#### Vermillion Plain Talk 17

THURS	SDAY							ł	** AFT		ON/PR		ME **								M	AY 30	
	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM	1:30	
BROAD	Arthur (S)	WordGirl (S)	Wild Kratts	The Electric	Martha	Nightly	PBS NewsHou	ur (N) (S)	On Call "All A	bout (Stomach)	South Dakota	a Focus "South	Masterpiece (	Classic "Downto	on Abbey"	BBC World	Charlie Rose	(N) (S)	Tavis Smilev	Budy Maxa's	Maggie's Wa	ar: A True Story	
KUSD 2 2		(EI)	"Blowfish Blowout"	Company	Speaks (S) (EI)	Business Report (S)			Acid"	sour (oronnaon)	Dakota Infrast			id about Mary's		News (S)		(11) (0)	rune enney	World (S)	of Courage, L and Valor		
KTIV (4) (4		Cash Cab	Ellen DeGene		News 4	NBC News			Save Me	Save Me	The Office	Parks	Hannibal "Buf		News 4	Tonight Show		Jimmy Fallon		Daly	News 4	Extra (S)	
KDLT 5 5	The Doctors	(S)	Judge Judy (S)	Judge Judy (S)	KDLT News (N)	NBC Nightly News (S)		The Big Bang Theory (S)	"WWJD"	Save Me "Heal Thee"	The Office "Promos" (S)	Parks and Recreation	Hannibal "Buf contaminates		KDLT News (N)	The Tonight	Show With Jay	Late Night Wi Fallon (S)	ith Jimmy	Last Call With Carson	According to Jim (S)	Paid Program	
KMEG 6 14	The Doctors	(S)	Jdg Judy	Jdg Judy	News	CBS News	Jeopardy!	Wheel	(N) (S) Big Bang	(S) Two Men	Person of Inte	(S) erest (S)	(N) (S) Elementary (S	6)	News	Late Show Le	etterman	Late Late Sho	ow/Craig	Daly Paid Prog.	Paid Prog.	Up/Minute	
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KXNE 8 19	Curious George (S)	Super Why! (S) (EI)	Arthur (S) (EI)	WordGirl (S) (EI)	Wild Kratts "Blowfish	The Electric Company	PBS NewsHou	ır (N) (S)	Backyard Far		Antiques Roa attle" Diamond		Poirot "The D Poirot falls for		Dalziel and P of an accident		Consider This	John McLaughlin	(Off Air)				
KCAU (9) (9	(EI)		The Dr. Oz SI	how (S)	Blowout" News	ABC News	News	Inside Ed.	Wipeout (N) (	<u>S)</u>	jewel; chair. (N Motive "Pusho	/	ess. (S) Rookie Blue (	N) (S)	(Part 1 of 2) News	Jimmy Kimm	el Live (S)	Nightline	Paid Prog.	Inside Ed.	ABC World N	News Now	
KELO [1] [1]	Dr. Phil (S)		The Dr. Oz SI	( )	News	CBS Evening News	News	Entertain- ment Tonight	The Big Bang	Two and a	Person of Inte	erest "Til		The Red Team"	News	Late Show W Letterman (S	ith David	The Late Late Craig Fergus	Show With	News	omg! Insider (N) (S)		
	-							(S)			his wife. (S)	5	death. (S)	•		,		Anne Heche.			(N) (S)	(S)	
KSIN 12 27	Arthur (S)	(EI) Speaks (S)		Wild Kratts "Blowfish (EI)		George (S)				Antiques Roadshow "Se- attle" Diamond and enamel						Business Appearances		Scott & Bailey Suspected of murdering her husband. (S)		(Off Air)			
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KSFY 13 13	(N) (S)	Millionaire	Wanda Sykes (N) (S)	s; Justin Flom.	at 5 in HD (N)	News	at 6 in HD (N)	Fortune (N) (S)	ees tackle obs	stacles. (N) (S)	der of a limo d	river. (N) (S)	Andy works a case. (S)	bank robbery	at 10 in HD				Ŭ		Ŭ		
	Dragnet	Adam-12	Emergency!	"Paperwork"		The Rifleman	M*A*S*H "Bul-	M*A*S*H "The	Bewitched	I Dream of	Mary Tyler		The Odd	The Dick Van						Night Gallery		oossible Regent	
