

# Let Laura Jones serve you the 'eye opener'

**By Travis Gulbrandson**  
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There's a new face in the Neuharth Café at the Al Neuharth Media Center.

Laura Jones has taken over for Julie Madden in serving USD students, faculty and staff in need of a caffeine boost.

Jones has worked for Aramark for the past nine years, but has only been manning the café since the beginning of the fall semester.

But that doesn't mean she's new to the coffee game.

"I was trained on coffee in 2005, so I've been doing it for seven years now," she said. "(The training) is just how to make drinks, how many of shots go into a

mocha, for example – basic coffee shop stuff."

Jones' regular day begins when she reports for work at 7 a.m.

"I start by turning on the espresso machine, and then brew all the different roasts for the day," she explained.

There are six different roasts available each day, out of a choice of nine.

"There are monthly roasts, but we only brew fair trade and rainforest-friendly eco-ground brews," Jones said.

"People start coming in around 7:45. We open at 7:30."

Customers keep passing through until closing time, she said.

"It's really sporadic – I haven't been able to figure out when they all come," she said.

## Spotlight On

UNIVERSITY OF SOUTH DAKOTA

"Sometimes it's between classes, sometimes it's during when a normal class period is, so I don't really quite understand it."

On an average day, Jones said she serves between 75 and 100 customers.

For those who aren't interested in coffee, the

Neuharth Café also serves tea, Italian sodas, smoothies and hot chocolate, as well as food items.

Jones said the biggest sellers are brewed coffees and white mochas.

Her own favorite item on the menu is "the eye-opener."

"It's a shot of espresso



and black coffee," she said. "(I like them) right away in the morning. I can not function without it. I'm very foggy in the morning."

A native of Wayne, NE, Jones said she has two favorite aspects of her

job. The first is actually making the different varieties of coffee drinks.

The second is a simple, two-word answer.

"Free coffee," she said with a laugh.

# Time for influenza vaccination

Although it's only September, influenza has been detected in South Dakota, prompting a state health official to urge universal vaccination.

"We have already reported four confirmed cases of influenza, all children," said Dr. Lon Kightlinger, state epidemiologist for the department. "Fortunately the vaccine is readily available this year and now is a good time to be vaccinated."

Kightlinger noted that 51.1 percent of South Dakotans over the age of 6 months were vaccinated

against the flu during the 2011-2012 season, the highest rate in the nation.

Annual flu vaccination is recommended for everyone, but some groups are at higher risk for complications – pregnant women, people over 50 years and people with chronic medical conditions. Health-care workers and household contacts of high risk populations such as those with young infants in the household should especially be vaccinated.

Kightlinger encouraged parents to take advantage of the free flu vaccine the

state offers for kids from six months to 18 years. Kids account for a significant number of flu cases and hospitalizations each year and also help spread the illness in the community. Vaccinating children protects them and the people around them.

South Dakotans can also prevent the spread of the flu by practicing the common sense measures of the department's "Stopping the flu starts with you" campaign:

Wash your hands often with soap and water or use alcohol-based hand gel if you can't wash;

Cover your mouth when you cough or sneeze; Don't touch your eyes, nose or mouth;

Stay home if you're sick.

Influenza is a viral respiratory illness marked by the sudden onset of fever, headache, extreme tiredness, dry cough, sore throat, runny or stuffy nose and muscle aches. It spreads when an infected person coughs, sneezes or talks, sending the highly contagious virus into the air. Learn more at <http://flu.sd.gov>.

# Clay-Union Foundation seeking mentors

The Clay-Union Foundation is seeking new members in their mentoring program, and invites both adults and youth age 5-17 to join their organization.

An adult male volunteer in Vermillion would like to mentor a youth age 10-14 years old, and spend time with him. A 16-year-old

girl is also seeking an adult female mentor. The process is easy, and there is no cost to join the program. Group activities are covered by the foundation.

