SCHOOL MENUS

Menus listed below are for November 28 -December 4. Menus are subject to change without notice.

Vermillion Elementary & Middle School - Breakfast

Available everyday: Breakfast entrée or choice of cereals with toast. Fruit or Fruit Juice, Milk choices.

Wednesday - Homestyle Biscuit w/Egg & Cheese

Thursday – Pancake Sausage Stick Friday - Fresh Baked

Cinnamon roll Monday - NA Tuesday – NA

Elementary Vermillion Schools - Lunch

Wednesday - Baked Crispy chicken Sandwich or Fresh Baked Pizza, **Steamed Carrots**

Thursday – Super Nachos, Rice or Baked Breaded Fish Sandwich, Refried Beans

Friday – Home-style Lasagna, Breadstick or

BBQ Rib Sandwich, Green Beans, Waldorf Dessert Monday – NA Tuesday – NA

Vermillion High & Middle School - Lunch

Wednesday – Baked Crispy Chicken Sandwich or Home-style Pizza or Ham & Cheese Sandwich, Steamed Carrots

Thursday – Super Nachos, Rice or Baked Breaded Fish

& Cheese Sandwich or Crispy Chicken Salad, Breadstick, Refried Beans

Friday – Home-style Lasagna, Breadstick, BBQ Rib Sandwich, or Sub Sandwich, Green Beans, Waldorf Salad

> Monday - NA Tuesday – NA

Elk Point Breakfast and Lunch

Wednesday – Pancakes & Sausage, Fruit – Lunch: Buffalo Chicken Pizza or Chicken Ala King on a Biscuit, Green Beans, **Baked Apples**

Thursday – Biscuits & Gravy & Fruit – Lunch: Corn Dog or Runza Casserole, Mac & Cheese, Baked Beans, Jell-O w/Fruit

Friday – Cinnamon Bun & Fruit - Lunch: Salsa Chicken or Fish Shapes, Noodles, Peas, Squash,

Monday – Eggs & Toast & Fruit – Lunch: Chicken Fried Steak or Salisbury Steak, M. Potatoes & Gravy, Corn, Kiwi

Tuesday – Breakfast Pizza & Fruit – Lunch: Pizza or Goulash, Green Beans, Baked Squash, Berries & Cream, **Breadsticks**

Irene-Wakonda School -**Breakfast**

Available every day: Breakfast entrée or Choice of cereals w/toast, Fruit, Milk Choices

Wednesday – Homestyle Sausage Gravy over **Biscuit**

Thursday – Cinnamon

Friday – NA Monday - NA Tuesday – NA

Irene-Wakonda Elementary School - Lunch

Wednesday – Baked Chicken Nuggets or Breaded Pork Patty, Mashed Potatoes & Gravy, Waldorf Salad

Thursday - Baked Breaded Fish Sandwich or Pizza, Steamed Carrots

> Friday - NA Monday - NA Tuesday – NA

Irene-Wakonda High Middle School - Lunch

Wednesday – Country Fried Steak, Roll or Baked Chicken Nuggets or Sub Sandwich, Mashed Potatoes & Gravy, Waldorf Dessert

Thursday – Baked Breaded Fish & Cheese Sandwich or Pizza or Deli Wrap, Steamed Carrots

Friday – NA Monday - NA Tuesday – NA

Wreath decorating contest, Tree of Lights announced

Dakota Hospital Foundation (DHF) announces the 2012 Wreath Decorating Contest. Community members are invited to submit a live or artificial wreath (up to 26 inches in diameter) decorated to your personal style or theme of choice.

Decorated wreaths must be submitted with a completed Wreath Contest registration form on Wednesday, Dec. 5 from 8 a.m.-5 p.m. Special arrangements may be made for an earlier drop-

All wreaths entered will be auctioned at the Dakota Hospital Foundation Tree of Lights Open House and Wreath Auction being held on Thursday, Dec. 6. All proceeds will assist in funding the new Sanford Arts program at Sanford Vermillion.

Tree of Lights The Tree of Lights program in its sixth year

provides community members with the opportunity to purchase a light in memory of, in honor of, or as a special holiday greeting to friends, coworkers and loved ones.

Lights purchased may serve as a unique holiday gift. A special holiday ornament card is sent to intended recipients.

The four-story evergreen located at the corner of Main and Plum streets at Sanford Vermillion has been designated for the Tree of Lights display and will remain lit throughout the holiday season.

The Tree of Lights Open House will take place at the Al Neuharth Media Center in the Concourse and Freedom Forum Conference Room. The evening will feature a lovely variety of hors d'oeuvres and refreshments beginning at 5 p.m. with the Wreath Auction starting at 6 p.m.

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DAKOTA SENIOR MEALS

Dakota Senior Meals Served at The Main Street Center &

Town Square, "Meals on Wheels' Please call before

9:00am to schedule or

cancel a meal at 624-7868. Menus listed below are November 21 - 27. Menus

are subject to change without notice. All menus are served with whole grain bread and 1% milk unless otherwise noted

Wednesday - Meatloaf, Baked Potato w/Sour Cream, Creamed Peas, Pineapple Apricot

Thursday – Tater Tot Casserole w/Green Beans, Tossed Salad, Acorn Squash, Pears

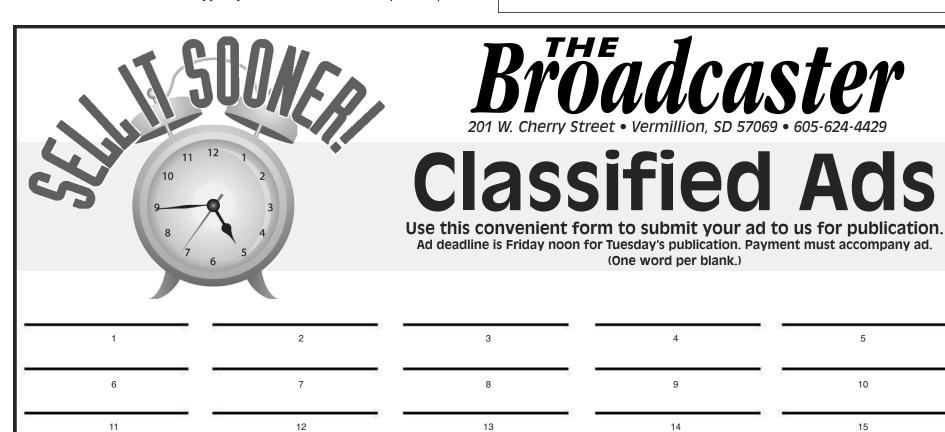
Friday – Ham Potato Omelet, Winter Blend Vegetables, Banana, Cinnamon Roll Monday/Tuesday NA

Blood drive at Wal-Mart Dec. 7

With the holidays fast approaching, it is important to remember those in need, especially hospital patients in need of blood. Blood donors can help prevent a blood shortage during the holidays by making an appointment to donate.

Plan to give your life-saving gift at the next Wal-Mart Vermillion Blood Drive. The blood drive will take place on Friday, Dec. 7, from 9-11:30 a.m. in the Bloodmobile at Wal-Mart, 1207 Princeton St.

For more information or to schedule an appointment to donate, contact LifeServe Blood Center at (800) 287-4903 or visit www.lifeservebloodcenter.org.



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