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	) (12:00) Publ		Public Affairs	-	Funniest Horr	Videoo	Funniant Ham		Capitol Hill H		How I Met	How I Met	News/Nine	Videos	Funniest Hon	no Videoo	Rules	Rules	Capitol Hill H 30 Rock	· · ·	20 Deek	Cummu	
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WE 30	Roseanne	Roseanne	Bridezillas	,	Bridezillas	Delly	Braxton Famil	y Values	Braxton Fami	ily Values	Braxton Fami	ily Values	Bridezillas- C	a.	Braxton Fami	ily Values	Braxton Fami		Bridezillas- C	a.	L.A. Hair		
	Food- Star Food Network Beverly Hills, 90210 (S)		t Star "Guy Live" Veronica Mars (S)				Chopped Young & Restless				Chopped (N) General Hosp	hopped (N) ieneral Hospital (S)		Giving You the Busi Young & Restless		Iron Chef America Days of our Lives (S)		Chopped General Hospital (S)		Giving You the Busi All My Children (S)		Iron Chef America All My Children (S)	
HALL 33	Little House	on Prairie	Brady	Brady	Brady	Brady	Brady	Brady	Frasier (S)	Frasier (S)	Frasier (S)	Frasier (S)	Frasier	Frasier	Frasier	Frasier (S)	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Cheers (S)	Cheers (S)	
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	<ul> <li>Incredible</li> <li>Bonanza "Butter</li> </ul>		Gumball	Adventure M*A*S*H	Adventure M*A*S*H	Regular M*A*S*H		Annoying Home Imp.	Incredible Cleveland		King of Hill Raymond	King of Hill Raymond	Amer. Dad Raymond	Amer. Dad Raymond	Fam. Guy King	Fam. Guy King	Greatest The King of Q		Venture King	Amer. Dad Gold Girls	Amer. Dad Gold Girls	Fam. Guy Gold Girls	
	'70s Show '70s Show The First 48		'70s Show '70s Show The First 48						Potter and the Deathly Hallow		ws: Part 1 (2010, Fantasy) Dan		iel Radcliffe. Beyond Scared				Prince Prince The First 48		Paid Prog. Paid Prog. The First 48		Paid Prog. Paid Prog. Beyond Scared		
TRAV 42	Bizarre Foods		Man, Food Man, Food		Bizarre Foods		Man, Food Man, Food		Mysteries-Museum		Monumental Mysteries		Mysteries-Museum		Mysteries-Museum		Monumental Mysteries		Mysteries-Museum		Mysteries-Museum		
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TLC 45	Four Weddings (S)		Four Weddings (S)		Toddlers & Tiaras (S)		Say Yes Say Yes		Say Yes Say Yes		Four Weddings (N) (S)		Four Weddings (N) (S)		Four Weddings (S)		Four Weddings (S)		Say Yes Say Yes		Say Yes	Say Yes	
	Warehouse 13 (S)           Pawn         Pawn		Defiance Pawn Pawn		MOVIE: Cirque du Freak: Va Pawn Pawn		mpire's Pawn Pawn		MOVIE: Shutter Island (2010) Pawn Pawn		<u> </u>		Swamp People (N)		MOVIE: S1m0ne (2002, Come Pawn Pawn		· · · ·		MOVIE: Childs Pawn Pawn		dren of Men (2006) Swamp People		
FNC 48	Your World	Your World W/ Cavuto		The Five (N)		Special Report		FOX Report		The O'Reilly Factor (N)		Hannity (N)		Greta Van Susteren		The O'Reilly Factor		Hannity Piers Morgan Live		Greta Van Susteren		The Five Erin Burnett OutFront	
	Jake Tapper Martin Bash	Martin Bashir (N)		The Situation Room (N) Hardball Matthews		PoliticsNation (N)		Erin Burnett OutFront Hardball Matthews		All In With Chris Hayes		Rachel Maddow Show		The Last Word		All In With Chris Hayes		Rachel Maddow Show		Anderson Cooper 360 The Last Word		Hardball Matthews	