Mentors are also needed in Elk Point and Jefferson, SD.

Mentoring pays huge benefits for both the youth and adults, Applications

for both youth and adults are at <http://www.clay-unionfoundation.org/>. The volunteers are all background checked, and interviewed before the match, and are asked to spend two hour per week with their match, which

can have a positive impact on a youth's life.

Call John Gille at (605) 421-5050 for further information. The foundation is funded in part by the United Way of Vermillion.



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**CHINA:** Bavaria China Set-8 place setting with cream/sugar, gravy boat, covered butter dish, platter, Lefton Ladies, Garrert Shaving Mug, Nippon China butterfly pattern, Limoges plates, pin cushion doll, S&P Shakers, 22 K Gold Trim Tea Set with Tea pot, and cream/sugar Fiesta: many pieces of Fiesta Coffee Pot, Pitcher, candle holder, Cream/sugar, salt and peppers, several plates different colors and different sizes, bowls, **QUILTS:** tulip, maple leaf, Grandmas flower garden, **Hudson Bay Point Blanket-2points, SILVERWARE:** 1847 Rogers 51 piece "Eternally Yours" 8 salad forks, 8 dinner forks, 8 soup spoons, 8 teaspoons, 8 tablespoons, 8 knives with 2 serving spoons and butter knife, 6 Sterling Lunt Silversmiths "Monticello" spoons, monogrammed Susie sterling silverware, other sterling silverware, **JEWELRY:** Hamilton Watch Co. 22 jewel Government GCT pocket watch-AN5740-cracked glass, Elgin 15 jewel Pocket watch, Jewelry: black hills gold, Diamond rings, sterling rings, Pearl Necklace, costume jewelry, **MILITARY:** 2 Okinawa 1951 license plates, US Army Air Corps Wool Jacket WW2, US Army Footlocker, **NEAT ITEMS:** Sir Edmund Hillary signed picture and program, Roy Rogers 9" Cap Gun, wood golf clubs, trike, Ron Yary & Jim Tyrer Football cards, small Kennedy campaign button, large area rug, hat and hat box, folding bed table, brass vases, games, records, **Books** A family of readers and there are so many GOOD books listing just a few, (do have a complete listing of books), Mark Twain Volume 9 Authors National Edition complete set of 25, The World's One Hundred Best Short Stories 1910 complete set of 10, The Best of the World's Classics by Henry Cabot-Lodge set of 7, The Essays of Ralph Waldo Emerson The First and Second Series and so many more. **ART** Collages by Celine Trabuc, Painting by Brunt 1980 Lutece from France, Horse Painting by E Brown 1917, pencil drawing, other paintings from France, floral hand painted pictures, tapestry from Africa, wood carved animals from Africa, **HOUSEHOLD & FURNITURE:** 2 yr. old Lazy boy recliner-olive color, new in December of 2011 Dynex 46" LCD Flat Screen TV, Acer laptop computer, Drop Leaf Formica top table with 4 bentwood chairs, large white with oak colored legs table with 4 chairs and bench, several bookcases, Hoover upright Vacuum Cleaner, Dirt Devil Deluxe Vacuum, stain glass table lamp, brass lamps, brown sofa, lazy boy mauve recliner, small stands, humidifier, dehumidifier, small older hutch, singer sewing machine in cabinet, dressers, twin bedroom set with 2 beds with bookcase headboards, large dresser with mirror and 2 corner stands, Queen bed, Double bed, 2-2 drawer file cabinets with desk top, other desks, roll a way bed, folding chairs, desks, Lexmark printer, Magic Chef microwave, 14 cu ft Frigidaire refrigerator, small Sharp TV, many small stands, kitchen wares and small appliances like food processor, pots and pans, DP Air Exercise Bike, baby bed, blood pressure monitor **MISCELLANEOUS:** Yard and Garden tools, garden hoses, 16gal Craftsman shop vac, white metal cabinets, ladders, bikes, hand tools.

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