities that are from the state of South Dakota," he said. "So it's nice to know that we're helping out people that are close to us, too, not just other kids around the country."

"I think they do a great job down there. Their research has passed some milestones, so I think it's a great charity to be giving to," he said.

1101 Announcements - Events

AI-Anon meets Monday night at 7:30 p.m. in St. Paul's Church, 10 Linden Ave. Call 605-624-4166 for information.

BERGEN LUTHERAN Church: "The little white church on Timber Road." Worship 9:00 a.m. Sunday School 10:15 a.m. Pastor Ralph Egbert

Blessed Teresa of Calcutta Catholic Church, 995 N. Sioux Point Road, Dakota Dunes, SD. Weekend Masses: Saturday, 4:30 p.m.; Sunday, 9:30 a.m. and 5:30 p.m.

BRULE Creek Lutheran Church, Elk Point, SD: Worship Service 11:00am, Sunday School 9:45am to 10:45am.

CHRIST OUR SAVIOR Wisconsin Evangelical Lutheran Synod: Worship Sunday 6:00 p.m., Bible Study Tuesday, 9:00 p.m., Neuharth Center, 624-5398 or 1-800-998-1234

CHURCH OF CHRIST, 102 Prospect: Sunday Worship 10:00 a.m.; Bible Study 9:00 a.m.; Bible Study 12:00 noon; Wednesday Night Classes, 7:00 p.m.

Concordia Lutheran Church (LC-MS) 7 South University Street, Vermillion. Divine Service - Sunday, 10:30 a.m.; Sunday School - Sunday, 9:20 a.m. Pastor Samuel Needham.

CORNERSTONE CHURCH: Located at the corner of Crawford & Cherry St. Celebration Service: Sunday - 9:00 & 10:30am; During school year: Impact for Kids (5-11), Wed - 6:15pm-7:30pm; FCA/Impact: College Youth & Adults, Wed - 7:30pm-8:30pm. Check us out at Cornerstonesd.org or (605)624-8809.

DALESBURG BAPTIST Church 30503 466th Ave., Beresford, Pastor Darren Regehr. 9:45am, Sunday School; 11:00am, Morning Worship; Mid-week Services Wednesdays, 7:00pm. (605)253-2622.

Dalesburg Lutheran Church: 12 miles North of Vermillion on University Road. Worship Services 9:15 a.m. Sunday School 10:45 a.m. Website: www.dalesburglutheran.org

FAITH LUTHERAN CHURCH: 401 Main Street, Makell, NE. Worship: 10am. Sunday School: 9am. Communion: 1st and 3rd Sundays. PMA Chad Beckius, (605)658-0240 (home) (402)-692-3323 (church).

1101 Announcements - Events

Do you have a desire to stop drinking? Join us at the Vermillion Unity AA Meetings held at Trinity Lutheran Church in the Sletwold Room (north entrance). Soaring Spirits group is Tuesdays at 7:30p.m., Happy Hour Group is Saturday at 7:30p.m., and a Steps & Traditions Study group is Sunday at 7:30p.m. All meetings are non-smoking and handicapped accessible.

Driver Licensing Schedules: Vermillion 7a.m.-5p.m. Thursday & Friday; Yankton 7a.m.-5:30p.m. Tuesday, Thursday & Friday; Elk Point 8:30a.m.-4:30p.m. 1st & 3rd Wednesday; North Sioux City 8:45a.m.-4:30p.m. 2nd, 4th & 5th Wednesday. Call 1-800-952-3696 or visit www.state.sd.us/dps/dl for more information.

Elk Point Baptist Church. Sunday worship at 11:00am, Tuesday evening Bible study at 7:00pm. 101 North Green St., Elk Point, SD 57069. (605)222-1981

EMPOWERING YOU to take back your life. The Women Rising Support Group meeting weekly. Childcare is available upon request. Call 624-5311 for details.

FAITH FELLOWSHIP of the Open Bible on Bypass 50 and Highway 19: Sunday Celebration 10:30 a.m. Pastor Tony Armbrust, 624-2921.

Faith United Lutheran Church, ELCA, 44874 303rd St/Po Box 168, Volin, SD 57072, (605)267-2277. Sunday Worship: 9:30am with Holy Communion the 1st & 4th Sundays. WOW Wednesday program beginning at 6:30pm for all children 3 yrs old - 7th grade, and confirmation classes for those in grades 8th & 9th.

