

Chili Blues Cook-Off adds heat to USD Dakota Days

T. Wilson King and a dozen area chefs and are cooking up a tasty celebration of food and music at the Vermillion Area Arts Council's 21st annual Chili Blues Cook-Off on Saturday, Oct. 8.

Spicy, mild, vegetarian, and Texas-style, the cooks will have a chili to suit all. The event, starts at 5:30 p.m. at the home of the Vermillion Area Arts Council, the Washington Street Arts Center, 202 Washington Street, Vermillion. The annual event coincides with the University of South Dakota's Dakota Days homecoming celebration.

Chili Blues guests will cast votes for their favorite chili to win the "People's Choice" award. Three judges from the community will also weigh in to award the "Judge's Choice" to their favorite chili concoction. In addition to chili selections, the cook-off will feature a variety of cornbreads, side dishes, and desserts. Pop, beer, and wine will be available for an additional purchase.

T. Wilson King will entertain the hungry guests throughout the evening. T. Wilson grew up in Sioux City, IA, where in high school, he was lead singer in bands playing the latest hits of the Beatles, Rolling Stones, James Brown, and Motown. After



KING

two years of service in the Army during the Viet Nam War, he bought a guitar and taught himself to play. He began playing for food and tips on street corners, in bars, coffee shops and health food restaurants, and at house parties, scraping out a living in the San Francisco and Monterey Bay area.

He says, "I guess I'm what you might call a 'journeyman.' I really dig the blues as well as Hank Williams and Woody Guthrie. I enjoy and have been influenced by all the musical styles. I just mixed them all together and came up with my own recipe, so to speak. My favorite moments are when the music is reaching out and touching the listener somehow and we're all having a good time."

Tickets to Chili Blues are \$10 for each Vermillion Area Arts Council adult member; \$15 for non-member adults; \$5 for children ages 11 – 18, and free for children ages 10 and under.

USD med student promoting use of automated external defribillators

By Travis Gulbrandson
travis.gulbrandson@plaintalk.net

It is estimated that sudden cardiac arrest (SCA) kills approximately 250,000-500,000 people in the United States each year. Of those, an estimated 7,000-10,000 are young people, most often athletes.

This is one reason that Jon Christensen, a medical student at the University of South Dakota, has embarked upon a campaign regarding public access defibrillation, through which he is promoting the use of automated external defibrillators (AEDs) and CPR.

AEDs are devices that automatically diagnose cardiac arrest and apply an electric shock that helps the heart to resume beating, and are often found in public places such as schools, churches and businesses.

"It's been proven to be pretty easy to use," Christensen said.

Not only that, they are accurate, only providing a shock when it is required, he said.

"For example, if somebody is passed out and you don't know if they're in cardiac arrest, if there's an AED there you can put it on," he said. "If the person has a pulse and they're breathing ... it won't shock them. Whereas, if the person is not breathing and doesn't have a pulse, it will shock them."

"It has eradicated inappropriate shocks," he said.

Christensen – who also is an EMT and a volunteer fireman – said survival rates increase up to 90 percent if a person is defibrillated within the first minute.

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JON CHRISTENSEN

So that kind of stresses the importance of early defibrillation," he said.

This is why it is so important for AEDs to be readily available in public places, he said.

However, this is not always the case.

When he was working on his thesis project two years ago, Christensen took a survey of most of the AA schools in the state in regard to the presence of AEDs.

"I think about 90 to 95 percent of the high schools have an AED, so the schools are looking great," he said. "The public places – that includes libraries, government buildings – about 60 percent of those have them."

Businesses have the lowest placement, he said – about 15-25 percent.

"It demonstrates that there's still a need to try to improve the placement of AEDs," he said. "This is a saying I've come across in the research: 'For every fire extinguisher you see out there, the goal is to have an AED next to it.' That way, no matter where you are, it's always available in an emergency situation."

The local 911 dispatcher also has a list of locations that house AEDs, and so can inform the caller on their location and use, if necessary.

Some of the biggest barriers to the placement of AEDs are financial, although Christensen said he is working on a way to purchase them in bulk at a reduced price.

OBITUARIES

Lyle Lawrensen

Lyle Walter Lawrensen, 85, passed away Tuesday, Sept. 6, 2011 at the Sanford Care Center in Vermillion.

Lyle was born on Oct. 30, 1925 in rural Vermillion, to Walter and Venetta (Petersen) Lawrensen. He graduated from Vermillion High School and went on to a lifetime of agriculture. Lyle was known to love farming and was immensely proud of his work. In his free time Lyle liked to enjoy the company of his fellow church members at Dalesburg Lutheran Church, where he was a long-time member, as well as wood working as a hobby.

Lyle also spent time in the U.S. Navy aboard the U.S.S. Hermitage during World War II. His time in service led him to become a member of the American Legion Westland Petersen Alsen Post 44 as well as a life-time member of the Veterans of Foreign Wars.

Lyle is survived by his daughter, Lynn Lawrensen; his son, Martin (Brenda) Lawrensen; his grandchildren, Rachel Phillips, Rebekah LaMie, Renee LaMie, JJ (Kim) LaMie, Roman LaMie,



LAWRENSEN

LaMie.

He was preceded in death by his parents, Walter and Venetta Lawrensen; his brothers, Dale Lawrensen, and Veryl Lawrensen.

Visitation was from 5 to 7 p.m., Sunday, Sept., 11, 2011, at the Kober Funeral Home in Vermillion.

