HEIKES

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vegetables - the sweet corn is just a bit sweeter, his tomatoes are a bit more pleasing to the palate because the fertile soil brings a higher sugar content to his produce.

Heikes represents the fourth generation of his family that has been involved in agriculture. His grandfather moved to Vermillion after losing his farm near Dakota City, NE during the Great Depression. "He moved here and started over again before the war. By the time the war was done, he had four farms ... and my grandpa bought the farm I grew up on in 1946.

"When my dad passed away three-and-a-half years ago, we decided to come home," Heikes said. "We moved back here about two-and-ahalf years ago.

He and his brother inherited the farm; his brother decided to sell his share, and Heikes decided to make Vermillion his home once again.

He also had a vision of how, in this era, to put his education at South Dakota State University in agronomy and animal science, and his 36 years of experience as a production agronomist to good use on the family farm.

Last year, Heikes raised some typical garden-variety vegetables on the farm. This year, however, represents his first season as a CSA operator.

'What we have there now is a working farm right on the city limits of Vermillion that is about 50 acres of land," he said. "I have about 10 acres of that in a wetlands CRP program, which is native grass and wildlife habitat, and the farmstead itself is about 12 acres of grove and trees and grass, and what I'm actually farming is about 15 acres of the richest ground that I rotate back and forth – I'll farm half of it this year, and I'll farm the other half next year."

The land will be covered with a cover crop and a layer of manure later this fall, to build the soil over the winter months in preparation for next spring's planting.

"I don't use any pesticides, but I've chosen not to be certified organic because of the costs of that," Heikes said.

His shareholders have indicated that they have no problem with his plan to not seek certified organic status.

"I asked all my shareholders, 'do you care?" he said, "They replied that they don't care whether I'm certified organic. They just want to know that my production is sustainable, natural and fresh. So, on that basis, I'm very diverse in my production system."

That diversity is reflected in what Heikes already has planned for the 2013 growing season. Early season produce will include asparagus, lettuce and other leafy greens, radishes, and pea pods.

By mid-season, shareholders can expect to enjoy fresh herbs and spices, onions, garlic, peppers, and numerous varieties of tomatoes. There will also be a host of other bounty – potatoes, squash, cucumbers, zucchini, broccoli and brussel sprouts.

Late season offerings will include a variety of fruit, cantaloupe, watermelon, pumpkins, carrots and parsnips, sweet potatoes, and the yield from a second planting of broccoli, cabbage and brussel sprouts. Heikes also is planning three plantings of sweet corn so that it is available throughout the summer.

The extremely dry summer also means he will be drilling a well on his farm soon, with the hopes of being able to pump 80 gallons per minute to irrigate his seven-acre plot. "That will assure my production during a dry year," he said.

At one point in his career, Heikes was responsible for selling seed to farmers who had thousands of acres of land to plant each spring. Now that he's retired, he can concentrate on producing high value food

crops. "That's a key thing – it's not like farming a 1,000 acres of corn and a 1,000 acres of beans and trying to maximize your production," Heikes said. "I'm only growing half of 15 acres, and I rotate it to keep the sustainability to the soil and to maximize my yield of high-values crops.

"And maybe most importantly, to share that abundant food supply of very high quality fresh produce with the community, which is totally different than what motivated me before," he said. "The heart of the farm is the soil, and in the beginning it's the seed. The motivation is not entirely profit driven, because of the relationship with the shareholders.

"I've always loved fresh vegetables, and now I'm doing it on a larger scale and sharing it with the community, which is a wonderful thing to do," Heikes said.

Deployed soldiers honored at welcome home ceremony

Seven Soldiers from the South Dakota Army National Guard's 451st Engineer Detachment (Firefighting Team) returned home today after completing a one-year tour to Afghanistan in support of Operation Enduring Freedom.

A welcome home ceremony vas held in their honor and nearly 200 family members and friends gathered at the Duke Corning Armory in Rapid City for their arrival.

