

### SCHOOL LUNCH MENU'S

Menus listed below are for October 7-13.

Menus are subject to change without notice.

#### Vermillion Schools

##### Breakfast

Available everyday: Breakfast entrée or choice of cereals with toast. Fruit or Fruit Juice, Milk choices

**Wednesday** - A. Waffles with Syrup, B. Cereal Choices and Toast, Mixed Fruit, Juice Choices, Milk Choices

**Thursday** - A. Breakfast Pizza, B. Cereal Choices and Toast, Pineapple, Juice Choices, Milk Choices

**Friday** - A. Fresh Baked Cinnamon Roll, B. Cereal Choices and Toast, Applesauce, Juice Choices, Milk Choices

**Monday** - No School  
**Tuesday** - A. Breakfast Pizza, B. Cereal Choices and Toast, Pineapple, Juice Choices, Milk Choices

#### Vermillion Elementary Schools

##### Lunch

**Wednesday** - A. Home-style Cheese Quesadilla and Beef Enchilada Soup, B. Crispy Chicken Sandwich, Black Beans

**Thursday** - A. Home-style Cavatini, B. Mini Corn Dogs, Green Beans, Fresh Baked Sugar Cookie

**Friday** - A. Hot Ham & Cheese Sandwich, B. Pizza, Golden Corn

**Monday** - No School  
**Tuesday** - A. Taco in a Bag, B. Hot Dog, Chili Lime Corn, Cinnamon Bread Stick

#### Vermillion High & Middle School

##### Lunch

**Wednesday** - A. Home-style Cheese Quesadilla and Beef Enchilada Soup, B. Crispy or Spicy Chicken Sandwich, Black Beans

**Thursday** - A. Home-style Cavatini (Bread Stick - HS), B. Mini Corn Dogs, Green

Beans, Fresh Baked Sugar Cookie

**Friday** - A. Hot Ham & Cheese Sandwich, B. Pizza, Golden Corn

**Monday** - No School  
**Tuesday** - A. Taco in a Bag, B. Hot Dog, Chili Lime Corn, Cinnamon Bread Stick

#### Elk Point-Jefferson

##### Breakfast

**Wednesday** - A. Waffles with Syrup, B. Cereal Choices and Toast, Mixed Fruit, Juice Choices, Milk Choices

**Thursday** - A. Breakfast Pizza, B. Cereal Choices and Toast, Pineapple, Juice Choices, Milk Choices

**Friday** - A. Fresh Baked Cinnamon Roll, B. Cereal Choices and Toast, Applesauce, Juice Choices, Milk Choices

**Monday** - No School  
**Tuesday** - A. Egg & Cheese Biscuit Sandwich, B. Cereal Choices and Toast, Pineapple, Juice Choices,

Milk Choices

#### Elk Point - Jefferson Elementary School

##### Lunch

**Wednesday** - A. Home-style Cheese Quesadilla and Beef Enchilada Soup, B. Crispy Chicken Sandwich, Black Beans

**Thursday** - A. Home-style Cavatini, B. Mini Corn Dogs, Green Beans, Fresh Baked Sugar Cookie

**Friday** - A. Hot Ham & Cheese Sandwich, B. Pizza, Golden Corn

**Monday** - No School  
**Tuesday** - A. Taco in a Bag, B. Hot Dog, Chili Lime Corn, Cinnamon Bread Stick

#### Elk Point-Jefferson High & Middle School

##### Lunch

**Wednesday** - A. Home-style Cheese Quesadilla and Beef Enchilada Soup, B. Crispy or Spicy Chicken Sandwich, Black Beans

**Thursday** - A. Home-style Cavatini (Bread Stick - HS),

B. Mini Corn Dogs, Green Beans, Fresh Baked Sugar Cookie

**Friday** - A. Hot Ham & Cheese Sandwich, B. Pizza, Golden Corn

**Monday** - No School  
**Tuesday** - A. Taco in a Bag, B. Hot Dog, Chili Lime Corn, Cinnamon Bread Stick

#### Irene-Wakonda School

##### Breakfast

Available every day: Breakfast entrée or Choice of cereals w/toast, Fruit, Milk Choices