The funeral service was at 2 p.m., Monday, Sept. 12, at the Dalesburg Lutheran Church in rural Vermillion, with Rev. Robert Chapman officiating.

Burial was in Rockfield Cemetery in rural Vermillion following the service.

Condolences may be posted online at www.koberfuneralhome.com.

Zakery Lawrensen, Rosalynn Venetta LaMie, Randy LaMie, Crystal Lawrensen; and his great-grandchild, Annabelle Grace

Noon forum in MUC on Sept. 26

The topic of the Noon International Forum scheduled for Monday, Sept. 26 in rooms 216/216A of the Muenster University Center on Monday, Sept. 26, is "Changes in the Middle East."

The event is sponsored by the Beacom School of Business as part of the International Education Week. Panelists

include: Dr. Musheera Anis (Arabic and a native of Egypt), Nagla Anees (USD Medical School and a native of Egypt) and Achala Sebit Moi (Social Work Junior and a native of Africa's newest nation: Southern Sudan). Moderator will be Dr. Benno Wymar (Economics).

This event is open to the public at no charge.

It's 'Adopt-A-Less-Adoptable-Pet' Week

Heartland Humane Society is going to have our adult cats that have been here a year available for half price adoption thru Sept. 25.

For more information on adopting a cat or dog, stop by the shelter at 601 ½ Burleigh St. in Yankton, go to the website at heartlandhumanesociety.net, email hhs@midconetwork.com or call 605-664-4244.

Heartland Humane Society is a 501(c)3 non-profit organization that serves Yankton and Clay counties in South Dakota and Cedar County in Nebraska and surrounding communities, protecting and enhancing the lives of companion animals by promoting healthy relationships between pets and people.

'Free Fridays' admission to National Music Museum

The National Music Museum (NMM) at the University of South Dakota announced this week that First Bank & Trust, Member of Fishback Financial Corporation, is the museum's first "Free Fridays" admission sponsor.

On July 1, 2011, the NMM's Board of Trustees instituted a new, paid admission schedule to help support the museum's ongoing operational expenses. On all days, with the exception of "Free Fridays" and special evening events, admission is now charged for adults (\$10), with reduced rates for senior

citizens, adult tour groups, and active military (\$8). Children and youth up to age 18 will be admitted at no charge. All current NMM members, as well as all USD students, faculty and staff, are welcome to visit the NMM at any time – free of charge.

First Bank & Trust's participation in the NMM's new sponsorship program enables all visitors free and full access to the NMM's world-class collections and programming every Friday throughout the month of September.

"The NMM's Board of

Trustees and professional staff are honored by First Bank & Trust's sponsorship of the NMM. Their support is a tangible reminder of the Fishback family's long-standing commitment to facilitate and encourage the public's involvement in and appreciation of Vermillion's unique cultural and educational institutions," according to Margaret Downie

Banks, Interim Executive Director.

First Bank & Trust is part of the Fishback Financial Corporation (FFC), a bank holding company with more than \$1.5 billion in assets. FFC has been family owned for over 128 years and has 17 bank locations along the I-29 corridor in eastern South Dakota and southwestern Minnesota.

Sylvia 'Sally' Phillips

Sylvia Faye "Sally" Phillips passed on from this life on Thursday, Sept. 8, 2011 in Fort Worth, TX. Sally was born on Dec. 12, 1937, to Henry and Hilda Benson in Vermillion, where she grew up. She attended the University of South Dakota, where she was a member of Pi Beta Phi Sorority, graduating in 1960. She and three of her sorority sisters moved to Garden Grove, CA, where they had contracts to teach.

On May 4, 1962, she married her husband Billy G Phillips. They had three children. Her husband was a helicopter pilot in the United States Marine Corps. They retired from the Marine Corps at the Marine Corps Base Quantico, VA in 1988. After retirement, they moved to Arlington where they became involved in many volunteer activities in the Metroplex. In 1992 she and her husband became volunteers for the Fort Worth Convention and Visitors Bureau, work which continued to the present.

Sally was a member of St. Barnabas United Methodist Church in Arlington and participated in many church activities.

Sally was a wonderful, loving wife and mother to her family and caring, compassionate friend to everyone she met. She was a gracious, classy lady who could make anyone feel better just by meeting them and treating them with her special kind of friendliness and concern. She will be greatly missed by everyone.

She is survived by her husband, Colonel Billy Phillips U.S.M.C (Ret); he son, Major Jim Phillips (Ret) and daughter-in-law Misty Phillips; her daughters, Andrea Lynn Phillips and Teresa Ann "Teri" Phillips; granddaughter, Stephanie and

grandson, JC. She is also survived by her sister, Adelaide Benson Stevenson.

She was preceded in death by her brother, Burdette "Bud" Benson.

The funeral was 11 a.m. Tuesday at Wade Family Funeral Home Chapel in Arlington, TX, with Dr. Will Cotton officiating. Interment was 1:15 p.m. in Dallas-Fort Worth National Cemetery, Dallas.



HEART ATTACK

KNOW THE SIGNS. ACT IN TIME.

- Pain in the chest, jaw, neck, back or arms
- Shortness of Breath
- Nausea/Sweating

CALL 911 IMMEDIATELY

CH SOUTH DAKOTA DEPARTMENT OF HEALTH

American Heart Association.

Have 403(b) questions? Let's talk.



Curt Robinson
Financial Advisor
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605-624-2028


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