DAKOTA SENIOR MEALS

Served at the Main Street Center and Town Square, "Meals on Wheels." Please call before 9 a.m. to schedule or cancel a meal at 624-7868. Menus listed below are for the week of Oct. 17-23.

Menus are subject to change without notice. All menus are served with whole grain bread and 1% milk, unless otherwise noted.

Wednesday - Baked Chicken, Mashed Potatoes and Gravy, Baked Squash, Fruit.

Thursday - Pork Chop w/ Celery Sauce, Sweet Potatoes, Green Beans, Banana.

Friday - Taco Salad w/ Meat, Bean, Cheese, Salsa, Lettuce, Tomatoes and Tortilla Chips, Fruit. Monday - Beef Barley Soup, Sesame Broccoli, Apricot Pineapple Compote, Apple

Tuesday - Turkey Ala King over Biscuit, Mixed Vegetables, Peaches, Tomato Juice

Classified Work! Call 624-4429.



www.forkfly.com

Cash In on a Classic. Start Something New.

> Buy and sell the easy way with the Classifieds.





Broadcaster www.broadcasteronline.com



Classified Work! Call 624-4429.



With no appointment necessary, your Vermillion Hy-Vee Pharmacy is the best place to get the protection you and your family need to beat the flu this season. Stop in and get your flu shot today.

HyVee.

525 West Cherry | Vermillion, SD | 605-624-9591



\$5.00 at the door. Kids under 8 free.