				Evening Express Fast Money (N)				Jane Velez-Mitchell (N) The Kudlow Report (N)						HLN After Dark (N) American Greed (N)		Showbiz Tonight Mad Money		Dr. Drew on Call American Greed		Nancy Grace American Greed		Showbiz Tonight Paid Prog. Paid Prog.	
TCM 53	MOVIE:	MOVIE: Five	Came Back (19	939)		From Eternity	(1956) Robert R	lyan.	MOVIE: Eastv	wood	MOVIE: White	e Hunter, Black	Heart (1990)		MOVIE: Eastv	wood Directs		MOVIE: Bird	(1988, Biograph	y) Forest Whita	ker.		
	MOVIE: The Tabatha Tak	Scorpion King	2: Rise of a Wa Tabatha Take		Tabatha Take		line (2002, Con Medicine	nedy-Drama) Ni Married to Me		Housewives/C	Showville (N)		Town Tabatha Take	Town s Over	Showville Happens	Tabatha Take	Town es Over	Maron Housewives/		line (2002) Nic Tabatha Take		Happens	
FX 56	MOVIE:	How I Met	How I Met	How I Met	Two Men	Two Men	Anger	MOVIE: Step I	Brothers (2008	8) Will Ferrell.		Anger	Two Men	Two Men	Biased	Biased	Biased	MOVIE: Step	Brothers (2008	) Will Ferrell.		Wilfred	
	Friends (S) NCIS "Honor		Friends (S) NCIS "Untouc		King NCIS (S)	Seinfeld	Seinfeld NCIS "Requien		Fam. Guy NCIS "Lost &		Big Bang NCIS "In the Z		Men-Work NCIS "Heartla	Big Bang nd" (S)	Conan Psych		Men-Work CSI: Crime Sc	Conan	Burn Notice	The Office	MOVIE: Blue Law Order: C		
TNT 59	Castle (S)		Castle "Boom	n!" (S)	Castle (S)	101	Castle (S)		Tip-Off	NBA Basketba	all: Indiana Pac	cers at Miami He		x-7	Inside the NB		Falling Skies		Falling Skies	<b>-</b>	Falling Skies	5	
	Wildest Poli MOVIE:	ce Videos Futurama	Wildest Polic Futurama	ce Videos Sunny	Wildest Police South Park	e Videos Tosh.0	Wildest Police Colbert		Wildest Polic Chappelle	1	iMPACT Wres Tosh.0		Sunny	Sunny	Tattoo Daily Show	Tattoo Colbert	NeverEver Tosh.0	NeverEver Tosh.0	Tattoo Daily Show	Tattoo Colbert	NeverEver South Park	NeverEver Ugly Amer	
E! 62	Kardas	Kardas	Badder Feud	ls	Ryan Sea	The Soup	E! News (N)		MOVIE: Eat P	ray Love (2010	), Drama) Julia I	Roberts, James	Franco.		Chelsea	E! News		Chelsea	Ryan Sea	Jonas	Chelsea	Nicki Mi	
	U Hurts	Hurts Lucado	Hurts Spring Praise	Hurts e-A-Thon	Cops (S)	Cops (S)	World's Dumb		World's Dum Behind		World's Dum Prince	1	Top 20 Funni Praise the Lo	,	Top 20 Most	Snocking	World's Dumb Holy Land	Dest Turning	World's Dum IBA News	Creflo Doll	Top 20 Funni Spring Praise		
	Cat Chat	Divine on Prairie	Truth Brady	Catholic. Brady	St. Joan of Ar	1	Daily Mass: O Medicine Won		World Over L	ive	Crossing The Waltons		Solemnity of Matlock (S)	Corpus Christi		cession From	Rome Medicine Wor	nan	World Over L		Millennium		
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CMT (77	) (1:30) MOVII	E: WhatBob	Reba (S)	Reba (S)	Reba (S)	Reba (S)	Reba (S)	Reba (S)	MOVIE: Ace \	Ventura: Pet De	etective (1994)	(S)	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	MOVIE: Ace V	/entura: Pet De	etective (1994)	(S)	Cops Rel.	Cops Rel.	
DVD (	) (2:00) MOVII	E: Ice Age	Kickin' It	Kickin' It	Kickin' It	Kickin' It	Phineas	Kings	Wizards	Suite Life	Suite Life	Suite Life	Suite Life	Suite Life	Phineas	Suite Life	Fish	Fish	Buttowski	Buttowski	Fish	Kid vs. Kat	
	/	Agriculture	Shotgun	R. Rogers	Quilt	Virginia	Gaither Gospe	-	Heartland		Farming		RFD-TV Live		Perform.	Magnus	-	Reporter		Paid Prog.		Agriculture	



