

## MENUS

Menus listed below are for September 4-11. Menus are subject to change without notice.

### VERMILLION ELEMENTARY & MIDDLE SCHOOL

Available everyday: Breakfast entrée or choice of cereals with toast. Fruit or Fruit Juice, Milk choices.

Tuesday – Breakfast Pizza

Wednesday – Home-style Breakfast biscuit sandwich

Thursday – Pancake sausage stick

Friday – Fresh backed cinnamon roll

Monday – Pancakes w/Syrup

Tuesday – Breakfast Pizza

### VERMILLION ELEMENTARY SCHOOLS Lunch

Tuesday – Super Nachos or Macaroni Carbonara, Steam carrots

Wednesday – Beef & bean burrito or Fresh baked pizza, golden corn

Thursday – Hot dog or BBQ rib sandwich, BBQ beans, watermelon

Friday – Home-style Cavatini w/breadstick or Baked crispy chicken sandwich, green beans, chocolate pudding

Monday – Cheeseburger or Italian dunkers w/marinara sauce, green beans, fruit fluff dessert

Tuesday – Breaded pork pattie w/whole grain roll or Baked

chicken nuggets w/whole grain roll, mashed potatoes & gravy, cantaloupe

### VERMILLION HIGH & MIDDLE SCHOOL Lunch

Tuesday – Super nachos or Macaroni Carbonara or Taco salad, steamed carrots

Wednesday – Beef & bean burrito or Pizza or Turkey & cheese sandwich, steamed broccoli

Thursday – Hot dog or BBQ rib sandwich or Crispy chicken salad w/breadstick, BBQ beans, watermelon

Friday – Home-style cavatina w/breadstick or Baked crispy chicken sandwich or Sub sandwich, green beans, chocolate pudding

Monday – Cheeseburger or Italian dunkers w/marinara sauce or Sub sandwich, green beans, fruit fluff dessert

Tuesday – Breaded pork pattie w/whole grain roll or Baked chicken nuggets w/roll or Chef salad w/roll, mashed potatoes & gravy, cantaloupe

### ELK POINT BREAKFAST AND LUNCH

Tuesday – Breakfast pizza & fruit – Lunch: Corn dogs or Philly cheese steak wrap, French fries, Broccoli & cauliflower, berries

Wednesday – Waffles, & sausage, fruit – Lunch: Chicken fried steak or Ham, mashed potatoes w/gravy, corn, pumpkin

pie  
Thursday – Biscuits & gravy, fruit – Lunch: Chicken & noodles or Beans & wieners, hash brown patty, applesauce, sunshine bar

Friday – Cinnamon buns & fruit – Lunch: Fish shapes or BBQ meatballs, whole grain Mac & cheese, peas & carrots, pineapple

Monday – Eggs, toast & fruit – Lunch: Meat nachos or Stuffed baked potato, fresh salsa, peaches, cinnamon bun

Tuesday – Breakfast burrito & fruit – Lunch: Scalloped potatoes & ham or Hawaiian chicken wrap, fresh fruit salad, peas, chocolate cake

### IRENE-WAKONDA SCHOOL

Available every day: Breakfast entrée or Choice of cereals w/toast, Fruit, Milk Choices

Tuesday – French toast sticks

Wednesday – Breakfast pizza

Thursday – Home-style sausage gravy over biscuit

Friday – Fresh baked cinnamon roll

Monday – Breakfast pizza

Tuesday – Breakfast yogurt fruit parfait

### IRENE-WAKONDA ELEMENTARY SCHOOL Lunch

Tuesday – Hot dog or Chili Mac, BBQ beans

Wednesday – Super nachos, whole grain rice

or Chef salad, roll, steamed carrots

Thursday – Home-style cavatina, breadstick or Baked crispy chicken sandwich, green beans, chocolate pudding

Friday – Beef & bean burrito or pizza, steamed broccoli

Monday – Soft shell tacos or Grilled chicken sandwich, marinated black bean salad, fruit fluff dessert

Tuesday – Home-style beef chili, cinnamon roll or Baked corn dog, steamed broccoli

### IRENE-WAKONDA HIGH & MIDDLE SCHOOL Lunch

Tuesday – Hot dog or Chili Mac, BBQ beans

Wednesday – Super nachos, whole grain rice or Hot ham & cheese sandwich or Chef salad, roll, steamed carrots

Thursday – Home-style cavatina, breadstick or Baked crispy chicken sandwich or Sub sandwich, green beans, chocolate pudding

Friday – Beef & bean burrito or pizza or Deli wrap, steamed broccoli

Monday – Soft shell tacos or Grilled chicken sandwich or Sub sandwich, marinated black bean salad, fruit fluff dessert

Tuesday – Home-style beef chili, cinnamon roll or Baked corn dog or Oriental salad, whole grain roll, steamed broccoli

### DAKOTA SENIOR MEALS

Served at The Main Street Center & Town Square, "Meals on Wheels"

Please call before 9:00am to schedule or cancel a meal at 624-7868.

Menus listed below are September 4 - 11. Menus are subject to change without notice. All menus are served with whole grain bread and 1% milk unless otherwise noted

Tuesday – Hungarian goulash, cooked cabbage, fruit

Wednesday – Pork chop w/mushroom sauce, sweet potatoes, green beans, mixed fruit

Thursday – Tuna macaroni salad, cucumber salad, jell-o w/banana, peaches, cheddar drop biscuit

Friday – Hamburger on a bun w/lettuce and tomato, tater tots, baked beans, pears

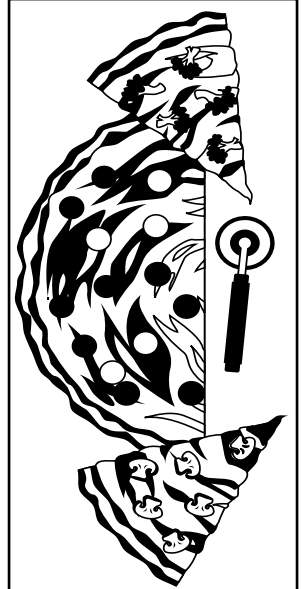
Monday – Sloppy joe on a bun, savory potatoes, broccoli and carrots, applesauce

Tuesday – Turkey tetrazzini, tossed salad, tomato slices, oranges



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## Union County Land Sale

### 526.17 ± Acres

Live Auction - Thursday, Sept. 6, 7 p.m.

Pro's Event Center, 912 N. Dakota St., Vermillion, SD

Tract 1 — 78.75 Acres of Cropland w/ 2 Bins

Tract 2 — 316 Acres of Cropland w/ Irrigation

Sealed Bids — Due Sept. 5, 2012, 4 p.m.

Tract 3 — 131.42 Acres of Prime Missouri River Recreation Land



For complete details, check out our website:  
[www.newharvestland.com](http://www.newharvestland.com)

Or call:

Dan Specht, Broker • 605-661-0283  
Dillon Lambley, Broker • 605-830-2378