The Sturgis-based 451st deployed in September 2011 and provided structural fire protection of bases in Marmal Afghanistan. This was the unit's first deployment.

Gov. Dennis Daugaard and Maj. Gen. Tim Reisch, adjutant general of the SDNG, were featured speakers at the ceremony and commended the soldiers for a job well-done.

"We're glad you're back, not only so you can come back to the way of life we're so lucky to have here in America, but because we know your safe," said Daugaard. "Whether training Afghans or working with other firefighters from other states or other countries, we're very proud of what you did."

While deployed, the 451st responded to 21 emergency and non-emergency calls for aid, provided fire and life safety evaluations, assisted in a flood relief operation, trained with German forces and trained Afghan National Army soldiers on firefighting techniques.

"The South Dakota National Guard has a tremendous legacy that goes back over 150 years. Each of our units that go off carries that legacy with them," said Reisch. "The 451st has done its part to maintain and extend the legacy. Thank you for what you've done and welcome home."



Gant announces September as Voter Registration Month

Secretary of State Jason Gant announced today that September is Voter Registration Month in South Dakota.

"Voting is one of the great privileges afforded Americans by way of citizenship. We want to recognize the importance of living in a country where you have a say in who represents you in government and how it operates," Gant said. "In the last presidential election in 2008, 6 million people reported they failed to vote because they didn't know how to register or missed the registration deadline. I want to make sure that doesn't happen in South Dakota."

Voting is the cornerstone of a democracy. In order for eligible citizens to cast a ballot, they must register to vote. Therefore, Gant is working alongside organizations including the National Association of Secretaries of State and Rock the Vote to promote awareness of voter registration, culminating in National Voter Registration Day on Sept. 25. Gant urged those who are thinking about conducting voter registration drives to carefully read

instructions and laws.

To be eligible to register to vote in South Dakota, a person must be a United States citizen, a resident of South Dakota and at least 18 years old on or before the next election; a registrant must not be serving a felony sentence or not judged mentally incompetent by a court of law.

Complete instructions about how to register to vote in South Dakota can be found online at sdsos.gov. County Auditors administer voter registrations for residents of their counties, and voter registration forms can be filled out and delivered in person or mailed to these offices. Eligible South Dakotans may also register to vote at city finance offices, driver licensing stations, public assistance agencies including TANF and WIC, Department of Human Services offices providing assistance to the disabled and military recruitment offices.

The deadline for voter registration is 15 days before any election in South Dakota. The deadline is Oct. 22 for the 2012 General Election on Nov. 6.

CMJ department at USD welcomes Suriname journalism delegation

The Department of Contemporary Media & Journalism at the University of South Dakota hosted a visiting delegation of journalists from Suriname, Sept. 10-12.

The journalists traveled from Suriname, located in northern South America, to learn more about American journalism culture. While at USD, they attended several media classes, toured the Al Neuharth Media Center, met with Coyote News staff and students at The Volante, and participated in a South Dakotans for Open Government presentation and discussion on Tuesday, Sept.

"We are excited about the opportunity for our students to compare and contrast their culture with ours," stated Michelle Van Maanen, chair, Contemporary Media & Journalism Department, prior to the visit. "The delegation

from Suriname will have a great deal of interaction with our student media outlets and discover that most student journalists on college campuses deal with multiple platforms on every story."

Additionally, the journalists from Suriname spent a day in Sioux Falls, Sept. 12, attending an Argus Leader newspaper meeting in the morning followed by an afternoon news meeting and tour at KELO-TV. A reception for the Suriname journalists, sponsored by USD, the South Dakota Broadcasters Association and the South Dakota Newspaper Association, was scheduled for 6 p.m. on Sept. 12 at the Paramount Lounge in Sioux Falls.