**Wednesday** - Apple Bosco Stick, Fruit, Milk Choices

**Thursday** - French Toast Sticks, Fruit, Milk Choices

**Friday** - N/A  
**Monday** - No School  
**Tuesday** - Breakfast Sliders, Fruit, Milk Choices

#### Irene-Wakonda Elementary School

##### Lunch

**Wednesday** - A. Breaded Pork Fritter, B. Popcorn

Chicken, Bread, Mashed Potatoes with Gravy

**Thursday** - A. Cheesy Chicken Casserole, B. Cheeseburger, Carrots

**Friday** - N/A  
**Monday** - No School  
**Tuesday** - A. Goulash with Bread, B. Mini Corn Dogs, Peas

#### Irene-Wakonda High & Middle School

##### Lunch

**Wednesday** - A. Breaded Pork Fritter, B. Popcorn Chicken, Bread, C. Italian Sub, Mashed Potatoes with Gravy

**Thursday** - A. Cheesy Chicken Casserole, B. Cheeseburger, C. Roast Beef & Swiss Sub, Carrots

**Friday** - N/A  
**Monday** - No School  
**Tuesday** - A. Goulash with Bread, B. Mini Corn Dogs, C. Cold Cut Sub, Peas

### Dakota Senior Meals

Served at The Main Street Center & Town Square, "Meals on Wheels"

Please call before 9:00am to schedule or cancel a meal at 624-7868.

Menus listed below are

Oct. 7 - Oct. 13. Menus are subject to change without notice. All menus are served with whole grain bread and 1% milk unless otherwise noted.

**Wednesday** - Lasagna, Herbed Green Beans, Seasoned Cabbage, Banana

**Thursday** - Baked Chicken Fried Steak, Mashed Potatoes with Gravy, Peas, Apricots

**Friday** - Clam Chowder, Wheat Crackers, Vegetable Medley, Cottage Cheese and Pineapple Salad, Orange

**Monday** - No Meals: Columbus Day! Call Friday for a quart of soup

**Tuesday** - Salisbury Steak, Mashed Potatoes & Gravy, Parslied Carrots, Fresh Fruit

### Men's Senior Golf Fun League

Nineteen seniors competed in a best-ball match at 1 p.m. on Tuesday, Sept. 29.

The best round was a 33 shot by the team of Guy Button, Harlan Shott, Gene Iversen, Louie Fostvedt and John Wirth. Three birdie putts were made and there were no bogies. Button had a 7 foot putt on #11, Fostvedt had a 4 foot putt on #13 and Wirth had a 15 foot putt on #15.

Two teams had 35's and it took the sixth tie-breaker hole to give second place to the team of Tony Glass, Ken Beringer, Don Baer,

Milo Gilbertson and Cleland Cook. Gilbertson made a 15 ft. birdie putt on #14 and a 10 ft. birdie putt on #16.

The third place team of Jerry Sommer-vold, Sid Davis, Terry Johnson, and Alan Clem shot the other 35.

Vern Holter, Mike Paulson, Ray Lynn, Richard Morse and Elmer Mount came in fourth.

We will continue to meet on Tuesdays at 1 p.m. at the Bluffs, while the weather is good.

### McGovern Center Seeking Nominations For The McGovern South Dakota Hunger Ambassador Award

MITCHELL, S.D. — The McGovern Center at Dakota Wesleyan University is seeking nominations for the McGovern South Dakota Hunger Ambassador Award, which will be announced at the McGovern Hunger Summit on Nov. 12.

Nominations will be accepted up to Oct. 29. An online nomination form is available at <http://www.dwu.edu/hungersummit>.

The McGovern South Dakota Hunger Ambassador Award will be given to a South Dakotan who goes above and beyond to provide food security to the people of South Dakota.

Last year, John Lushbough of Vermillion, was named the McGovern South Dakota Hunger Ambassador Award.

Lushbough is the founder and coordinator of Vermillion Welcome Table, a free weekly meal for underprivileged, and the head of the Vermillion Weekend Backpack Program, a program that provides easy-to-prepare meals for area youth. He has been serving his community for 25 years.

Pillow Cleaning will be available in this vicinity:

Saturday, October 17<sup>th</sup> 9:00 - 1:00pm

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Concordia Lutheran Church - 7 South University St. - Vermillion

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### Vermillion School District Fall 2015 Parent-Teacher Conferences

**Monday, October 19<sup>th</sup> - 2:30pm - 8pm**

There will be an early dismissal for the students on

Monday, October 19<sup>th</sup> as follows:

Austin and Jolley Elementary - 1:50pm

Middle and High School - 2pm

**Wednesday, October 21<sup>st</sup> - 1pm - 6pm**

There will be no school on Wednesday, October 21<sup>st</sup>.

Teacher In-Service will be held from 8am - noon and conference to begin at 1pm after In-Service.

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