

## MENUS

### School Lunch Menu's

Menus listed below are for September 26-Oct. 2nd. Menus are subject to change without notice.

Available everyday: Breakfast entrée or choice of cereals with toast. Fruit or Fruit Juice, Milk choices.

Wednesday – Home-style fruit muffin square  
 Thursday – Pancake sausage stick  
 Friday – Fresh backed cinnamon roll  
 Monday – NA  
 Tuesday – NA

### Vermillion Elementary Schools – Lunch

Wednesday – Fresh baked pizza or Taco burger, green beans

Thursday – Beef & gravy over mashed potatoes, whole grain roll or Baked chicken nuggets, roll, mashed potatoes & gravy, vanilla pudding  
 Friday – Home-style BBQ pork sandwich or Grilled chicken sandwich, BBQ beans  
 Monday – NA  
 Tuesday – NA

### Vermillion High & Middle School – Lunch

Wednesday – Pizza or Taco burger or Turkey & cheese sandwich, green beans  
 Thursday – Hot beef sandwich or Baked chicken nuggets, roll or Oriental salad, roll, mashed potatoes & gravy, vanilla pudding  
 Friday – Home-style BBQ pork sandwich or Grilled chicken sand-

wich or Sub sandwich, BBQ beans  
 Monday – NA  
 Tuesday – NA

### Elk Point Breakfast and Lunch

Wednesday – Pancakes & sausage, fruit – Lunch: Beef Stroganoff or Fish shapes, noodles, peas, mandarin oranges, sugar cookie  
 Thursday – Biscuits & gravy, fruit – Lunch: Chicken fried steak or Salisbury steak, mashed potatoes & gravy, corn, cranberries  
 Friday – Ham & cheese nachos & Fruit – Lunch: Grilled chicken sandwich or Pizza burger on whole grain buns, tater tots, green beans, strawberry cake  
 Monday – Eggs, toast & fruit – Lunch: Sausage

pizza or Chicken carbonera, broccoli & carrots, pears, garlic bread  
 Tuesday – Breakfast nachos & fruit – Lunch: Meat nachos or Brd Chicken sandwich, potatoes, green beans, oranges

### Irene-Wakonda Elementary School – Breakfast

Available every day: Breakfast entrée or Choice of cereals w/toast, Fruit, Milk Choices

Wednesday – Scrambled eggs, Tri-Tator hash brown  
 Thursday – Pancakes w/syrup  
 Friday – Fresh baked cinnamon roll  
 Monday – NA  
 Tuesday – NA

### Irene-Wakonda Elementary School – Lunch

Wednesday – Home-style BBQ pork sandwich or Grilled chicken sandwich, BBQ beans

Thursday - Beef & gravy, mashed potatoes, roll or Baked chicken nuggets, roll, vanilla pudding  
 Friday – Pizza or Taco burger, green beans  
 Monday – NA  
 Tuesday – NA

### Irene-Wakonda High & Middle School – Lunch

Wednesday – Home-style BBQ pork sandwich or Grilled chicken sandwich, BBQ beans  
 Thursday – Beef & gravy, mashed potatoes or Baked chicken nuggets, roll or Oriental salad, roll, Sub sandwich (HS), vanilla pudding (MS)  
 Friday – Pizza or Taco burger or Deli wrap, green beans, BBQ beans, vanilla pudding (HS)  
 Monday – NA  
 Tuesday – NA

### Dakota Senior Meals

Served at The Main Street Center & Town Square, "Meals on

Wheels" Please call before 9:00am to schedule or cancel a meal at 624-7868. Menus listed below are September 26 – October 2. Menus are subject to change without notice. All menus are served with whole grain bread and 1% milk unless otherwise noted

Wednesday – Lasagna Casserole, tossed romaine salad, apple, French bread  
 Thursday – Tater Tot casserole w/green beans, banana  
 Friday – Chili, marinated veggie salad, fruit in pudding, crackers  
 Monday – NA  
 Tuesday – NA

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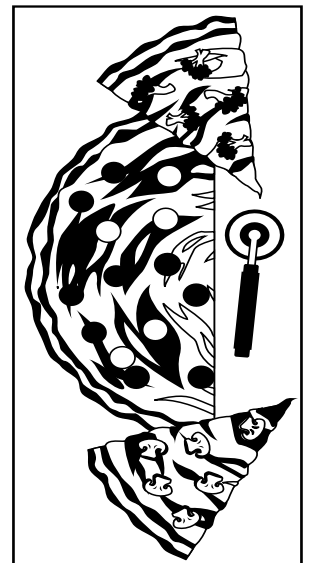
Contact: Linda 605-202-0194.

There will be **"No School"** in the Vermillion School District on Friday, October 5, 2012, due to a full day for Teacher In-Service

**Gary's Tree Service**  
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**Calling All Veterans**  
 The American Legion will have a float in the Dakota Days Parade. Veterans interested in riding or walking with float must be at the head of the parade by 9:30am, Saturday, October 6th.  
 Questions?  
 Contact Richard, 624-6644

**Broadcaster Press**  
**DEADLINES**  
 Classified Ads:  
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