FIRST BAPTIST Church Elmer "Sandy" Aakre, Pastor 624-6391 home, 624-4658 church. Time: 9:15 Sunday School, 10:30 Worship. Sunday Choir Practice, 11:50 a.m.

GAYVILLE LUTHERAN Church: Sunday School 9:15 a.m., Worship 10:30 a.m. Pastor Ralph Egbert.

PLEASANT VALLEY Lutheran Church, Rural Vermillion: Sunday School 9:45 a.m., Worship Service 10:30 a.m., Holy Communion First Sunday of every month. All welcome.

1101 Announcements - Events

GOSPEL CHAPEL Church, 708 Jessie St./Highway 12, Newcastle, NE. Sunday School, 9:30 a.m.; Sunday worship 10:30 a.m.; AWANA Wednesday at 7 p.m., 402-355-2305. Pastor Chuck Myers, 402-355-1335.

GRACE BAPTIST Church, SBC, Pastor Steve Ford, 1102 E. Main. Phone 624-4949. Adult's and Children's Sunday School 9:30 a.m. Sunday Worship 10:45 a.m. Prayer Meeting Wednesday Night 7 p.m.

HILLSIDE COMMUNITY CHURCH (C&MA) 1800 Constance Dr. West on Cherry just before you go down the hill. Worship Sept.-May 10:30a.m., May-August 10a.m., AWANA Sunday School small groups. 6 0 5 - 6 2 4 - 4 8 6 2 , www.hillside-cc.com

IMMANUAL Lutheran Church, Elk Point, SD: Worship Service 9:00 a.m., Sunday School 10:00 a.m.

Is food a problem for you? Does weight affect the way you live? Overeaters Anonymous meeting in Vermillion, Saturdays at 9:00am. Sanford Vermillion Hospital, 20 South Plum. (Administration door south of hospital entrance in board room.)

KOMSTAD COVENANT Church, Rural Beresford and Centerville, SD: Matt Styles, Pastor. 18 miles north on University Road. Phone 563-2402. Sunday School 10 a.m., Worship Service 11 a.m.

PROVIDENCE REFORMED Church, 830 Madison: Sunday School 9:30 a.m., Sunday Worship 10:30 a.m. "We Welcome You To Historic Protestant Worship And Fellowship."

TRINITY LUTHERAN CHURCH, 816 E. Clark, 624-4442: **WORSHIP:** Saturday Evening at 5:30pm; Sunday Morning at 10:00am. Holy Communion on the 1st and 3rd Sunday each month. Sunday School, 9am. Info: www.trinity-vermillion.org

1101 Announcements - Events

ST. AGNES Church, 416 Walker St., Fr. John Fischer: St. Agnes Church and Parish Office, tele. 624-4478. St. Agnes Rectory, 505 Catalina, tele. 624-1995. Mass schedule: 5 p.m. Saturday, 8:00 a.m. and 10:30a.m. Sunday, Week-day Masses - consult weekly bulletin; Sacrament of Penance, Saturday 4-4:45p.m.

ST. PAUL'S Episcopal Church, corner of Main and Linden. Sunday: nursery available. 10:00 a.m. Holy Eucharist. 11:00 a.m. coffee hour. Call 624-3379 for more info. The Rev. Rita Powell, priest.

Sunday evening Experience at ONE HOUR is comprised of two primary elements: powerful worship and a life-changing message. Worship at ONE HOUR is led by a talented live band in a style that is consistent with today's culture and a relevant teaching message from LifeChurch.tv's senior pastor, Craig Groeschel, via video broadcast. The worship is intense and the teaching is challenging but the environment will be relaxed and casual. ONE HOUR on the USD Campus at the MUC, 6:30pm Sundays! www.one-hour.org

The Alzheimer & Memory Loss Caregiver Support Group sponsored by the South Dakota Alzheimer's Association, will meet the 4th Monday of each month, 7pm, at the Vermillion Public Library. Caregivers of memory loss persons are welcome to attend. Contact persons: Fern Kaufman, (605)624-4898, or Marilyn Abraham, (605)934-2534.

The USD Luther Center, where church and flip-flops go together! The Luther Center, at the corner of Cherry & Plum, Vermillion, has weekly worship services on Wednesday evenings at 7p.m. and 5 Alive meal and devotional gathers on Sunday evenings at 6p.m. during the school year.

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402 E. Rose Street - \$79,950

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203 Lexington St. - \$151,500

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