## Miles named to USTFC-CCA D-II Hall of Fame

Olympic pole-vaulter Derek Miles addresses the crowd during the Vermillion High School graduation at the DakotaDome Saturday. (Travis Gulbrandson/Vermillion Plain Talk)

# From Page 01

what almost would have been the lowest of lows, of making the top and then taking it away from him, but then collecting himself and refocusing, getting fired up and having the highest of highs. And he did that within a matter of five minutes."

The second lesson was a simpler one, Miles said.

"You have to really embrace your victories," he said. "Bask in it, enjoy it and let that be the type of thing that you remember down the road as opposed to things like the scholarship you didn't get, the college that didn't accept you, whatever they are."

The second story Miles told related to his experience at the 2008 Summer Olympics in Beijing.

"I spent the better part of that year jumping better than I ever jumped," he said. "Everything seemed to be going my way, and then I go into the games and I have the worst day I could have had."

Miles ended up placing fourth. After he returned home, he still felt frustrated and went for a walk.

"Three blocks down from my house there was a young boy who is confined to a motorized wheelchair, cannot talk, cannot move, literally has to be cared for 100 percent of the time by his parents. I see him all the time, every day," he said.

Miles said he saw the boy again that day when he went for a walk, and it got him thinking.

"I thought to myself, if this kid can negotiate life and get up every day in that body, why am I whining about the Olympics?" he said. "This story ... is about perspective. I think so many times in life we get so hung up on the thing that's dangling right in front of us, the things we feel are most important."

If the students keep things in perspective, they will be better able to lead a balanced life, Miles said. He concluded his comments by advising them to take the same attitude toward working hard that he had in his athletic career.

"I didn't want to look back in 10 years' time and think, 'Man, would I have done something differently? Maybe if I had run a little bit harder. What if I had taken that chance?" he said. "If you can tackle everything with the idea of, 'In 10 years' time would I have done anything differently?' I think you will find that you have been a success."

Several of the senior class officers also spoke Saturday afternoon.

Class treasurer Brooke Schwasinger said she learned a lot from her "talented and supportive" classmates over the years.

"This class has taught me to follow my dreams and believe in myself," she said. "It is safe to say they made me the person I am today."

Class representative Mariah Larson discussed the many milestones the students passed to reach their graduation, and the many they have yet to accomplish.

"I think it's important to remember that each day leading up to these milestones is as important as well," she said. "We should do our best to remember not to count the days, but to make the days count."

Class secretary Sarah Hansen congratulated everyone, saying they started and ended their journey together.

"However, it wouldn't feel right not to acknowledge a classmate of ours who isn't here today, and that is Nick Irvine," Hansen said. "I think we can all agree he is very much here with us today in spirit, and I'm sure he's proud to see all of us in our caps and gowns.

"Our senior class has donated a bouquet that's center stage, and we also left a chair open for him to remind you all that he is and will always be a part of the Vermillion High School class of 2013," she said. University of South Dakota track and field assistant coach and former Olympic pole-vaulter Derek Miles was named to the U.S. Track and Field/Cross Country Coaches Association's NCAA Division II Athlete Hall of Fame on Friday, May 20.

He was inducted during a ceremony before the D-II National Championships in Pueblo, CO, on May 22.

Miles, a native of Four Oaks, CA, was a five-time All-American in the pole vault at USD. He also qualified for the D-II National Championships in

### **TENNIS** From Page 05

Helenurm in the fourth flight, Mark Helenurm in the fifth and Joe Swanson at No. 6 all lost their first two matches and were eliminated. The same was true for Day-Helenurm at No. 1 doubles and Helenurm-Swanson at No. 3 doubles.

In singles play Card lost to Logan Barr, Roosevelt, 6-0, 6-0, and to Logan Meyer, Huron, 10-2. Day fell to Chuck Tang, Stevens, 6-0, 6-0, and to Vlad Chilom, Brookings, 10-1. Mark Helenurm's losses were to Ethan Elbers, Washington, 6-2, 6-1, and to Blake Meyer, the long jump, triple jump and decathlon during his collegiate career.

After graduating from USD, Miles competed at three Olympics in the pole vault with a best finish of fourth at the Beijing Olympic Games in 2008. He also became a three-time U.S. champion and a sixtime world team member with a high mark of 19 feet, 2½ inches.

Miles, who now coaches the pole vault for USD track and field, has four USD women's pole-vaulters ranked in the top-30 in the nation.

Huron, 10-1. Kevin Helenurm was beaten by Jake Moran, O'Gorman, 6-0, 6-1, and Aiden Hartwig, Washington, 10-2. Swanson fell victim to Isaiah Wilhauer, Aberdeen Roncalli, 6-1, 6-0, and Nick Bien, Brookings, 10-1.

The Day-Helenurm doubles duo lost to Cherry-Iwan, Rapid City Central, 6-0, 6-1, and to Mashell-Zvorak, Spearfish. Helenurm-Swanson lost to Feehan-Olson, Stevens, 6-1, 6-2, and to Shindler-Fanta, Yankton, 10-7.

Watertown wrestled the state team championship away from where it usually goes – Sioux Falls or Rapid City – with 604 team points to Rapid City Stevens' 580. The Tanager players accumulated 16 team points.

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