"We at the U.S. Embassy in Paramaribo, the capital of Suriname, are delighted to be sending five talented Surinamese journalists on a trip that has been long

planned and is much needed, given the opportunities and challenges for media practitioners in Suriname, a former Dutch colony," said Susan Ross, Public Affairs Officer with the U.S. Embassy at Paramaribo, Suriname. "This is an unparalleled opportunity for the Surinamese journalists to interact with American students, academics and media professionals, to discuss and learn about topics as varied as free speech, FCC regulations, digital news, media ethics, journalistic objectivity, and media law. We are hopeful that these journalists will then advise and support their colleagues in Suriname upon their return, utilizing the connections they will make in South Dakota and maintaining a broad network of cross-cultural professional connections."

Midcontinent Communications launches 'TV Everywhere' for Turner Networks

Midcontinent Communications video subscribers now have access to "TV Everywhere" programming for Turner Networks.

"We are excited to add this 'TV Everywhere' option for our customers," said Director of Programming Wynne Haakenstad. "Now customers can view their favorite Turner Network programs, series, news and sporting events when they want and on the device they prefer."

Viewers can use their PCs, laptops and mobile devices to watch Turner Network programming 24 hours after the programming is aired on cable. Channels include TBS, TNT, truTV, Cartoon Network, CNN, HLN and Adult Swim.*

Content is accessed with a Midcontinent Communications e-mail address (username) and password. Authentication to each Turner Networks channel is based on video subscription.

Access to the network online depends on subscriber's video package.

Customers can access Turner Network programming online by visiting the channel Web site or at Midco.net:

1. Select provider: Choose Midcontinent Communications from the list that appears in the apps or on the channel's website.

2. Sign in: Use your Midcontinent Communications email address

Fun & Physical

with a growing

environment

Flexible hours

company!

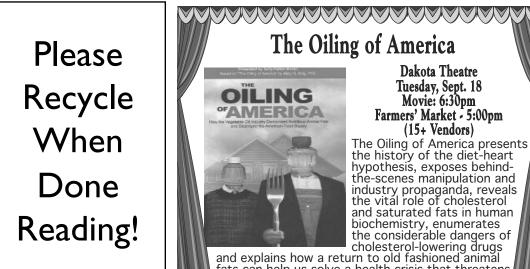
Description:

WAREHOUSE

(username) and password.

3. Watch full episodes: Enjoy all of your favorite programming wherever and whenever you want them, on your laptop, iPad, iPhone or other device.

*Channel availability varies by area. Customers can check availability of channels and retrieve username and password information by contacting Midcontinent at www.midcocomm.com.



hypothesis, exposes behindthe scenes manipulation and industry propaganda, reveals the vital role of cholesterol and saturated fats in human biochemistry, enumerates the considerable dangers of

fats can help us solve a health crisis that threatens the very fabric of the civilized world.

NOTIC C

Due to the extremely dry conditions the Clay County Board of Commissioners has passed a Resolution Banning all Open Burning within the County effective immediately, July 19, 2012 until further notice and would like to remind all residents as to the pertinent laws regarding burning. South Dakota law provides that it is a Class 2 misdemeanor for a person to negligently allow a fire to spread. It is also a Class 2 misdemeanor to burn without giving due caution to the weather conditions. In addition to criminal sanctions, a person who negligently causes a fire to be started or spread is liable for all fire suppression and extinguishments costs.

County Commissioners Clay County, South Dakota

Ruth A. Bremer **Clay County Auditor** storage and staging of home furnishings for shipment. Crews are trained in the use of inventory systems, forklifts, and pickers.

Slumberland

Part-time

Distribution Center

Beresford, South Dakota

\$11.00/hour start; Days

Warehouse Positions

• Must be 18 or older – no prior warehouse experience required. But experience with work crews a plus! A good workout as must be able to regularly lift/maneuver 50-100 lbs.

between 6:30AM-4:30PM, Monday-Thursday.

• Warehouse crews receive, load, inspect and ensure the accurate

Interested candidates are welcome to apply in person at:

Slumberland Distribution Center 410 S 19th St., Beresford Email resumes to mike.wettstein@slumber.com, OR go to www.slumberland.com,

and click on the careers link to apply online.

